The Traditional Approach to Health Insurance is



In the United States, even employees with employer-sponsored health insurance struggle to access or pay for basic primary care. The upfront costs of healthcare make annual and preventative healthcare cost-prohibitive for financially vulnerable employees.

But adults who regularly visit a primary care physician (PCP) "experience lower mortality and incur reduced healthcare costs," *Scientifica* reports. Primary care is critical for employees, their families, and even employers as a result.

The following figures illustrate how employers can improve health outcomes and equity among their employees through access to primary care.

What's Wrong with Employer-Sponsored Health Insurance Today?



Today, America's lowest earners—who are often the most vulnerable—spend 35% of their pre-tax income on healthcare, far exceeding the national average of 10%.

Source: Advisory Board

Although more Americans had insurance in 2018, nearly one-third (29%) of U.S. adults remained "underinsured" — they lack coverage for the level or types of care they genuinely need, forcing them to absorb the costs themselves.

Source: Commonwealth Fund







Eliminating Upfront Costs to Primary Care Improves Health Equity and Outcomes

Patients without "cost sharing" for primary care visits experienced a

\$12 per member per month* relative reduction in overall spending and better health outcomes:

10%

4.5% 45.8%

Expenditures for emergency department (ED) visits

of ED visits

Expenditures for outpatient services

of utilized outpatient services

Source: American Journal of Managed Care

Even in the presence of income inequality or other health issues, better primary care is associated with more equitable distribution of health within a population. An increase of one primary care physician per a population of 10,000 is associated with:

2.5%

in infant mortality

of low birthweight on average in the population

of deaths

Source: Scientifica

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