

KNOW THE FAACTS

The prevalence of food allergies appears to be increasing among children under the age of 18.

Food allergies affect approximately 32 million Americans, including 6 million children and up to 1 in 10 adults.

Anaphylaxis is a serious allergic reaction that comes on quickly and has the potential to become life-threatening.

Trace amounts of any allergen can trigger a severe reaction.

Food allergies affect 1 in 13 children under the age of 18. That is 2 students in every classroom.

9-1-1 must ALWAYS be called with every anaphylactic reaction.

There is no cure for food allergies. Strict avoidance is the only way to prevent an allergic reaction.

Managing a food allergy is life-altering and involves constant vigilance.

Always carry two epinephrine auto-injectors at all times.

A food allergy is an immune system response to a food the body mistakenly believes is harmful.

Nine foods account for 90% of all food allergy reactions
PEANUTS, TREE NUTS, MILK, EGGS, WHEAT, SOY, FISH, SHELLFISH, SESAME

FAACT's mission is to educate, advocate, and raise awareness for all individuals and families affected by food allergies and life-threatening anaphylaxis.

FAACT
Food Allergy & Anaphylaxis
Connection Team

AWARENESS • ADVOCACY • EDUCATION

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