



first infant milk

ingredients and nutrition per 100kcal:

Whole **Milk** (107g per 100g), Demineralised Whey Powder enriched in alpha-lactalbumin (from **Milk**), Vegetable Oils (Sunflower, Coconut, Rapeseed), Lactose (from **Milk**), Galacto-oligosaccharides (from **Milk**), Skimmed **Milk** Powder, Calcium Citrate, Potassium Chloride, Calcium Lactate, Sodium Citrate, Choline Bitartrate, Fructo-oligosaccharides, Magnesium Chloride, Oil from the microalgae Schizochytrium sp., Sodium Ascorbate, Potassium Hydroxide, Inositol, L-Tyrosine, Oil from Mortierella alpina, Taurine, Nucleotides (Cytidine-5'-monophosphate, disodium Uridine-5'-monophosphate, Adenosine-5'-monophosphate, disodium Inosine-5'-monophosphate, disodium Guanosine-5'-monophosphate), L-Phenylalanine, Iron Pyrophosphate, Zinc Sulphate, Vitamin E, Niacin, Calcium Pantothenate, Copper Sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese Sulphate, Folic Acid, Potassium Iodide, Sodium Selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12. Allergen advice see ingredients in **bold**.

| | | | | | | | | |
|------------------------------------|---------|---------|--------------------|------------------|------|-----------------------------------|-----|-------|
| Energy | kJ/kcal | 417/100 | Protein (N x 6.25) | g | 1.9 | Chloride | mg | 67 |
| Fat | g | 5.4 | - Whey protein | g | 1.15 | Calcium | mg | 65 |
| of which saturates | g | 1.7 | - Casein protein | g | 0.75 | Phosphorous | mg | 38 |
| of which unsaturates | g | 3.7 | Vitamins | | | Magnesium | mg | 9 |
| Omega 3 | | | Vitamin A | mcg-RE | 78 | Iron | mg | 1 |
| α -Linolenic Acid (ALA) | mg | 75 | Vitamin D3 | mcg | 2 | Zinc | mg | 0.67 |
| Docosahexaenoic Acid (DHA) | mg | 24 | Vitamin E | mg- α -TE | 2.9 | Copper | mg | 0.07 |
| Omega 6 | | | Vitamin K | mcg | 5.8 | Iodine | mcg | 17 |
| Linoleic Acid (LA) | mg | 808 | Vitamin C | mg | 16 | Selenium | mcg | 3.3 |
| Arachidonic Acid (ARA) | mg | 12 | Thiamin | mg | 0.09 | Manganese | mcg | 10 |
| Total Carbohydrate | g | 10.8 | Riboflavin | mg | 0.19 | Fluoride | mg | <0.02 |
| of which sugars * | g | 10.2 | Niacin | mg | 0.87 | Others | | |
| of which lactose | g | 9.8 | Vitamin B6 | mg | 0.07 | Taurine | mg | 8.6 |
| Fibre | g | 0.4 | Folate (DFE) | mcg | 23 | Choline | mg | 33 |
| of which Galacto-oligosaccharides | g | 0.34 | Vitamin B12 | mcg | 0.15 | Inositol | mg | 19 |
| of which Fructo - oligosaccharides | g | 0.04 | Pantothenic Acid | mg | 0.63 | L-Carnitine (naturally occurring) | mg | 1.3 |
| of which 3'GL** | g | 0.02 | Biotin | mcg | 3.8 | Nucleotides | mg | 4.2 |
| | | | Minerals | | | | | |
| | | | Sodium | mg | 31 | | | |
| | | | Potassium | mg | 106 | | | |

* Sugars derived from milk

** Galactosyllactose

feeding table (birth - 12 months)

(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30 ml (1 fl.oz) of water.

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil 1 Organic Milk should be fed on demand. If you need more advice talk to your healthcare professional.

| approx. age of baby | approx. weight of baby | | water per feed ⁺ | | scoops per feed | feeds per 24 hours |
|---------------------|------------------------|----|-----------------------------|-------|-----------------|--------------------|
| | kg | lb | ml | fl.oz | | |
| birth - 1 week | 3.0 | 7 | 90 | 3 | 3 | 6 |
| 1 - 2 weeks | 3.5 | 8 | 120 | 4 | 4 | 5 |
| 1 - 2 months | 4.5 | 10 | 120 | 4 | 4 | 5 |
| 3 months | 5.5 | 12 | 150 | 5 | 5 | 5 |
| 4 - 5 months | 6.5 | 14 | 180 | 6 | 6 | 5 |
| 6 months | 8 | 18 | 210 | 7 | 7 | 4 |
| 7 - 12 months | | | 210 | 7 | 7 | 3 |

⁺ freshly boiled and cooled

additional information

| | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| suitable for a vegetarian diet | ✓ |
| suitable for a vegan diet | ✗ [†] |
| free from ionising radiation (the product and it's ingredients have not been subjected to ionising radiation) | ✓ |
| GMO free: (free from ingredients or technological aids wholly or partially composed of materials produced by genetic modification or recombinant dna technology or containing materials derived from such products) | ✓ |
| EU organic certified | ✗ |
| gluten free | ✓ |
| halal | ✓ |
| kosher | ✓ |
| compliant with FDA nutritional regulations for infant formula | ✓ |

[†] Contains Milk products and vitamin D sourced from Lanolin (sheep wool).

Kendamil® organic



first infant milk

ingredients and nutrition per 100kcal:

Organic whole **milk**, Organic demineralised **milk** whey protein powder, Organic skimmed **milk**, Organic vegetable oils (sunflower, coconut, rapeseed), Organic galacto-oligosaccharides (from **milk**), Calcium citrate, Sodium citrate, Potassium chloride, Calcium lactate, Magnesium chloride, Oil from the microalgae Scizochytrium sp., Vitamin C, Potassium hydroxide, Choline bitartrate, Inositol, Oil from Mortierella alpina, Taurine, Nucleotides (cytidine-5'-monophosphate, disodium uridine-5'-monophosphate, adenosine-5'-monophosphate, disodium inosine-5-monophosphate, disodium guanosine-5'-monophosphate), Iron pyrophosphate, Zinc sulphate, Vitamin E, Niacin, Pantothenic acid, Copper sulphate, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Manganese sulphate, Folic acid, Potassium iodide, Sodium selenite, Vitamin K, Vitamin D3, Biotin, Vitamin B12. Allergy Advice: For Allergens See Ingredients in **Bold**.

| | | | | | | | | |
|-----------------------------------|---------|---------|------------------|---------|------|-----------------------------------|-----|-------|
| Energy | kJ/kcal | 419/100 | Vitamins | | | Phosphorous | mg | 36 |
| Fat | g | 5.3 | Vitamin A | mcg-RE | 76 | Magnesium | mg | 9.7 |
| of which saturates | g | 1.9 | Vitamin D3 | mcg | 2 | Iron | mg | 1 |
| of which unsaturates | g | 3.4 | Vitamin E | mg-α-TE | 2 | Zinc | mg | 0.76 |
| Omega 3 | | | Vitamin K | mcg | 5.4 | Copper | mg | 0.08 |
| α-Linolenic Acid (ALA) | mg | 84 | Vitamin C | mg | 14 | Iodine | mcg | 18 |
| Docosahexaenoic Acid (DHA) | mg | 24 | Thiamin | mg | 0.1 | Selenium | mcg | 3.5 |
| Omega 6 | | | Riboflavin | mg | 0.27 | Manganese | mcg | 14 |
| Linoleic Acid (LA) | mg | 880 | Niacin | mg | 0.9 | Fluoride | mg | <0.02 |
| Arachidonic Acid (ARA) | mg | 12 | Vitamin B6 | mg | 0.08 | Others | | |
| Total Carbohydrate | g | 10.5 | Folate (DFE) | mcg | 29 | Taurine | mg | 8.8 |
| of which sugars * | g | 10.1 | Vitamin B12 | mcg | 0.25 | Choline | mg | 30 |
| of which lactose | g | 9.7 | Pantothenic Acid | mg | 0.74 | Inositol | mg | 17 |
| Fibre | g | 0.35 | Biotin | mcg | 2.7 | L-Carnitine (naturally occurring) | mg | 1.3 |
| of which Galacto-oligosaccharides | g | 0.33 | Minerals | | | Nucleotides | mg | 4.3 |
| of which 3'GL** | g | 0.01 | Sodium | mg | 37 | | | |
| Protein (N x 6.25) | g | 2.2 | Potassium | mg | 101 | | | |
| - Whey protein | g | 1.25 | Chloride | mg | 75 | | | |
| - Casein protein | g | 0.85 | Calcium | mg | 68 | | | |

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(1 level scoop = 4.3g) Add 1 level scoop of powder to each 30 ml (1 fl.oz) of water.

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| suitable for a vegetarian diet | ✓ |
| suitable for a vegan diet | ✗ [†] |
| free from ionising radiation (the product and it's ingredients have not been subjected to ionising radiation) | ✓ |
| GMO free: (free from ingredients or technological aids wholly or partially composed of materials produced by genetic modification or recombinant dna technology or containing materials derived from such products) | ✓ |
| EU organic certified | ✓ |
| gluten free | ✓ |
| halal | ✓ |
| kosher | ✗ [‡] |
| compliant with FDA nutritional regulations for infant formula | ✓ |

[†] Contains Milk products and vitamin D sourced from Lanolin (sheep wool).

[‡] Our Kosher milk range does not currently include Organic.