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Probiotics in Pediatric Nutrition: How Should We Be Counseling Parents?



myCME

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RELEASE DATE: April 30, 2021

EXPIRATION DATE: December 31, 2022

PROGRAM DESCRIPTION

Parents of infants and young children are inundated with information and marketing claims about the benefits of various products containing prebiotics—but how do you help them separate the hype from the facts? In this educational webinar, three experts help bridge the gap between current practices in counseling parents about the optimal use of probiotics and the clinical evidence base regarding the appropriate role of probiotics in infant health and development.

FACULTY

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José Saavedra, MD

Associate Professor of Pediatrics Johns Hopkins University School of Medicine Baltimore, MD

LEARNING OBJECTIVES

After participating in this activity, the learner will demonstrate the ability to:

- Explain the factors that shape the infant microbiome and its impact on infant health and development
- Describe the evidence-based uses of probiotics in common pediatric conditions, particularly functional gastrointestinal disorders
- Counsel parents regarding the appropriate use of probiotics in infants and young children

TARGET AUDIENCE

Pediatricians, family physicians, pediatric and family nurse practitioners (NPs), nurses, physician assistants (PAs), dietitians, and others who advise parents about the nutritional needs of infants and children.

Provided by



ACCREDITATION STATEMENT

In support of improving patient care, Haymarket Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CREDIT DESIGNATION STATEMENT

This activity was planned by and for the healthcare team, and learners will receive .75 credit for learning and change.

Physicians

Haymarket Medical Education designates this enduring material for a maximum of .75 AMA PRA Category 1 Credit(s)^{∞}. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC - Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to .75 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Nurses

This activity is awarded .75 contact hours. (based on 60 minutes per contact hour)

Dietitians

This activity is awarded .75 CPEU.Completion of the RD/DTR profession-specific or IPCE activity awards CPEUs

RD's and DTRs are to select activity type 102 in their activity log. Performance Indicator selection is at the learner's discretion.

PRESENTER and PROVIDER DISCLOSURE POLICY

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DISCLAIMER STATEMENT

This activity may or may not discuss investigational, unapproved, or off-label use of drugs. Participants are advised to consult prescribing information for any products discussed. The information provided in this IPCE activity is for continuing medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options for a specific patient's medical condition.

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Nestlé Nutrition Institute