

A photograph of a family walking through tall, golden-brown grass on a dune. A woman in a grey jacket and dark pants carries a wicker basket, while a man in a red hoodie carries a rolled-up rug. The ocean is visible in the background under a clear sky.

# BioGaia

## Product Catalog

Probiotics as *Unique* as We Are



# Groundbreaking Probiotics Driven by Science...



## Probiotics as Unique as We Are

**Probiotics** are live microorganisms which, when administered, provide a health benefit on the host.<sup>1</sup> Probiotics have become a well-recognized option to promote good health.\*



There are many different probiotic foods and supplements available in the marketplace, each with distinct probiotic strains and unique health benefits. Just like different antibiotics are used to treat specific types of infection, different probiotics should be used for specific indications.

### Probiotic Strains have different health benefits

Indication	<i>L. reuteri</i> DSM 17938	<i>L. reuteri</i> ATCC PTA 6475
Improved symptoms in colicky babies <sup>2</sup>	✓	
Improved bone health <sup>3</sup>		✓

## The Probiotic Strain Matters Most

**Probiotic products** can contain a single probiotic strain or multiple strains and have varying bacteria counts. The number of strains and the amount of bacteria in each product, however, does not determine efficacy.

Efficacy depends on the strain(s) a product contains and the clinically studied dosage. For some strains, a relatively low amount of bacteria is needed, while other strains require a larger amount. The most important step to determining the efficacy of a probiotic product is through the evaluation of clinical data.



Think of different **PROBIOTIC STRAINS** like different dog breeds. A Chihuahua and a Great Dane have **different characteristics**, but they are both still dogs.



# ...Backed by Research

## BioGaia – Exclusive *L. reuteri* Probiotics

**BioGaia** probiotics contain *Lactobacillus reuteri*, a probiotic species whose natural habitat is the human body.<sup>4</sup> Passed from generation to generation during childbirth and breastfeeding, *L. reuteri* has co-evolved with humans since the beginning of time.<sup>4,5</sup> Each BioGaia product contains unique *L. reuteri* strains that provide their own distinct health benefits.\*

### *L. reuteri* Strains

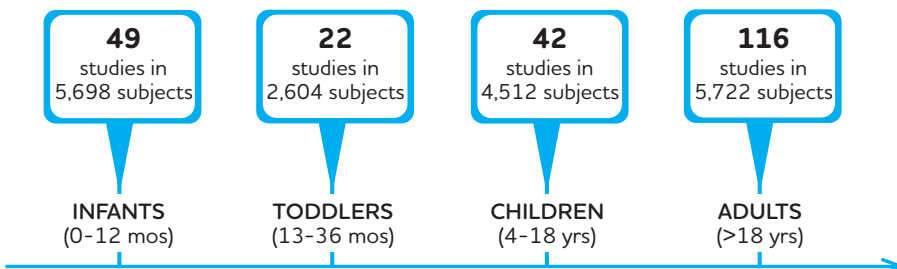
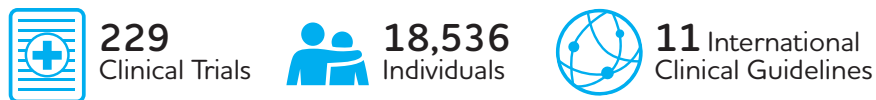
-    *L. reuteri* DSM 17938
-  *L. reuteri* DSM 17938 +  
*L. reuteri* ATCC PTA 5289
-  *L. reuteri* DSM 17938 +  
*L. reuteri* ATCC PTA 6475
-  *L. reuteri* ATCC PTA 6475

The **BioGaia**® Product Line



## BioGaia – Leader in Probiotic Research

**BioGaia** has been researching probiotics for over 30 years. With a network of over 50 research institutes around the globe, BioGaia is committed to the science behind their products. Numerous clinical studies have shown the health benefits of BioGaia probiotics.\* To date there have been:



**BioGaia** is a **leading global probiotic brand** that is focused on contributing to global health.

BioGaia strives to **improve the health and well-being of people worldwide** through clinically proven, health promoting, and user-friendly probiotic products.





### ● **Protectis — Baby Drops** Infants

- **Safe and effective** for newborns+
- **Ease colic, spit-ups**, and occasional constipation & diarrhea\*
- **The most clinically studied probiotic** for colic\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### ● **Protectis with vitamin D — Baby Drops** Infants

- **Safe and effective** for newborns+
- **Ease colic, spit-ups**, and occasional constipation & diarrhea\*
- **With the added benefit** of vitamin D<sub>3</sub>



### ● **Protectis** — Chewable Tablets Children & Teens

- **Ease occasional stomach pain, constipation & diarrhea\***
- **The most clinically studied probiotic** for FAP\*
- **Kid-approved** lemon-lime flavor

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### ● **Prodentis KIDS** — Lozenges Children & Teens

- **The most clinically studied probiotic** for oral health\*
- **Promote healthy gums & teeth** *plus* fresh breath\*
- **Daily oral hygiene boost** for kids with braces, dental problems, or struggling with oral hygiene\*
- **Kid-approved** apple flavor



### ● **Prodentis** — Lozenges Teens & Adults

- **The most clinically studied probiotic** for oral health\*
- **Promote healthy gums & teeth** *plus* fresh breath\*
- **Strengthen & reinforce** beneficial bacteria in the mouth\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### ● **Gastrus** — Chewable Tablets Adults

- **Ease occasional GI discomfort**, constipation, gas & bloating\*
- **Daily use** supports regularity\*
- **Great as an adjunct** to acid reducers\*





## ● **Protectis MUM — Capsules** Pregnant Women

- **Complement** to prenatal vitamins
- **Strengthen the maternal microbiota**, important for mom & baby
- **Promote mom's gut** & immune health
- **Support baby's developing GI** & immune system\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## ● **Osfortis — Capsules** Peri- and Post-menopausal Women

- **Go beyond GI probiotics** to support skeletal health\*
- **Promote bone health** in peri- and post-menopausal women\*
- **Safe** for long-term use
- **Great** with other remedies:  
Nutrition & Exercise / Vitamins & Minerals / HRT





(877) 776-0101  
www.everidis.com



## BioGaia is a Leading Global Probiotic Brand

### TESTED

Best in  
Science &  
Research

### QUALITY

Highest  
Quality  
Standards

### ALL AGES

Innovative  
Probiotics for  
All Ages

BioGaiaUSA.com



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**REFERENCES:** 1. Guidelines for the Evaluation of Probiotics in Food, FAO/WHO Working Group, 2002.

2. Sung V, et al. JAMA Pediatr. 2013;167: 1150-1157. 3. Nilsson AG, et al. J Intern Med. 2018;284: 307-317.

4. Walter J, et al. Proc Natl Acad Sci U S A. 2011;108: 4645-4652. 5. Reuter G. Curr Issues Intest Microbiol. 2001;2: 43-53.