RECOGNIZE & RESPOND TO SUDDEN CARDIAC ARREST

Person is collapsed and unresponsive to your voice

They may be gasping for air or unable to breathe

They may shake or have seizure-like movements

Their heart has stopped! What do you quickly do?.

CALL PUSH SHOCK



Call 911

to get help on the way; dispatcher can guide you

Start CPR

immediately by pushing hard & fast on the center of the chest

Use an AED

follow prompts to restart the heart

YOU Can Save A Life!

