

HOW TO FIND THE RIGHT SWIM PROGRAM FOR YOUR CHILD

RESEARCH SUGGESTS THAT CHILDREN AGES 1-4 WHO PARTICIPATE IN
FORMAL SWIM LESSONS CAN REDUCE THEIR RISK OF DROWNING BY 88%.

The AAP recommends children can be ready to start swim lessons after their first birthday.
Always consult your pediatrician before beginning swim lessons.



DON'T DELAY SWIM LESSONS!
GAINING WATER COMPETENCY IS AN IMPORTANT LAYER OF PROTECTION TO PREVENT DROWNING.
LEARN ALL 5 LAYERS OF PROTECTION BY SCANNING THE CODE BELOW.

