

PEDIATRIC HEALTH AND WELLNESS

Wellness At Every Age



One of the benefits of well-child visits is the opportunity to talk about prevention. The American Academy of Pediatrics (AAP) recommends certain screenings and tests to be performed during those visits. Labcorp offers a single-source solution that can help manage screening and prevention for your pediatric patients.

Newborn to 9 months



Tests & risk assessment to be performed with appropriate action to follow, if positive

- Anemia risk assessment (4 months)¹
- Lead risk assessment (6 & 9 months)¹
- Tuberculosis risk assessment (By 1 month & 6 months)¹

Other assessments to be performed routinely, unless otherwise noted:

- Vision¹
- Hearing¹
- Developmental screening (9 months)1
- Developmental surveillance¹
- Psychosocial/ behavioral assessment¹

12 months to 4 years



Tests & risk assessment to be performed with appropriate action to follow, if positive

- Anemia test (12 months), risk assessment (15 months through 4 years)¹
- Lead risk assessments (12, 18, 24 months; 3 & 4 years)*
- Tuberculosis risk assessment (12 months, 24 months, 3 & 4 years)¹
- Dyslipidemia risk assessment (24 months & 4 years)¹

Other assessments to be performed routinely, unless otherwise noted:

- Vision¹
- Hearing¹
- Development screening: (18, 30 months)¹
- Developmental surveillance (12, 15, 24 months)¹
- Psychosocial/ behavioral assessment¹
- Autism spectrum disorder screening (18 & 24 months)¹

^{*}Perform risk assessments as appropriate, based on universal screening requirements for patients with Medicaid or in high prevalence areas. For more on childhood tests and risk assessments, visit AAP.org.

During the teenage years, well-child visits offer adolescents an opportunity to take steps toward independence and responsibility over their own health decisions.²

5 years to 10 years



Tests & risk assessment to be performed with appropriate action to follow, if positive

- Anemia risk assessment (5-10 years)¹
- Lead risk assessment (5 & 6 years)¹
- Tuberculosis risk assessment (5-10 years)¹
- Dyslipidemia screening thereafter (9-10 years), continued risk assessment (6 & 8 year)¹

Other assessments to be performed routinely, unless otherwise noted:

- Vision¹
- Hearing¹
- Developmental surveillance¹
- Psychosocial/ behavioral assessment¹

11 years to 21 years



Tests & risk assessment to be performed with appropriate action to follow, if positive

- Anemia risk assessment annually¹
- Tuberculosis risk assessment annually¹
- Tobacco, alcohol, or drug use risk assessment annually¹
- Dyslipidemia screening (annually at 11 years and 17-21 years); risk assessment (annually between 12-16 years)¹
- HIV screening (annually at 15-18 years); risk assessment annually from 11-14 years and 19-21 years)¹
- Sexually transmitted infections risk assessment annually

Other assessments to be performed routinely, unless otherwise noted:

- Vision¹
- Hearing: One time between 11-14 years, 15-17 years, and 18-21 years¹
- Developmental surveillance¹
- Psychosocial/ behavioral assessment¹

Lead poisoning may lead to development delays and other issues.⁵ If lead testing non-compliance is an issue with patients, consider administering Labcorp's lead filter paper test in-office.

Lead Poisoning

The CDC estimates that 500,000 US children under the age of 5 suffer from levels of lead above the reference level at which public action is recommended.5 Lead poisoning may affect children of all socioeconomic levels and may occur without obvious symptoms.⁵ An in-office collection may help offices increase lead poisoning screening rates.



Convenient

- Screening may be performed with two drops of blood during a routine office visit
- May be less invasive and traumatic for a child than a venous collection
- No spinning, refrigeration, or phlebotomist required
- Reports are available via fax, secure website, or EMR

Cost-Effective

- Collection supplies and specimen shipment are included
- Labcorp files claims with Medicaid and most major insurance companies
- No equipment to purchase or maintain

Accurate

- State-of-the-art technology to deliver timely and accurate results
- Samples are stable for up to 6 months
- Labcorp meets state reporting requirements for lead screening results

Adolescents (older than 10) have some of the greatest numbers of tuberculosis cases.⁶

Tuberculosis (TB)

Individual risk factors impact how tuberculosis develops in different people. Those differing risk factors can cause someone to become infected soon after being exposed, while others may not get sick for years. According to the CDC, children of all ages who may be exposed to adults with a high risk of latent TB infection or TB should be tested.⁷



$\label{eq:Quantiferon} \textbf{QuantiFERON}^{\texttt{0}} - \textbf{TB Gold Plus (QFT}^{\texttt{0}}\text{-Plus) is the fourth generation in QuantiFERON-TB testing technology}$

This single blood specimen collection is recommended by the CDC for use in certain situations in which a tuberculin skin test (TST) is appropriate. Interferon Gamma Release Assays (IGRAs), such as QFT-Plus, are a modern alternative to the more than 100-year-old TST. QFT-Plus offers improved performance and is preferred in individuals who have received Bacille Calmette-Guérin (BCG) vaccination or who may not be in compliance for return visits to have a TST read.

- QFT has been shown to be more accurate than the TST in identifying people who may have latent tuberculosis (TB) infection.⁸
- QFT has been shown to be more reliable than the TST in identifying those who may progress to active TB.⁹ QFT-Plus is >97% specific,¹⁰ nearly eliminating false-positive readings; and false positive rates for TST have been published as low as 3% in non-BCGvaccinated populations.¹¹
- QFT-Plus offers >94% sensitivity.¹⁰

TST Challenges	QFT Offers Improvements
Requires multiple office visits to inject and read the TST reaction ¹²	One office visit for single blood draw
Higher false-positive rate (than QFT-Plus)	>97% specific, nearly eliminating false positives ¹⁰
Higher false-negative rate (than QFT-Plus)	>94% sensitivity, decreasing false negatives ¹⁰
Subjective result	Produces an objective result
May be affected by previous BCG vaccinations	Unaffected by previous BCG vaccinations ¹³
May boost subsequent TST test results	Does not boost subsequent QFT-Plus test results and less affected by prior TST ¹³
	QFT-Plus is an approved alternative for use where TST is appropriate. ⁷
TST approved for use to aid in the evaluation of TB	QFT-Plus is also preferred in individuals who have received BCG vaccination or who may not be in compliance for return visits to have a TST read.

In the US, Chlamydia trachomatis (Ct) and Neisseria gonorrhoeae (Ng) are some of the most common and treatable sexually transmitted diseases.

Sexually Transmitted Diseases or Infections

CDC has reported an increase in chlamydia cases (4.7%) and gonorrhea cases (18.5%) since 2015, and any individual who has sex is at risk. Some groups are more affected, including young people aged 15-24.14

CDC and ACOG Testing Recommendations

The CDC and the American College of Obstetricians and Gynecologists (ACOG) recommend Ct and Ng testing for sexually active women each year until age 25. 14-16

Failure to Diagnose and Treat Can Lead to Serious Complications Later in Life

- Untreated Ct infection increases risk for Pelvic Inflammatory Disease (PID), ectopic pregnancy, and infertility.¹⁶
- Untreated Ng infection increases risk for PID, infertility, ectopic pregnancy, epididymitis.¹⁷
- Infertility affects 20,000 women each year due to undiagnosed STDs.¹⁴

Convenient Test Options



Labcorp offers Ct and Ng test options from numerous collection devices, giving clinicians and patients convenient options:



Labcorp is easy to use:

- Labcorp participates in an extensive network of managed care plans.
- Patient service centers are available for pediatric specimen collection.
- Courier services are available for in-office specimen pickup.
- Specialty customer service representatives assist with test inquiries, add-on testing, and other account service needs.
- Pediatric-specific options with a focus on minimum samples, alternative samples, and age-specific reference ranges.



Be a Part of Labcorp's Partners in Pediatric Care Program

If you are interested in participating in this comprehensive program, go to **Labcorp.com/value-care-pediatrics** and complete the form.

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Test Name	Test No.
Lead	
Lead, Blood, Filter Paper	791280
Lead and Protoporphyrin (ZPP), Whole Blood (Pediatric)	717035
Lead, Blood (Pediatric), Venous	717009
Lead, Blood (Pediatric), Capillary (Fingerstick)	717016
Anemia	
Antiparietal Cell Antibody (APCA)	006486
Aluminum, Serum, Plasma, or Whole Blood	071548
Tuberculosis	
QuantiFERON®-TB Gold Plus	182879
Dyslipidemia	
Lipid Profile, Fasting, Pediatric	373632
Lipid Profile, Nonfasting, Pediatric	373634
Apo E Genotyping: Cardiovascular Risk	503935
Apolipoprotein Assessment	216010
HIV	
Human Immunodeficiency Virus 1/O/2 (HIV-1/O/2) Antigen/Antibody (Fourth Generation) Preliminary Test With Cascade Reflex to Supplementary Testing	083935

Test Name	Test No.
Substance Abuse	
Substance Abuse Monitoring and Rehabilitation Profile, Urine (Screen With Confirmation)	739013
Substance Abuse Monitoring and Rehabilitation Profile I, Oral Fluid (Screen and Confirmation) (Labcorp MedWatch®)	770005
Substance Abuse Monitoring and Rehabilitation Profile II, Oral Fluid (Screen Only) (Labcorp MedWatch®)	770421
GI Distress	
Gastrointestinal Profile, Stool, PCR	183480
Stool Culture	008144
Ova & Parasites Examination	008623
Insect-Borne Diseases	
Lyme Disease Antibodies, Total and IgM	258004
Zika Virus Comprehensive Profile, NAA, Serum and Urine	139600
Sexually Transmitted Infections	
Chlamydia/Gonococcus, NAA	183194
Chlamydia/Gonococcus/Genital Mycoplasma Profile, NAA, Urine	180051
Vaginitis Plus (VG+), NuSwab®	180021

References

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For more information about Pediatric Health and Wellness and how it can benefit your patients, contact your Labcorp sales representative, or visit **Labcorp.com**