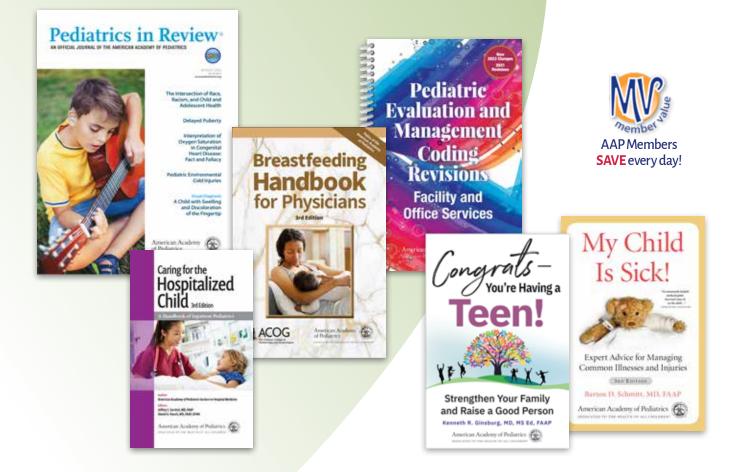
# The strength to carry on...

With resources that have you covered through it all



#### FALL 2022 PUBLICATIONS CATALOG





American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

## American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

Now more than ever, when parents and families have questions—about vaccines, an elevated fever, a new cough—you are a trusted voice on the other end of the line. From the common to the complex, and the everyday to the once in a lifetime, **you are prepared to deliver for the families and children in your care**.

Look for these new resources that will ensure you are covered through it all.

Our new digital resource **First 1,000 Days Knowledge Center** (page 3), supported by Reckitt Mead Johnson Nutrition, allows pediatricians and clinicians to stay abreast of key topics, new policies, and guidelines for achieving optimal child health outcomes during the critical first 1,000 days of a child's life.

Our lineup of 2023 coding products (pages 8–9) includes new reference materials and popular packages that will ensure you are up to date with the latest changes and have the tools to optimize your coding and maximize your payment.

**PREP**<sup>\*</sup> **Self-Assessment** products (pages 32–33) provide a way to test yourself or to review core concepts in general pediatrics and 15 areas of specialty care. Each selfassessment provides case-based questions, critiques, and references for further study written by topic experts with online features to enhance your studies. 2023 subscriptions are now available for preorder with access beginning in January.

The fully revised and updated new edition of **My Child Is Sick! Expert Advice** for Managing Common Illnesses and Injuries (page 38) by Barton D. Schmitt, MD, FAAP, will help anxious moms and dads decide when they can safely treat their child at home, when they need to call you, and when they need to head to the emergency department. And Congrats—You're Having a Teen!: Strengthen Your Family and Raise a Good Person (page 39) offers all the positive guidance of adolescent expert Kenneth R. Ginsburg, MD, MS Ed, FAAP, in one enormously helpful and uplifting volume.

For the many ways you show up to vaccinate children, address their mental health crisis, and advocate and care for their health and safety—we are here to support you, through it all.



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#### SATISFACTION GUARANTEE

Helping you do the best for the children in your care is our goal. If you are not satisfied with your purchase, you may return it, in salable condition, within 30 days after receipt of order. Please call 888/227-1770 or 630/626-6000 (outside the United States and Canada) for return authorization and details. Shipping and handling charges are nonrefundable.

All pricing and specifications in this catalog are subject to change without notice.



## Introducing...

FIRST 1,000 DAYS<sup>™</sup> KNOWLEDGE CENTER

This **NEW** AAP online resource provides pediatricians, residents, medical students, and other clinical professionals with essential guidance on the best practices for impacting health outcomes in the crucial first 1,000 days of a child's life.

Quickly get up to speed with essential AAP information including current policies, guidelines, and best practices—all accessible in one location on the AAP Publications site.

Find **on-demand learning modules** with content drawn from key AAP Publications along with guided learning provided by medical experts. Additionally, you'll discover new **interactive learning elements** including monthly "Ask the Author/Editor" live sessions and "Question of the Week" delivered via social media and email!

Scan the QR code today to begin your early access!





First 1,000 Days Knowledge Center is supported in full by an educational grant from Reckitt Mead Johnson Nutrition. Gain early access to the First 1,000 Days Knowledge Center and you'll have the ability to use and evaluate the site, and then provide feedback during the final phases of development!



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- **Clinical Resources**—Algorithms, forms & tools, clinical calculators, and pediatric drug lookup.
- Webinars available on key topics, including "Bridging the Gap: Practical Mental Health Interventions for Pediatric Clinicians" and many more.
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"Pediatric Care Online is a point-of-care resource for clinicians in pediatrics. The ease of navigation, mobility, and aggregation of content, along with integration of AAP guidelines, make this an invaluable resource for pediatric medical professionals and medical professionals in training." —Rachel M. Oleaga, MLS, Librarian, Touro College School of Health Sciences

#### **Addressing Mental Health Concerns in Pediatrics** A Practical Resource Toolkit for Clinicians, 2nd Edition

This toolkit is designed to empower pediatric care providers to ready their practice for delivering comprehensive mental health care. The second edition delivers a streamlined collection of essential tools most relevant to pediatric practice, all available in a new online format.

Online access, 2021 MA0999 ISBN 978-1-61002-462-4 Single-User Price: \$150 *Member Price*: \$120

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The third edition includes

- · Practice-focused guidelines and recommendations
- · Developmental screening and surveillance tools
- · Detailed guidance on facilitating ASD office visits with tools to track key steps in care management

Online access, 2019 MA0941

ISBN 978-1-61002-363-4 Single-User Price: \$150 Member Price: \$120

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A Practical Resource Toolkit for Clinicians, 3rd Edition

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- · Tools that focus on identification, assessment, and diagnosis, including the Vanderbilt Assessment Scales
- · Monitoring and follow-up tools—including expanded resources to assist with medication management and treatment

Online access, 2019

MA0940 ISBN 978-1-61002-362-7 Single-User Price: \$150 Member Price: \$120

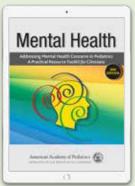
#### Bright Futures Tool & Resource Kit, 2nd Edition

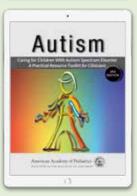
#### This toolkit includes

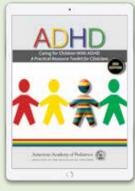
Core forms and tools for well-child visits ages 0–21 years

- · Previsit Questionnaires\*
- · Visit Documentation Forms
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Online access, 2018 · BF0048 ISBN 978-1-61002-113-5 · Single-User Price: \$375









## AAP Pediatric Coding Newsletter™



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This print and online **monthly** publication brings you proven coding strategies, tips, and techniques you won't see in any other periodical. Detailed assistance with your toughest coding challenges ensures that you get paid for all your work. The newsletter also features guidance and contributions from the AAP Committee on Coding and Nomenclature Editorial Advisory Board.

#### **Key benefits**

- Reduce payment delays and claim denials.
- Increase diagnostic coding accuracy.
- Limit costly re-billing and appeals.
- Avoid payment shortfalls caused by down-coding.

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*Pediatric Patient Education* includes **more than 1,000 pediatric health care handouts** (including 300+ in Spanish). This comprehensive resource covers topics and well-child visits from birth through young adulthood.

#### **Key collections**

- COVID-19—related patient handouts, including COVID-19: What Families Need to Know and other handouts on topics such as social distancing and working and learning from home
- Bright Futures parent and patient handouts
- Eleven symptom-related and 10 Bright Futures handouts for well-child visits up to 2 years of age are now available in 13 languages

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## 24/7 anywhere, anytime *Red Book* access—your single source for lifesaving pediatric infectious disease information

This robust resource helps you keep current with infectious disease developments, practice state-of-the-art prevention, simplify diagnosis and disease management, and much more.

#### **Key features**

- Outbreaks section provides the latest clinical guidance on COVID-19 and other infectious disease outbreaks as they emerge and evolve.
- Vaccine Status Tables updated with the recently submitted, licensed and recommended vaccines and biologics.
- New webinar: Now More Than Ever: Updates to the 2022 Children and Adolescent Immunization Schedule.
- Updates, news, and alerts including the latest resources on influenza prevention and treatment in children and adolescents.

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## **Pediatric Telehealth Best Practices**



Use of telehealth was already on the rise before the COVID-19 public health emergency, but the pandemic brought it to the forefront of medical care. With its increased use came a lot of questions—"How can I assist pediatric patients with limited access to technology?" "Do this patient's symptoms make them a good candidate for telehealth?" "How do I code this visit?" This resource answers those questions and seeks to help pediatric providers develop efficient, effective telehealth services within their own practices.

5-Star Review

–Doodv's Book Reviews

*Pediatric Telehealth Best Practices* goes beyond AAP policy to offer straightforward strategies for establishing and sustaining a successful telehealth program. Its contents are curated from AAP published content, including guidance from the Section on Telehealth Care as well as journals and books.

Now in its fifth edition, this powerful

decision support tool will guide triagers

through each call with the same step-by-

resource, Pediatric Telephone Protocols. This comprehensive resource includes protocols

adult complaints. Look here first for triage

guidelines ranging from everyday problems

that cover 95% of the most common

step checklist organization as its companion

Paperback, July 2022—222 pages MA1065 Book ISBN 978-1-61002-628-4 eBook ISBN 978-1-61002-629-1 Price: \$69.95 Member Price: \$55.95

## **Adult Telephone Protocols**

Office Version, 5th Edition David A. Thompson. MD. FACEP



## such as back pain, insect bites, and sunburn to more serious conditions.

#### Key updates in this edition

- 6 new protocols—Anxiety and Panic Attack, Breast Symptoms, Coronavirus (COVID-19), Flank Pain, Hip Pain, and Shoulder Pain
- Triage guidance updated to include video visit options

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## Breastfeeding Telephone Triage and Advice, 4th Edition

#### Maya Bunik, MD, MPH, FABM, FAAP



Created by a leading breastfeeding and phone care practitioner, this newly revised problem-solver helps nurses, lactation professionals, and other medical staff confidently advise breastfeeding mothers. It is ideal for use with the acclaimed *Pediatric Telephone Protocols*.

Spiral-bound, October 2021—143 pages MA1039 Book ISBN 978-1-61002-562-1 eBook ISBN 978-1-61002-563-8 Price: \$72.95 *Member Price:* \$57.95

## Call on top-rated telephone triage practice resources from Dr Barton D. Schmitt!

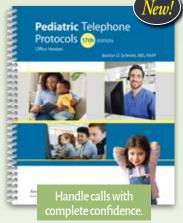
#### AAP BEST SELLER!

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Telehealth and telephone care serve as important tools to connect with patients and families, especially when we are practicing physical distancing. This comprehensive telehealth resource is a must-have for thousands of practices and call centers nationwide.

From telehealth pioneer Barton D. Schmitt, MD, FAAP, this award-winning office essential efficiently steps triagers through more



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- · Medication Questions
- · And more

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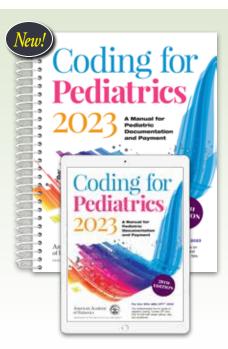
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 4th Edition
 MA1055

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7



#### AAP coding best seller in its 28th edition!

### **Coding for Pediatrics 2023**

A Manual for Pediatric Documentation and Payment, 28th Edition

The 28th edition of the AAP cornerstone coding publication has been completely updated to include all 2023 changes to CPT<sup>®</sup> codes, complete with expert guidance for their application. The book's many clinical vignettes, examples, and coding pearls add the guidance needed to ensure accuracy and payment.

#### Key updates in this edition include

- Nearly 120 new/revised CPT codes, including
- -Autonomic function tests
- -Behavior management services
- -Cardiovascular
- -Category III
- -Digestive system
- -E/M codes
- -Integumentary system
- -Remote therapeutic monitoring
- -Vaccines

- $\cdot$  120+ new/revised coding examples
- New features, including chapter highlights and takeaways
- Updated Test Your Knowledge! questions with answer explanations
- New digital platform featuring searchable PDF and XML formats

Spiral-bound, available October 2022—560 pages MA1068 Book ISBN 978-1-61002-640-6 eBook ISBN 978-1-61002-641-3 Price: \$11.95, *Member Price*: \$113.95

### *New!* 2023 quick reference coding tools for pediatrics

#### **NEW FOR 2023!**

Pediatric Inpatient Evaluation and Management Pocket Card 2023

This handy pocket card provides easy reference to the newly updated *CPT* codes for inpatient evaluation and management (E/M) services. Medical decision-making levels, prolonged inpatient or observation E/M services, and split/shared billing are also addressed. 5½° x9½° laminated card, available October 2022 Marozy ISBN 978-1-61002-655-0 Price: \$24.95 Member Price: \$19.95

#### NEW FOR 2023! Pediatric Care

#### Management Coding Quick Reference Card 2023

Two handy decision trees guide users to the appropriate chronic care management (CCM), complex CCM, principal care management, or behavioral health integration *CPT* codes. 8½ x 13" laminated card, available October 2022 MA1078 ISBN 978-1-61002-654-3 Price: \$24.95 Member Price: \$19.95

#### Pediatric Evaluation and Management Coding Quick Reference Card 2023 11" x 17" laminated card,

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An Introduction to Medical Coding Paperback, 2020—134 pages

MA0968 Book ISBN 978-1-61002-404-4 eBook ISBN 978-1-61002-405-1 Price: \$39.95 *Member Price:* \$31.95

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## Optimize your coding and maximize your payment!

## Pediatric ICD-10-CM 2023

A Manual for Provider-Based Coding, 8th Edition

For the pediatric provider, coder, and biller, here's the most helpful and easy-to-use manual on ICD-10-CM yet. Featuring a laser-sharp pediatric focus, it provides codes and guidelines in a simplified yet familiar format. The combination of hallmark features and easy-to-use format makes facing the challenge of accurate diagnosis coding easier.

This important guide condenses the vast ICD-10-CM code set into only pediatric-centered guidelines and codes. It includes guidelines directly at the chapter and code levels, helping ensure that coders always use the right codes in the right situation. Tabular, indexed navigation helps you find needed items fast.

#### Key features of this edition include

- Updated for the October 1, 2022, release of ICD-10-CM codes
- $\cdot$  Nearly 410 new and revised *ICD-10-CM* codes affecting 15 chapters
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- · Guidance for codes that require additional characters

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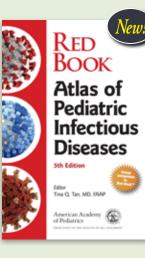
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### **Deluxe Coding Package**







#### DOODY'S CORE TITLE

## Red Book<sup>®</sup> Atlas of Pediatric Infectious Diseases, 5th Edition

Editor: Tina Q. Tan, MD, FAAP

The new fifth edition of this best-selling *Red Book* image companion aids in the diagnosis and treatment of **more than 165 pediatric infectious diseases.** 

Streamline disease recognition and clinical decision-making with **more than 1,350 finely detailed color images,** combined with step-by-step guidance.

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- · Updated guidance on every pediatric infectious disease
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- · New Pseudomonas aeruginosa Infections chapter
- · Images added for Chlamydia pneumoniae, hepatitis D virus, human herpesvirus 8, and more
- · Extensively revised Gonococcal Infections chapter and Hepatitis B chapter
- $\cdot$  New clinical manifestations added for human herpesvirus 8 in young children
- · And much more...

Hardcover, available November 2022—890 pages

MA1066 Book ISBN 978-1-61002-630-7 eBook ISBN 978-1-61002-631-4 Price: \$134.95 *Member Price*: \$107.95

## **Red Book**<sup>®</sup>

A Quick Diagnosis Deck, 2nd Edition Editor: Tina Q. Tan, MD, FAAP

This handy, point-of-care differential diagnosis tool features **more than 450 pediatric infectious disease images,** paired with the current *Red Book* clinical manifestations guidance, in a convenient and portable deck format.

**More than 160 cards** are laminated and bound with a metal grommet to enable the cards to endure the rigors of daily clinical use.

This second edition features 102 diseases, now including

- · Coronaviruses, such as SARS-CoV-2 and MERS-CoV
- Pseudomonas aeruginosa infections

Deck, available November 2022—162 cards

MA1023 ISBN 978-1-61002-516-4 Price: \$69.95 *Member Price: \$55.95* 





32nd Edition

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5-Star Review "This reference is a classic and is a highly recommended source on pediatric infectious diseases for pediatric providers at all levels of training." —Dondy'S Book Beviews."

### DOODY'S CORE TITLE

#### **Red Book**<sup>®</sup>

2021–2024 Report of the Committee on Infectious Diseases, 32nd Edition

Editor: David W. Kimberlin, MD, FAAP Associate editors: Elizabeth D. Barnett, MD, FAAP; Ruth Lynfield, MD, FAAP; and Mark H. Sawyer, MD, FAAP

"Refer to the *Red Book.*" That's been the watchword for generations of health care professionals seeking trustworthy guidance on pediatric infectious disease prevention, management, and control. Now the 32nd edition continues this tradition of excellence with the latest clinical guidance on the manifestations, etiology, epidemiology, diagnosis, and treatment of more than 200 childhood infectious diseases.

Paperback, 2021—1,146 pages MA1024 Book ISBN 978-1-61002-521-8

BOOK ISBN 978-1-61002-521-8 eBook ISBN 978-1-61002-522-5 Price: \$149.95 *Member Price:* \$119.95

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Red Book<sup>®</sup> Pediatric Infectious Diseases **Clinical Decision** Support Chart, 2nd Edition

Editor: David W. Kimberlin, MD, FAAP

Fully revised and updated, the second edition of this full-color chart collects many of the most clinically useful tables. algorithms, and other items from the Red Book and presents them in an enlarged, enhanced, colorized format that is lightweight, portable, and easy to navigate.

Additionally, new tables have been created exclusively for this chart, synthesizing important clinical information from the Red Book text.

Flip chart, 2021—36 pages MA1020 Book ISBN 978-1-61002-508-9 eBook ISBN 978-1-61002-509-6 Price: \$44.95 Member Price: \$35.95

#### Also available

#### **Red Book Online**

gives you 24/7 access to pediatric infectious disease information. See page 6 for details.



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Editor in chief: John S. Bradley, MD Emeritus: John D. Nelson, MD

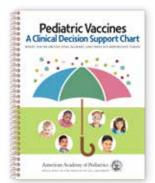
Completely updated and revised, the 28th edition of this best-selling reference provides instant access to the latest recommendations for treatment of infectious diseases in children, including COVID-19.

Drug descriptions cover all antimicrobial agents available today and include complete information about dosing regimens.

#### **Topics include**

- · Antimicrobial Therapy by Clinical Syndromes
- · Antimicrobial Therapy for Neonates
- · Choosing Among
- -Antibiotics
- -Antifungal Agents
- -Antiviral Agents
- -Antiparasitic Agents
- · Oral Step-down Therapy for Serious Infections
- · Prevention of Symptomatic Infection
- · Approach to Antibiotic Allergies

· Antibiotic Stewardship Paperback, April 2022—366 pages MA1040 Book ISBN 978-1-61002-564-5 eBook ISBN 978-1-61002-565-2 Price: \$36.95 Member Price: \$29.95



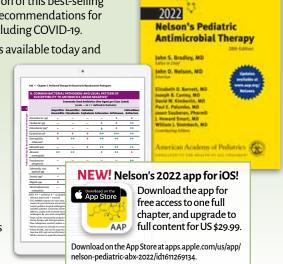
#### **Pediatric Vaccines**

A Clinical Decision Support Chart American Academy of Pediatrics

Help overcome vaccine hesitancy with this handy visual aid which guides clinicians in discussions with patients and parents about the important of vaccines, the diseases they help prevent, and the various vaccines recommended. The chart includes infographics and clinical images to help illustrate why vaccines remain important in preventing diseases.

Vaccines covered include those targeting influenza, varicella (chickenpox), human papillomavirus infection, polio, meningitis, and much more.

Spiral-bound, 2020—40 pages MA1000 Book ISBN 978-1-61002-463-1 eBook ISBN 978-1-61002-464-8 Price: \$44.95 Member Price: \$35.95



#### Also available

#### **Nelson's Neonatal** Antimicrobial Therapy

Editors in chief: Joseph B. Cantey, MD, and Jason Sauberan, PharmD Emeritus: John D. Nelson, MD

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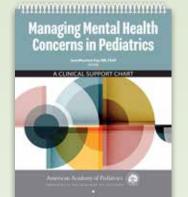


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## Managing Mental Health Concerns in Pediatrics

A Clinical Support Chart Editor: Jane Meschan Foy, MD, FAAP

This new point-of-care clinical support chart helps pediatric health care professionals—both generalists and subspecialists respond to the mental health needs they uncover in their everyday practice. It discusses positive results on psychosocial screenings, parental concerns, symptoms, impaired functioning, exposure to trauma, and social adversities.

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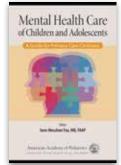
- Positive results on routine psychosocial tests
- · Adverse (traumatic) childhood experiences
- Strategies to reinforce strengths and promote emotional health within families
- Care of children with common mental health symptoms
- Anxiety and trauma-related distress

#### And more

Flip chart, 2021—51 pages MA1026 Book ISBN 978-1-61002-544-7 eBook ISBN 978-1-61002-545-4 Price: \$44.95 *Member Price: \$35.95* 







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AAP Section on Developmental and Behavioral Pediatrics Editor in chief: Robert G. Voigt, MD, FAAP Associate editors: Michelle M. Macias, MD, FAAP; Scott M. Myers, MD, FAAP; and Carl D. Tapia, MD, MPH, FAAP

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Paperback, 2018—671 pages MA0844 Book ISBN 978-1-61002-134-0 eBook ISBN 978-1-61002-135-7 Price: \$99.95 *Member Price*: \$79.95

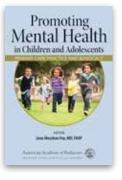
#### Mental Health Care of Children and Adolescents

A Guide for Primary Care Clinicians Editor: Jane Meschan Foy, MD, FAAP

With 1 in 7 children and 1 in 5 young adults diagnosed with mental, behavioral, or developmental disorders, clinical competence in child development and behavioral and mental health is key to the success of every pediatric health care encounter.

Developed by leading experts in mental health care, this groundbreaking resource provides vital guidance on integrating mental health care into everyday primary care practice.

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#### Promoting Mental Health in Children and Adolescents

**Primary Care Practice and Advocacy** Editor: Jane Meschan Foy, MD, FAAP

This resource guides pediatric clinicians with a framework for addressing pediatric mental health problems in the primary care practice. Handy surveillance and screening tools help identify early signs and symptoms of mental disorders and provide evidence-based interventions to care for children and adolescents.

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A Compendium of AAP Clinical Practice Guidelines and Policies American Academy of Pediatrics

This compendium provides the most current and trustworthy recommendations on quality care of children and adolescents with mental health issues, including more than 30 AAP policy statements, clinical reports, and technical reports related to mental health.

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Mental Health Strategies for Pediatric Care

Susan G. Forman, PhD; Jeffrey D. Shahidullah, PhD; Cody A. Hostutler, PhD; Cori M. Green, MD, MS, FAAP; and Rebecca A. Baum, MD, FAAP

medications Paperback, October 2021—232 pages MA1027 Book ISBN 978-1-61002-546-1 eBook ISBN 978-1-61002-547-8 Price: \$91.95 Member Price: \$73.95

This guide will help pediatricians, family

health problems as well as promote good mental health in their patients. The authors

the pediatric primary care setting.

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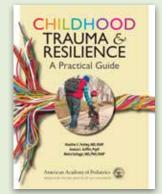
Learn to utilize telehealth to support the mental health of children and adolescents as part of the medical home model of care.

Price: FREE See page 31 for details.



A Practical Guide Heather C. Forkey, MD, FAAP; Jessica L. Griffin, PsyD; and Moira Szilagyi, MD, PhD, FAAP

With this new practical guide, pediatricians and other child health professionals will learn to identify, evaluate, and treat children and families affected by trauma and adversity when they present at the office. In addition to instruction for acute. hands-on care, the cohesive approach



13

offered in this guide lays out a framework and concrete steps to transform practices into ones that are trauma sensitive and can provide the best, most impactful care to all patients. Childhood Trauma and Resilience includes mnemonics, charts, tables, and numerous case studies to reinforce learning, as well as timely information on physician burnout and secondary traumatic stress.

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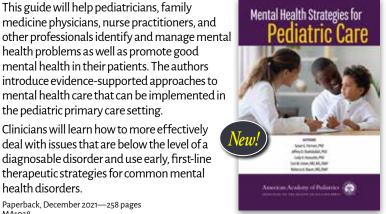
Nurturing Wellness in Childhood to Promote Lifelong Health Andrew S. Garner MD. PhD. FAAP and Robert A. Saul. MD. FAAP. FACMG

Thinking Developmentally presents a clinical framework for understanding the impact of toxic stress and both adverse and affiliative childhood experiences on development. It makes a compelling case that many diseases of adulthood are not adult onset but rather adult manifest, based on genetic and epigenetic



consequences from early childhood experiences. Drs Garner and Saul offer suggestions for applying developmental science to help bring about healthy children, nurturing families, and caring communities.

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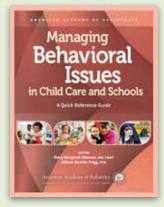
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## Managing Behavioral Issues in Child Care and Schools

A Quick Reference Guide



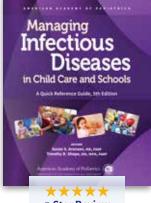
Editors: Mary Margaret Gleason, MD, FAAP, and Allison Boothe Trigg, PhD

This guide provides child care directors, teachers, and caregivers with essential information and strategies on managing emotional and behavioral issues in group care settings. Topics include social-emotional development, biting, posttraumatic stress disorder, gender development, and more. In addition to common behavioral issues, medications, toxic stress, and adverse childhood experiences are discussed. This practical tool also includes 25 Quick Reference Sheets on the most common issues, ready-to-use forms, case studies of difficult situations, and sample screening tools. Spiral-bound, 2020—247 pages MA0050

MA0950 Book ISBN 978-1-61002-370-2 eBook ISBN 978-1-61002-371-9 Price: \$62.95 *Member Price:* \$49.95

## Managing Infectious Diseases in Child Care and Schools

A Quick Reference Guide, 5th Edition Editors: Susan S. Aronson, MD, FAAP, and Timothy R. Shope, MD, MPH, FAAP



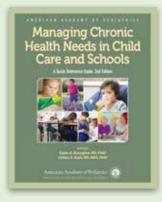
5-Star Review —Doody's Book Reviews" This award-winning guide provides child care directors, teachers, and caregivers with essential information on the prevention and management of infectious diseases in group care settings.

The more than 55 quick reference sheets on common infectious diseases and symptoms now include a sheet on croup. Additionally, the forms have been updated to align with *Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs,* 4th Edition. A new form, Infections Caused by Interactions of Humans With Pets and Wild Animals, is also included. Spiral-bound, 2019—253 pages

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## Managing Chronic Health Needs in Child Care and Schools

A Quick Reference Guide, 2nd Edition



Editors: Elaine A. Donoghue, MD, FAAP, and Colleen A. Kraft, MD, MBA, FAAP

This resource helps teachers and caregivers address the challenges of caring for children with chronic health conditions and special health care needs in child care and school settings. More than **50 Quick Reference Sheets** provide school staff and caregivers with guidance on how to help at a glance. New Quick Reference Sheets cover eczema, fetal alcohol spectrum disorder, food allergies, developmental delay, childhood obesity, and more.

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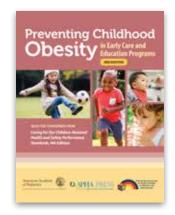
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A Joint Collaborative Project of the American Academy of Pediatrics, the American Public Health Association, and the National Resource Center for Health and Safety in Child Care and Early Education

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This essential resource provides key background

information and recommendations for themes critical to healthy child development along with

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visits—from newborn through 21 years.

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RN, FAAP; and Paula M. Duncan, MD, FAAP

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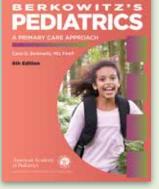
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"This pediatric reference is invaluable for pediatricians, pediatric nurse practitioners, family physicians and medical students among others." -Louay K. Nassri, MD, FAAP, FCCP



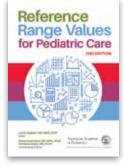
#### **Berkowitz's Pediatrics**

Instructor's Guide Carol D Berkowitz MD FAAP

This resource was created as a companion to Berkowitz's Pediatrics: A Primary Care Approach, 6th Edition. It contains the case study scenarios and resolutions found in each of the 157 chapters of the main text as well as answers to the case study questions. Paperback, 2020—318 pages

MA0960 Book ISBN 978-1-61002-390-0 eBook ISBN 978-1-61002-391-7 Price: \$64.95 Member Price: \$51.95

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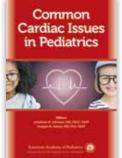


AAP Council on Environmental Health Editors: Ruth A. Etzel, MD, PhD, FAAP, and Sophiel Balk MD FAAP

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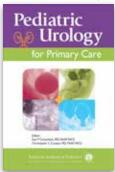
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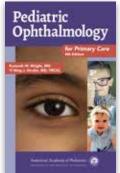
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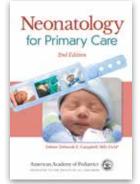
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Editor: Deborah E. Campbell, MD, FAAP

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This reference covers maternal and fetal health, care of the newborn after delivery, breastfeeding, and follow-up care, plus primary care issues related to infant intensive care.

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A Quick Reference Deck Editor: Deborah E. Campbell, MD, FAAP

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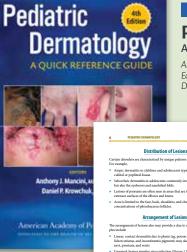
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AAP Section on Dermatology

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AAP Section on Pediatric Pulmonology and Sleep Medicine Editors: Michael J. Light, MD, FAAP, and Kristin Van Hook, MD, MPH, FAAP

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The book covers genetic, congenital, and allergic conditions, as well as acquired and infectious respiratory ailments. Pulmonary issues related to other systemic disorders are also covered, along with respiratory care and pediatric sleep medicine.

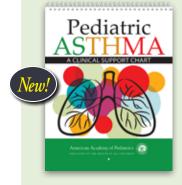
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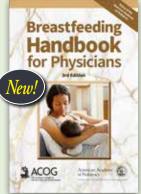
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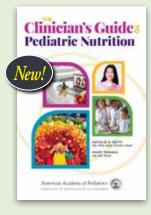
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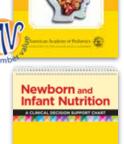
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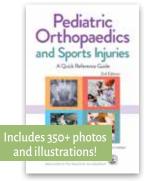
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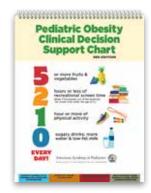


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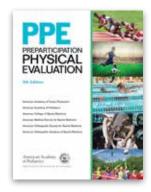
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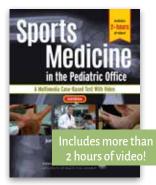
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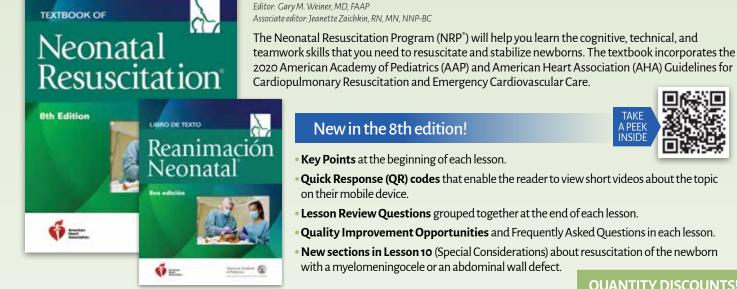
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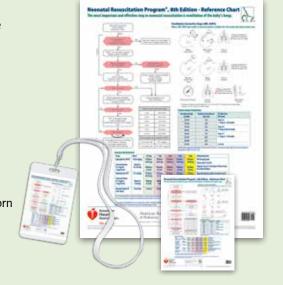
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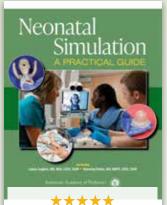
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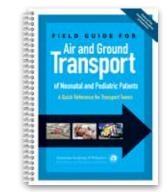
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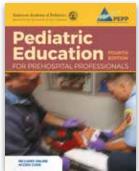
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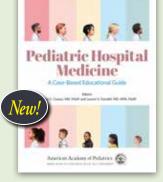
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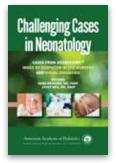
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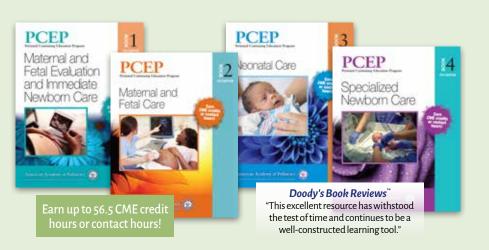
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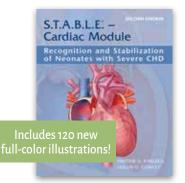
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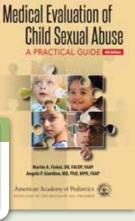
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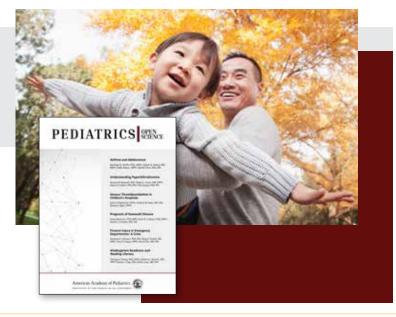
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#### Safety precautions due to COVID-19

As we approach in-person meetings, the AAP will seek guidance from local and national public health experts on implementing the necessary safety precautions to ensure the health and safety of all attendees, staff, and local community.

Information is accurate as of October 2022 and is subject to change without notice.

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The American Academy of Pediatrics (AAP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. These activities have been approved for AMA PRA Category 1 Credit<sup>®</sup>.



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• Orlando, FL (Disney)

March 24–26, 2023 • Henderson, NV AIN PERSON OR INVITUAL April 28–30, 2023

#### • Hilton Head Island, SC <u>& IN PERSON</u>

May 26–28, 2023 (Memorial Day Weekend)

• Anaheim, CA

May 26–28, 2023 (Memorial Day Weekend)

Chicago, IL
 A IN PERSON OR VIRTUAL
 June 9–11, 2023

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  INITUAL AND ONDEMAND
  Content launches September 2022.
- Developmental Behavioral Pediatrics A IN PERSON November 17–20, 2022 Orlando. FL
- Workshop on Neonatal-Perinatal Practice Strategies AIN PERSON February 3–5, 2023 Scottsdale, AZ
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## Weathering the Vaccine Vortex



## Collaborating to Provide Lifelong Care for People With Congenital Heart Defects PediaLink The AAP Online Learning Center

## Weathering the Vaccine Vortex

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### Collaborating to Provide Lifelong Care for People With Congenital Heart Defects

People with congenital heart defects (CHDs) need specialty cardiac care across their lifespan. This FREE course identifies ways to improve the continuity of care through a team-based approach in order to reduce gaps, maintain overall health, and avoid cardiac events among those with CHDs.

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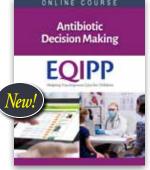
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EQIPP course registration is included with AAP membership.

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- $\cdot \text{Immunizations} \text{---Strategies for Success}$
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- · Substance Use—Screening, Brief Intervention, Referral to Treatment
- · Talking About Serious Illness
- · Treating Tobacco Product Use and Exposure in Families

For a complete list of EQIPP online courses, visit shop.aap.org/onlinecourses.



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2023		
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Subspecialty Section Member Price	\$200
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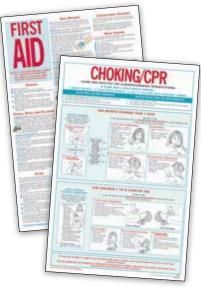
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Information for Parents About Attention-Deficit/ Hyperactivity Disorder

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English & Spanish DVD, 2017 MA0864 ISBN 978-1-61669-413-5







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#### Understanding Depression in Children and Adolescents

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#### Healthy Ways to Manage Stress and Live Well

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#### Energy Balance What Parents Need to Know

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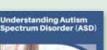


#### Choosing Quality Child Care

What's Best for Your Family?

This booklet covers choosing the right type of child care, reviewing the family budget, and helping children adjust. It also includes checklists to use when considering in-home care, family care, or a child care center.

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#### Understanding Autism Spectrum Disorder (ASD)

This booklet provides critical information about ASD and answers the most common questions.

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#### Your Child's Poop

What's Normal, What's Not This full-color booklet will help parents determine whether their baby's or child's bowel movements are normal or warrant a call to the pediatrician. It covers colors and odors of stool; causes, prevention, and treatment of constipation and diarrhea; and more. Sold in packs of 10—21 pages HEOS57 Price: \$40 Member Price: \$35



Newborn Care

A Guide for Parents and Caregivers

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Managing Common Infections at Home Barton D. Schmitt, MD, FAAP

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Author of AAP best seller Pediatric Telephone Protocols—See page 7.

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Bring the value of HealthyChildren.org to your waiting room!

This hour-long, looping video is a compilation of the best educational videos on **HealthyChildren.org**, the official AAP website for parents.

Included are 47 video vignettes and 45 animated or still graphics on topics ranging from healthy handwashing, calming a fussy baby, and childproofing the home to medication safety, teen driving, preventing childhood obesity, and much more.

This DVD is for single-site use. For use in multiple sites or on a network, please contact **institutions@aap.org**.

To see a preview, go to **shop.aap.org/hcvideo** or scan this code with your phone's QR code app.

DVD, 66 minutes (looping) HCo564 ISBN 978-1-61002-467-9 Price: \$124.95 *Member Price:* \$99.95



HealthyChildren.org

## **Vaccine Information Statements**

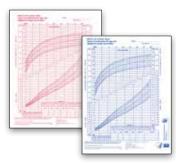
These documents, which everyone who administers vaccines in the United States must provide to patients, cover vital data regarding the potential adverse effects and benefits of immunizations.

- HE0113 DTaP (Diphtheria, Tetanus, & Pertussis) Vaccine HE0268 Haemophilus influenzae Type b (Hib) Vaccine
- HE0431 Hepatitis A Vaccine
- HE0269 Hepatitis B Vaccine
- HE0114 MMR (Measles, Mumps, & Rubella) Vaccine
- HE0301 Meningococcal ACWY Vaccines
- HE0344 Pneumococcal Conjugate Vaccine
- HE0115 Polio Vaccine (IPV)
- HE0451 Rotavirus Vaccine
- HE0534 Td (Tetanus, Diphtheria) Vaccine

HE0530 Tdap (Tetanus, Diphtheria, & Pertussis) Vaccine

HE0270 Varicella (Chickenpox) Vaccine

Sold in pads of 100 Price: \$21.95 *Member Price:* \$16.95



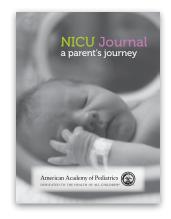
## WHO Growth Charts—0 to 24 Months CDC Clinical Growth Charts—2 to 20 Years

HE0511 WHO Growth Chart, Girls 0–24 Months

- HE0510 WHO Growth Chart, Boys 0–24 Months
- HE0306 CDC Growth Chart, Girls 2–20 Years

HE0304 CDC Growth Chart, Boys 2–20 Years

8½" x 11" sheets Sold in packs of 100 Price: \$21.95 *Member Price: \$18.95* 



## NICU Journal

A Parent's Journey

This spiral-bound journal provides educational information about the NICU and preemie development and offers a place for parents to record their baby's progress.

Sold in packs of 5 journals—130 pages HE0543 ISBN 978-1-61002-129-6 Price: \$69.95 *Member Price:* \$64.95



#### Your Child's Health Record From Birth to Age 21

Your Child's Health Record offers parents a clear, concise method for tracking and recording their child's pertinent health information from infancy through adulthood.

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37

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#### NEWBORN, INFANT, & TODDLER

#### **Safe Sleep and Your Baby**

Teaches parents to reduce risk of SIDS and suffocation. HE50515

- HE50476 Back to Sleep, Tummy to Play
- HE50027 Choosing a Pediatrician
- HE50175 Circumcision
- HE50472 Crying and Your Baby
- HE50051 Diaper Rash and Your Baby
- HE50347 How to Prevent Shaken Baby Syndrome and Other Forms of **Abusive Head Trauma**

HE50371 Immunizations

- HE50345 Respiratory Syncytial Virus (RSV)
- HE50566 Welcoming a New Sibling
- HE50553 Your Preemie's Growth

#### ADOLESCENT

#### Making Healthy Decisions About Sex

Offers advice for teens on how to postpone sex and prevent pregnancy and sexually transmitted infections. HE50055

- HE50087 Acne
- HE50208 Puberty
- HE50561 Smoking and E-cigarettes
- HE50585 Suicide Prevention
- HE50176 Tips for Parents of Adolescents



#### **Car Safety Seats**

Helps parents make informed decisions about car seat selection and use. HE50275

- HE50555 Antibiotics Aren't Always Needed
- HE50528 Childproofing Your Home
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- Aid for Infants and Children HE50168 Dangers of Secondhand Smoke
- HE50181 Fun in the Sun
- HE50552 Giving Medicine to Children
- HE50411 A Parent's Guide to Insect Repellents
- HE50198 A Parent's Guide to Water Safety
- HE50558 Preparing Infant Formula
- HE50574 Preparing Infant Formula (Spanish)
- HE50575 Sports-Related Concussions

#### CHILDHOOD DEVELOPMENT

#### **Starting Solid Foods**

Guides parents through best practices for this milestone. HE50234

- HE50202 Bedwetting
- HE50529 Beyond Screen Time
- HE50258 Discipline and Your Child
- HE50380 Is Your Toddler
- **Communicating With You?**
- HE50165 Sleep Problems in Children
- HE50071 Temper Tantrums
- HE50233 Thumbs, Fingers, and Pacifiers
- HE50074 Toilet Training
- HE50057 Your Child's Growth



#### **COMMON ILLNESSES**

**Jaundice and Your** Newborn

Important information for parents on causes and treatment. HE50182

- HE50235 Bronchiolitis and Your **Young Child**
- HE50408 Constipation and Your Child HE50455 Eczema (Atopic Dermatitis)
- and Your Child HE50318 Fever and Your Child
- HE50365 A Parent's Guide to Head Lice
- HE50549 Pinkeye and Your Child
- HE50544 Your Child Has a Sore Throat

#### NUTRITION & HEALTHY LIVING

#### A Guide to Children's **Dental Health**

Provides practical advice on dental care from teething to young adulthood. HE50085

HE50324 Building Strong Bones HE50097 Feeding Kids Right Isn't Always Easy

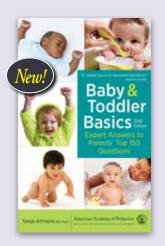
HE50095 Right From the Start HE50094 What's to Eat?







HE50237 Protect Your Child From Poison



### **Baby and Toddler Basics**

Expert Answers to Parents' Top 150 Questions, 2nd Edition Tanya Altmann, MD, FAAP

Parents of children from birth to age 3 years will find answers to their most frequently asked questions in this easy-to-understand guide. Topics covered include breastfeeding, baby care, developmental stages, first aid and injuries, sleep, vaccines, and more, all presented in a userfriendly Q&A format. Parents can dip into and out of this resource as needed for trustworthy information, offering evidence-based answers at their fingertips and letting them skip the contradictory, misleading, and sometimes dangerous information on the internet. This new edition is fully revised and updated and includes COVID-19 information, new fever guidelines, and new developmental milestones.

Paperback, September 2022—286 pages CB0132 Book ISBN 978-1-61002-620-8 eBook ISBN 978-1-61002-623-9 Price: \$16.95 *Member Price*: \$13.95



### My Child Is Sick!

Expert Advice for Managing Common Illnesses and Injuries, 3rd Edition Barton D. Schmitt, MD, FAAP

Prevent unnecessary calls to your office when you share the wisdom of the newly updated *My Child Is Sick!* with parents. Dr Schmitt covers the most common childhood illnesses and injuries with guidance based on the same criteria used by pediatric call centers to determine whether a child is best treated at home, the pediatrician's office, or the emergency department. From pink eye to ear infections and bee stings to vomiting, conditions are explained in easy-to-understand terms, clearly laying out next steps for parents to follow. Updates in this edition include the addition of COVID-19 and tools such as overthe-counter medication dosing charts.

Paperback, September 2022—379 pages CB0131 Book ISBN 978-1-61002-616-1 eBook ISBN 978-1-61002-619-2 Price: \$18.95 *Member Price*: \$15.95



### Return to You

A Postpartum Plan for New Moms Natasha K. Sriraman, MD, MPH, FAAP

As they learn to care for their newborns, many new mothers often not only face physical challenges with breastfeeding, sleep, and nutrition but also struggle with feelings of isolation, sadness, and guilt. Dr Sriraman shares practical professional advice along with her own personal experiences and those of other mothers to help fourthtrimester moms know they are not alone. From pelvic floor issues to postpartum depression, no topic is taboo. *Return to You* will help new moms restore themselves physically and encourage them to ask for help and give themselves the time they need to rest, recover, and heal emotionally.

Paperback, May 2022—196 pages CB0129 Book ISBN 978-1-61002-594-2 eBook ISBN 978-1-61002-597-3 Price: \$16.95 *Member Price*: \$13.95

#### **SAVE more than \$25!** New Baby Gift Pack

• Special "Little Star" Picture Frame • Heading Home With Your Newborn • Caring for Your Baby and Young Child • My Child Is Sick!

- · Breastfeeding Your Baby
- $\cdot$  Your Child's Health Record
- · 3-in-1 First Aid, Choking, CPR Chart
- $\cdot$  Choosing a Pediatrician
- · Your Child's Growth
- Home Safety Checklist
- · Car Safety Seat Checkup

#### CB0049 Price: \$49.95 Member Price: \$39.95



## **SAVE \$27!**

#### New Parent Library (A \$99 value!)

- Includes 6 key titles for new parents!
- $\cdot$  Caring for Your Baby and Young Child
- $\cdot$  New Mother's Guide to Breastfeeding
- Heading Home With Your Newborn
- Baby and Toddler Basics
- Your Baby's First Year
- $\cdot$  Dad to Dad

#### CB0106 Price: \$70 Member Price: \$53





#### You-ology

A Puberty Guide for Every Body Melisa Holmes, MD, FACOG; Trish Hutchison, MD, FAAP; and Kathryn Lowe, MD, FAAP

What if learning about changing bodies wasn't secretive or shameful? And what if it could even be inclusive, fun, and, well, kind of adorable? A new kind of puberty guide, *You-ology* embraces an inclusive approach that normalizes puberty for all kids. Traditional puberty education only contributes to a sense of isolation and often does not include all kids' experience of puberty and leaves kids with questions about how puberty will affect their friends and classmates. For curious kids and parents looking to talk about puberty in an inclusive way, *You-ology* offers fact-based, age-appropriate, and body-positive information about the physical, social, and emotional changes ahead for all kids. Colorful illustrations keep the tone upbeat and engaging, while short stories featuring a cast of diverse characters add relatability and humor.

Paperback, February 2022—166 pages CB0127 Book ISBN 978-1-61002-569-0 eBook ISBN 978-1-61002-572-0 Price: \$12.95 *Member Price*: **\$9.95** 

## Congrats—You're Having a Teen!

**Strengthen Your Family and Raise a Good Person** *Kenneth R. Ginsburg, MD, MS Ed, FAAP* 

Dads and moms of adolescents are often warned about parenting teenagers by other well-meaning adults. But pediatrician Dr Ginsburg is out to prove that these years are parents' best opportunity to effectively guide their children toward adulthood and should be celebrated! He shows how to help teens build confidence in their ability to handle the world on their own, while laying the groundwork for a stronger relationship for life. Parents will learn to understand their child's developmental needs and meet them, rather than find themselves in conflict. Moms and dads will also learn ways to support a teen's growth, and even their healthy experimentation, while assuring their safety and moral development. With Dr Ginsburg's effective and mutually respectful communication strategies, parents and teens will emerge with stronger connections and a healthier family.

Paperback, September 2022—336 pages CB0130 Book ISBN 978-1-61002-598-0 eBook ISBN 978-1-61002-601-7 Price: \$16.95 *Member Price*: \$13.95

## **Raising Kids to Thrive**

Balancing Love With Expectations and Protection With Trust

Raising to the Expectations are Protection With Expectations are Protection With Trust Kenneth R. Ginsburg, MD, MS Ed, FAAP; Ilana Ginsburg; and Talia Ginsburg

Offering essential tips on fostering resilience in teens, this volume helps parents understand how they can balance unconditional love with setting high expectations for their children. Parents will learn to recognize when to set boundaries and when to get out of kids' ways so they can learn lessons firsthand.

Paperback, 2015—275 pages CB0081 Book ISBN 978-1-58110-867-5 eBook ISBN 978-1-58110-871-2 Price: \$16.95 *Member Price*: \$13.95

#### Also available from Dr Ginsburg

#### **Reaching Teens**

Strength-Based, Trauma-Sensitive, Resilience-Building Communication Strategies Rooted in Positive Youth Development, 2nd Edition See page 21 for more information.

## Building Resilience in Children and Teens

Giving Kids Roots and Wings, 4th Edition

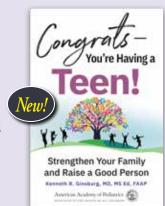
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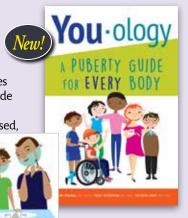
Kenneth R. Ginsburg, MD, MS Ed, FAAP, with Martha M. Jablow

Parents, teachers, and others will learn how to boost confidence and foster lifelong grit in children. This fully revised and updated edition includes new information about how strength-based relationships are critical to healthy development, especially for children who have had adverse childhood events or experiences (ACEs). Dr Ginsburg outlines his 7 Crucial Cs—competence, confidence, connection, character, contribution, coping, and control—and teaches moms and dads how

to incorporate these concepts into their parenting. *Building Resilience in Children and Teens* also presents strategies to help children and teenagers thrive in coping with the stresses of academic pressure, high achievement standards, media messages, peer pressure, or family tension.

Paperback, 2020—393 pages CB0118 Book ISBN 978-1-61002-385-6 eBook ISBN 978-1-61002-386-3 Price: \$16.95 *Member Price:* \$13.95





### The Working Mom Blueprint Works at Porting Without Long Yourde Market of Polisier American hadden of Polisier American hadden of Polisier

#### The Working Mom Blueprint Winning at Parenting Without Losing Yourself Whitney Casares, MD, MPH, FAAP

Dr Casares creates a reassuring guide to navigating modern motherhood. She offers a practical plan that covers setting priorities, cultivating self-care, establishing an equal parenting partnership, and more.

Paperback, 2021—240 pages CB0124 Book ISBN 978-1-61002-486-0 eBook ISBN 978-1-61002-489-1 Price: \$16.95 *Member Price*: \$13.95

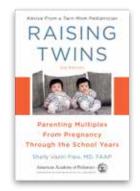


The New Baby Blueprint Caring for You and Your Little One

Whitney Casares, MD, MPH, FAAP

New mothers will find a modern, empathetic guide to the first few days, weeks, and months with a new baby. A dual approach to baby and self-care supports new moms through the challenges of meeting their own needs while caring for a new baby.

Paperback, 2020—164 pages CB0116 Book ISBN 978-1-61002-375-7 eBook ISBN 978-1-61002-376-4 Price: \$14.95 *Member Price*: \$11.95

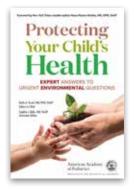


#### **Raising Twins** Parenting Multiples From Pregnancy Through the School Years, 3rd Edition

Shelly Vaziri Flais, MD, FAAP

Pediatrician and twin-mom, Dr Flais, offers expert advice for raising healthy, well-adjusted twins and triplets in this updated edition. It also features interviews with twins, including astronaut Captain Scott Kelly.

Paperback, 2019—281 pages CB0113 Book ISBN 978-1-61002-333-7 eBook ISBN 978-1-61002-334-4 Price: \$16.95 *Member Price: \$13.95* 

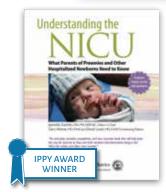


**Protecting Your Child's Health** Expert Answers to Urgent Environmental Questions

American Academy of Pediatrics Editor in chief: Ruth A. Etzel, MD, PhD, FAAP Associate editor: Sophie J. Balk, MD, FAAP

This accessible Q&A guide shares how to protect children from toxins and includes information on food and water safety, air pollution, lead, and more.

Paperback, 2020—241 pages CB0121 Book ISBN 978-1-61002-437-2 eBook ISBN 978-1-61002-438-9 Price: \$16.95 *Member Price*; \$13.95



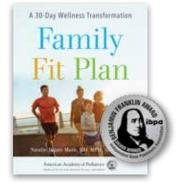
#### Understanding the NICU What Parents of Preemies and Other Hospitalized Newborns Need to Know

Editor in chief: Jeanette Zaichkin, RN, MN, NNP-BC Contributing editors: Gary Weiner, MD, FAAP,

and Davia L. Loren, MD, FAAP

This volume guides parents through their NICU journey, addressing equipment, medical problems, feeding, and more. Stories from other NICU parents will bring hope and comfort.

Paperback, 2016—304 pages CB0098 Book ISBN 978-1-61002-048-0 eBook ISBN 978-1-61002-049-7 Price: \$16.95 *Member Price:* \$13.95



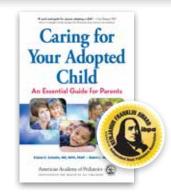
## Family Fit Plan

A 30-Day Wellness Transformation Natalie Digate Muth, MD, MPH, RDN, FAAP

This pediatrician-designed plan helps families improve nutrition, fitness, sleep, stress, and screen use habits. Families can establish a baseline and goals, create routines and healthy habits, and lay the groundwork to continue a lifetime of healthy habits.

Paperback, 2019—220 pages CB0114 Book ISBN 978-1-61002-338-2 eBook ISBN 978-1-61002-339-9 Price: \$16.95 *Member Price:* \$13.95

Empower parents and reduce unnecessary calls to your office with AAP parenting titles!



#### Caring for Your Adopted Child

An Essential Guide for Parents Elaine E. Schulte, MD, MPH, FAAP, and Robin L. Michaelson

This expert resource will help adoptive parents understand health issues more prevalent among adopted children and support emotional health and attachment.

Paperback, 2018—212 pages CB0108 Book ISBN 978-1-61002-215-6 eBook ISBN 978-1-61002-216-3 Price: \$16.95 *Member Price:* \$13.95

> **\* \* \* \* \* 5-Star Review** —Doody's Book Reviews



**The Picky Eater Project** 6 Weeks to Happier, Healthier Family Mealtimes

Natalie Digate Muth, MD, MPH, RDN, FAAP, and Sally Sampson

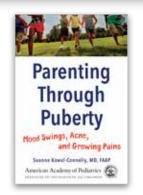
Families can transform picky eaters into fledgling foodies with help from this hybrid parenting, nutrition, and cookbook.

Paperback, 2016—227 pages CB0096 Book ISBN 978-1-58110-981-8 eBook ISBN 978-1-58110-982-5 Price: \$19.95 *Member Price: \$15.95* 



#### 25–249 Copies—40%\* Savings! 250–499 Copies—50%\* Savings! 500+ Copies—Call 800/433-9016, ext 6171, or email nationalaccounts@aap.org.

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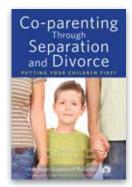


#### Parenting Through Puberty Mood Swings, Acne, and Growing Pains

Suanne Kowal-Connelly, MD, FAAP

Parents navigating their child's experiences with puberty will learn about the physical and emotional changes they can expect to see. Dr Kowal-Connelly discusses children's changing bodies as well as emotional challenges including moodiness, body image, and self-esteem.

Paperback, 2018—246 pages CB0107 Book ISBN 978-1-61002-212-5 eBook ISBN 978-1-61002-213-2 Price: \$16.95 *Member Price*: \$13.95



#### **Co-parenting Through Separation and Divorce** Putting Your Children First

Jann Blackstone, PsyD, and David L. Hill, MD, FAAP

Parents going through separation or divorce will learn about sharing the news, custody arrangements, blending families, and more.

Paperback, 2020—260 pages CB0117 Book ISBN 978-1-61002-380-1 eBook ISBN 978-1-61002-381-8 Price: \$16.95 *Member Price*: \$13.95

Also available from Dr Hill

Dad to Dad Parenting Like a Pro CB0069

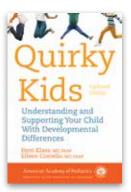


#### **Raising an Organized Child**

5 Steps to Boost Independence, Ease Frustration, and Promote Confidence Damon Korb, MD, FAAP

Parents will find guidance on raising independent, organized children. Dr Korb defines the neurodevelopmental abilities that are critical for organization and shows parents how to develop their children's executive function. Dr Korb's advice also covers children with ASD, ADHD, or other conditions.

Paperback, 2019—236 pages CB0112 Book ISBN 978-1-61002-282-8 eBook ISBN 978-1-61002-283-5 Price: \$16.95 *Member Price*: \$13.95



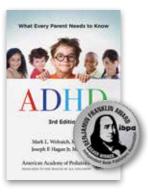
#### Quirky Kids

Understanding and Supporting Your Child With Developmental Differences, 2nd Edition

Perri Klass, MD, FAAP, and Eileen Costello, MD, FAAP

This guide is fully revised and updated to reflect changes in the recognition and care of children whose development doesn't go as expected. It includes new information about therapeutic interventions, managing comorbidities, and getting support at school.

Paperback, 2020—339 pages CB0119 Book ISBN 978-1-61002-419-8 eBook ISBN 978-1-61002-420-4 Price: \$16.95 *Member Price*: \$13.95



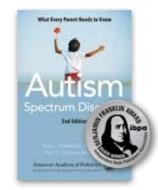
#### ADHD

What Every Parent Needs to Know, 3rd Edition

American Academy of Pediatrics Editors: Mark L. Wolraich, MD, FAAP, and Joseph F. Hagan Jr, MD, FAAP

Parents will find updated recommendations to help them with their children's ADHD. Topics covered include evaluation and diagnosis, coexisting conditions, behavior therapy, and medication.

Paperback, 2019—342 pages CB0110 Book ISBN 978-1-61002-264-4 eBook ISBN 978-1-61002-265-1 Price: \$16.95 *Member Price*: \$13.95



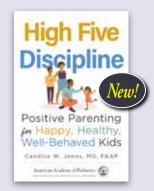
#### Autism Spectrum Disorder What Every Parent Needs to Know.

**2nd Edition** American Academy of Pediatrics

Editors: Alan I. Rosenblatt, MD, FAAP, and Paul S. Carbone, MD, FAAP

This fully revised guide helps parents understand ASD. Topics covered include symptoms and prevalence, accessing care, behavioral and developmental treatment, and much more.

Paperback, 2019—342 pages CB0111 Book ISBN 978-1-61002-269-9 eBook ISBN 978-1-61002-270-5 Price: \$16.95 *Member Price:* \$13.95



#### **High Five Discipline**

Positive Parenting for Happy, Healthy, Well-Behaved Kids Candice W. Jones, MD, FAAP

This positive parenting guide helps parents understand child development and the ways discipline shapes children's behavior and their overall health. Dr Jones coaches parents to create a family discipline plan that manages misbehavior and encourages positive behavior.

Paperback, October 2021—196 pages CB0126 Book ISBN 978-1-61002-517-1





#### Building Happier Kids Stress-busting Tools for Parents

Hansa Bhargava, MD, FAAP

Dr Bhargava helps parents understand the impact of stress and shares concrete steps parents can take to reduce the pressure on their kids and increase their health and happiness. She prescribes focusing on the basics of healthy eating, quality sleep, and unscheduled free time.

Paperback, February 2022—252 pages CB0128 Book ISBN 978-1-61002-573-7 eBook ISBN 978-1-61002-576-8 Price: \$16.95 *Member Price*: \$13.95



#### **Heading Home With** Your Newborn From Birth to Reality

American Academy of Pediatrics 🕋

## **Heading Home With Your Newborn**

From Birth to Reality, 4th Edition Laura A. Jana, MD, FAAP, and Jennifer Shu, MD, FAAP

#### Send parents home from the hospital with confidence when you provide this invaluable guide.

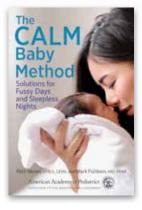
This best-selling guide on newborns is now fully revised and updated with the essential information new parents need. Written by pediatricians who are also parents, Heading Home With Your Newborn covers everything from feeding and dressing to diapering and bathing and from crying and sleep to travel and activities. It also includes information on

- · Breastfeeding tips and techniques
- · Pumping, including accessing insurance benefits
- · Formula options, vitamins, and supplements
- · Safe sleep and sleep strategies
- Typical development and concerns to discuss with the pediatrician
- · Illnesses and injuries

"This book packs the advice of a parenting class, a doctor's visit, and a best friend into one indispensable package." —Library Journal

- · Vaccines and well-baby visits
- · The impact of social media sharing
- · "Baby blues" and postpartum depression, including symptoms and getting help
- · And much more

Paperback, 2020—391 pages CB0120 Book ISBN 978-1-61002-424-2 eBook ISBN 978-1-61002-425-9 Price: \$16.95 Member Price: \$13.95



**The CALM Baby Method** Solutions for Fussy Days and **Sleepless Nights** Patti Ideran, OTR/L, CEIM, and Mark Fishbein,

MD FAAP

Whether their babies are colicky, fussy, or just sometimes cranky, all parents of newborns can benefit from the proven techniques in The CALM Baby Method. Parents will learn possible causes of their baby's crying and ways to help, including information on reading their baby's cues, attachment, infant massage, positioning, and nutrition.

Paperback, 2021—207 pages CB0123 Book ISBN 978-1-61002-482-2 eBook ISBN 978-1-61002-485-3 Price: \$16.95 Member Price: \$13.95



#### New Mother's Guide to **Breastfeeding**, 3rd Edition

American Academy of Pediatrics Editor in chief: Joan Younger Meek, MD, MS, RD, FAAP, FABM, IBCLC

Now fully revised and updated, New Mother's Guide to Breastfeeding helps nursing mothers and their babies get the healthiest possible start. Topics covered include advance preparations, adjusting to life as a nursing mother, pumping and milk storage, solutions to common breastfeeding challenges, and more. Paperback, 2017—304 pages CB0105 ISBN 978-1-61002-160-9 Price: \$17 Member Price: \$14

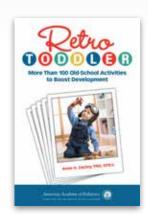


**Retro Baby Timeless Activities to Boost** Development-Without All the Gear! 2nd Edition Anne H. Zachry, PhD, OTR/L

In this fully revised and updated edition, parents will learn how to boost development and bonding by reducing dependence on bouncers, swings, and other baby holders, as well as electronic toys and screen time.

Paperback, March 2022—204 pages CB0125 Book ISBN 978-1-61002-510-2

eBook ISBN 978-1-61002-513-3 Price: \$16.95 Member Price: \$13.95



#### **Retro Toddler**

More Than 100 Old-School Activities to Boost Development Anne H. Zachry, PhD, OTR/L

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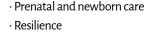
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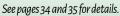
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