

#1  
PEDIATRICIAN  
RECOMMENDED  
VITAMIN  
BRAND



# From belly to brain and all the good things in between.

At Enfamil®, there's only one thing on our minds — a child's healthy development.  
That's why you'll find the dedication, commitment, and nutritional science  
in every supplement we make. From probiotics for the tummy to DHA for the brain.



IMMUNE  
HEALTH  
AND TUMMY  
SUPPORT\*



EVERYDAY  
HEALTH  
SUPPORT\*



BRAIN  
SUPPORT\*

*Let's fuel the wonder.™*

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



## Enfamil® Dual Probiotics

to support gut and immune health\*

Also available with 10 mcg (400 IU) of Vitamin D for breastfed infants

### DO YOU HAVE ANY PATIENTS THAT COULD BENEFIT FROM GUT OR IMMUNE SUPPORT?

Enfamil Dual Probiotics have LGG®† and BB-12®†, two of the most studied probiotic strains.

Designed to help the developing microbiome and support gut and immune health.\*<sup>1,2</sup>

- Help manage colic‡
- Support healthy gut barrier function\*
- Support immune health\*

### Did You Know?

“Any breastfeeding infant, regardless of whether he or she is being supplemented with formula, should be supplemented with 400 IU (10 mcg) of vitamin D.”

– *Pediatrics*. 2008<sup>3</sup>

### ENFAMIL DUAL PROBIOTICS WITH LGG AND BB-12

- ✓ Non-GMO
- ✓ No sucrose, artificial sweeteners, or silicon dioxide

Recommend Enfamil Dual Probiotics to support gut and immune health

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† LGG and BB-12 are registered trademarks of Chr. Hansen A/S.

‡ Study with BB-12 in breastfed infants for 28 days.<sup>4</sup>



### NUTRIENTS:

**Vitamin A**  
250 mcg

**Vitamin C**  
50 mg

**Vitamin D**  
10 mcg (400 IU)

## Enfamil® Tri-Vi-Sol®

for breastfeeding babies needing a multivitamin

### DO YOU HAVE ANY PATIENTS THAT REQUIRE VITAMIN SUPPLEMENTATION?

Vitamins A, C, and D are important for supporting growth and immune system development.\*

For breastfed infants, these nutrients are often dependent on prenatally accreted infant reserves or appropriate maternal diet.<sup>5</sup>

Postnatal maternal supplementation may not ensure an adequate amount for the infant.

Should your breastfed patients require vitamin supplementation, recommend Tri-Vi-Sol.

### Did You Know?

Vitamin A is involved in immune function, vision, reproduction, and cellular communication. Vitamin A also supports cell growth and differentiation, playing a significant role in the normal formation and maintenance of the heart, lungs, kidneys, and other organs.<sup>6</sup>

### ENFAMIL TRI-VI-SOL — A MULTIVITAMIN FOR THOSE NEEDING VITAMIN SUPPLEMENTATION

- ✓ Vitamins A, C, and D
  - Vitamin A helps support a healthy immune system\*
  - Vitamin C helps support the immune system and acts as an antioxidant\*
  - Delivers 10 mcg (400 IU) per mL of vitamin D as recommended by the AAP

Recommend Enfamil Tri-Vi-Sol for breastfed babies needing a multivitamin



**NUTRIENT:**  
**Vitamin D**  
10 mcg (400 IU)

## Enfamil® D-Vi-Sol®

for babies who are breastfeeding and supplementing

### WHAT IS THE OPTIMAL AMOUNT OF VITAMIN D YOUR PATIENTS NEED ACCORDING TO THE AAP?

Vitamin D is well known for its role in bone health.\* Emerging evidence suggests it may play a part in immune and inflammatory responses.\*<sup>7,8</sup>

The American Academy of Pediatrics (AAP) and the National Academy of Medicine (NAM) recommend 10 mcg (400 IU) of vitamin D per day.<sup>3,9</sup> But vitamin D concentration in breast milk is low, even in women who report taking a daily supplement of 400 IU.<sup>3</sup>

Many moms believe their baby receives enough vitamin D, and very few give a daily supplement. Your recommendation makes a difference to ensure that patients meet the AAP-recommended amount of vitamin D intake.

### Enfamil D-Vi-Sol Drops help breastfed babies get vitamin D as recommended by the AAP and NAM



## Did You Know?

Only 1/3 of all infants consume enough formula to get 10 mcg (400 IU) of vitamin D per day — 4-6 months of age.<sup>10</sup> Even if an infant is consuming formula exclusively, if he or she drinks less than 34 fluid ounces per day, he or she may also need a vitamin D supplement to meet the daily recommendation.

**Recommend Enfamil® D-Vi-Sol® for newborns consuming less than 34 fluid ounces per day of infant formula.**

### ENFAMIL D-VI-SOL DROPS — DESIGNED TO HELP BREASTFED BABIES GET THE RECOMMENDED DAILY AMOUNT OF VITAMIN D

- ✓ 10 mcg (400 IU) of vitamin D in one dropper daily
- ✓ Complements breast milk and formula for optimal nutrition
- ✓ Helps babies build strong bones\*
- ✓ Safe, easy-to-use dropper
- ✓ Drops have a pleasant citrus taste
- ✓ Gluten-free
- ✓ Free of artificial sweeteners

*“Any breastfeeding infant, regardless of whether he or she is being supplemented with formula, should be supplemented with 400 IU of vitamin D...”*  
— Wagner CL, et al<sup>3</sup>

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† Vitamin D in breast milk ranges from <25 to 78 IU per 34 fluid ounces, measured in women taking a 400 IU vitamin D supplement daily. Daily intake based on average breast milk consumption of 0.78 liters (27 oz) per day as reported by the National Academy of Medicine.

**Recommend Enfamil D-Vi-Sol for breastfeeding and supplementing babies**



NUTRIENTS:

- Vitamin A  
250 mcg
- Vitamin B<sub>1</sub>  
0.3 mg
- Vitamin B<sub>2</sub>  
0.4 mg
- Vitamin B<sub>3</sub>  
4 mg
- Vitamin B<sub>6</sub>  
0.3 mg
- Vitamin B<sub>12</sub>  
0.5 mcg
- Vitamin C  
50 mg
- Vitamin D  
10 mcg (400 IU)
- Vitamin E  
5 mg

Enfamil® Poly-Vi-Sol®

for babies transitioning to solid foods

DO YOU HAVE ANY PATIENTS WHO ARE PICKY EATERS?

Babies begin to transition to solid foods as a complement to breast milk or formula around 4-6 months of age.

Providing vitamins to support infants’ rapid growth and development\* is important as they make the transition to solid foods.

ENFAMIL POLY-VI-SOL HAS VITAMINS THAT BABIES AND TODDLERS MAY NOT GET FROM THEIR DIET. ARE YOUR PATIENTS GETTING ENOUGH VARIETY IN THEIR DIET?

NUTRIENT	NUTRIENT BENEFITS	OTHER FOOD SOURCES†
A	Helps support a healthy immune system and helps support visual development*	Liver, Fish Oils, Fortified Dairy Products
B <sub>1</sub> (Thiamin)	Involved in carbohydrate metabolism and supports nerve function and muscle coordination*	Pork, Whole and Enriched Grains, Dried Beans, Peas
B <sub>2</sub> (Riboflavin)	Supports function and development of nerves, spinal cord, and brain*	Meats, Eggs, Enriched Grains, Milk
B <sub>3</sub> (Niacin)	Promotes release of energy from foods and supports the nervous system*	Meats, Bran and Enriched Grains
B <sub>6</sub>	Helps support normal brain function and the formation of red blood cells*	Meats, Chicken, Fish, Whole Grains, Starchy Vegetables
B <sub>12</sub>	Supports development of brain and formation of red blood cells*	Meats, Eggs, Milk, some Fortified Cereals
C	Acts as an antioxidant and helps support the immune system*	Citrus Fruits, Tomatoes, Potatoes, Green Leafy Vegetables
D	Important for strong bones and teeth*	Cod Liver Oils, Fortified Dairy Products, Fish
E	Acts as an antioxidant and helps support the body's immune system*	Vegetable Oils, Wheat Germ, Green Leafy Vegetables, Egg Yolks
Iron‡	Helps support psychomotor and mental development*	Meats, Dried Beans and Peas, Enriched Breads and Cereals



NUTRIENTS:

- Vitamin A  
250 mcg
- Vitamin B<sub>1</sub>  
0.3 mg
- Vitamin B<sub>2</sub>  
0.4 mg
- Vitamin B<sub>3</sub>  
4 mg
- Vitamin B<sub>6</sub>  
0.3 mg
- Vitamin C  
50 mg
- Vitamin D  
10 mcg (400 IU)
- Vitamin E  
5 mg
- Iron  
11 mg

Enfamil® Poly-Vi-Sol® with Iron

for babies transitioning to solids, going through growth spurts, and picky eaters

- ✓ 8 essential vitamins and iron in just one dropper
  - Vitamin D helps support healthy bones and teeth\*
  - Vitamin A helps support a healthy immune system\*
  - Vitamin C helps promote healthy tissue development\*
- ✓ Has 10 mcg (400 IU) of vitamin D as recommended by the AAP and NAM
- ✓ Also available without iron
- ✓ Free of artificial sweeteners

Did You Know?

35-50% of parents with children 12-24 months consider their child to be a picky eater.<sup>11</sup> In term infants, iron stores may be depleted by the first 4 to 6 months.<sup>12</sup>

AROUND 4-6 MONTHS OF AGE, INFANTS BEGIN TO LOSE THEIR IRON STORES.

The amount of iron accreted by mom during a full-term, healthy pregnancy will usually last through the first 4-6 months of the baby’s life.<sup>12</sup> Around 6 months of age, when babies are being introduced to solid foods, Poly-Vi-Sol with Iron can be recommended. It helps ensure babies’ picky diets are being supplemented with iron.

Recommend Enfamil Poly-Vi-Sol for babies transitioning to solid foods

Recommend Enfamil Poly-Vi-Sol with Iron for babies transitioning to solid foods, going through growth spurts, and picky eaters

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† Mash or puree solid foods for infants 12 months old or younger to avoid danger of aspiration.

‡ Iron found in Poly-Vi-Sol with Iron and not in Poly-Vi-Sol.



**NUTRIENT:**  
**Iron**  
15 mg

# Enfamil® Fer-In-Sol®

for babies needing supplemental iron

## DO YOU HAVE ANY PATIENTS AT RISK FOR IRON DEFICIENCY?

Iron is the world’s most common single nutrient deficiency. In the U.S., iron deficiency affects >1.2 million children 1-3 years of age.<sup>13</sup>

About 80% of the iron present in a term infant is accreted during the third trimester. Premature infants can miss this rapid accretion and may be deficient in total body iron.<sup>12</sup>

Maternal conditions, such as anemia, maternal hypertension, or gestational diabetes can also result in low fetal iron stores in both term and preterm infants.<sup>12</sup>

## Did You Know?

14% of preterm infants develop iron deficiency between 4 and 8 months of age.<sup>12</sup>

## ENFAMIL FER-IN-SOL — DESIGNED FOR INFANTS AND TODDLERS WHO NEED SUPPLEMENTAL IRON

- ✓ The recommended daily amount of iron
  - Iron helps support psychomotor and brain development\*



**NUTRIENTS:**  
**DHA**  
55 mg/mL  
**ARA**  
55 mg/mL

# Enfamil® DHA-In-Sol™

with expert-recommended DHA to support brain development\*

## DO YOU WANT TO NURTURE YOUR PATIENT’S BUDDING BRAIN?

Enfamil DHA-In-Sol has been designed based on expert-recommended DHA<sup>†</sup> and ARA. These vegan-friendly nutrients support your patient’s eyes, nervous system, and immune system.\* You won’t find any artificial colors, flavors, and sweeteners. And, with Enfamil’s 100 years of expertise, it’s great for both breastfed and formula-fed babies.

## Did You Know?

DHA helps support brain, eye, and nervous system development.\*

## ENFAMIL DHA-IN-SOL — PROVIDES EXPERT-RECOMMENDED DHA<sup>†</sup> TO HELP SUPPORT BABY’S HEALTH AND DEVELOPMENT\*

- ✓ DHA helps support baby’s brain, eye, and nervous systems\*
- ✓ Has expert-recommended DHA with ARA 1:1
- ✓ Made with vegetarian ingredients
- ✓ NO artificial colors, flavors, sweeteners, or preservatives
- ✓ Specially designed to benefit both breastfed and formula-fed babies
- ✓ Gluten-free

**Recommend Enfamil Fer-In-Sol for babies needing supplemental iron**

**Recommend Enfamil DHA-In-Sol — Expert-recommended amount of DHA**

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† Average breast milk levels in the U.S., 100 mg DHA/day for infants and toddlers 0-24 months.



# Recommend the Enfamil® family of vitamins, minerals, and supplements to help your patients meet their nutritional needs.

**Probiotics**  
for  
formula-fed  
infants

**Probiotics and  
Vitamin D**  
for breastfed  
infants



**Poly-Vi-Sol®**  
8 essential  
vitamins to  
support growth  
and development\*

**Poly-Vi-Sol® with Iron**  
8 essential vitamins and  
iron to support  
growth and  
development\*

**D-Vi-Sol®**  
vitamin D to  
support strong  
bones and teeth\*

**Tri-Vi-Sol®**  
vitamins A, C, and D  
to support  
growth and  
immune health\*



**DHA-In-Sol™**  
expert-  
recommended  
DHA to  
support brain  
development\*

**Fer-In-Sol®**  
iron to  
support brain  
development\*



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*Let's fuel the wonder.™*



**DUAL  
PROBIOTICS  
(0–12 months)**

Gut and immune health support for formula-feeding babies\*



**DUAL  
PROBIOTICS  
w/VITAMIN D  
(0–12 months)**

Gut and immune health support for breastfeeding babies\*



**TRI-VI-SOL®  
(0–12 months)**

For breastfeeding babies needing a multivitamin



**D-VI-SOL®  
(0–12 months)**

For babies who are breastfeeding and supplementing



**POLY-VI-SOL®  
(6–24 months)**

For babies transitioning to solid foods



**POLY-VI-SOL®  
w/IRON  
(6–24 months)**

For babies transitioning to solids, going through growth spurts, and picky eaters



**DHA-IN-SOL™  
(0–24 months)**

DHA to support breastfeeding and formula-feeding babies' brain development\*



**FER-IN-SOL®  
(0–24 months)**

For babies needing supplemental iron

**NUTRIENT BENEFITS**

**OTHER FOOD SOURCES**

VITAMINS, MINERALS, AND NUTRIENTS											
	A	–	–	250 mcg/mL	–	250 mcg/mL	250 mcg/mL	–	–	Helps support a healthy immune system and helps support visual development*	Liver, Fish Oils, Fortified Dairy Products
	B <sub>1</sub> (Thiamin)	–	–	–	–	0.3 mg/mL	0.3 mg/mL	–	–	Involved in carbohydrate metabolism and supports nerve function and muscle coordination*	Pork, Whole and Enriched Grains, Dried Beans, Peas
	B <sub>2</sub> (Riboflavin)	–	–	–	–	0.4 mg/mL	0.4 mg/mL	–	–	Supports function and development of nerves, spinal cord, and brain*	Meats, Eggs, Enriched Grains, Milk
	B <sub>3</sub> (Niacin)	–	–	–	–	4 mg/mL	4 mg/mL	–	–	Promotes release of energy from foods and supports the nervous system*	Meats, Bran and Enriched Grains
	B <sub>6</sub>	–	–	–	–	0.3 mg/mL	0.3 mg/mL	–	–	Helps support normal brain function and the formation of red blood cells*	Meats, Chicken, Fish, Whole Grains, Starchy Vegetables
	B <sub>12</sub>	–	–	–	–	0.5 mg/mL	–	–	–	Supports development of brain and formation of red blood cells*	Meats, Eggs, Milk, some Fortified Cereals
	C	–	–	50 mg/mL	–	50 mg/mL	50 mg/mL	–	–	Acts as an antioxidant and helps support the immune system*	Citrus Fruits, Tomatoes, Potatoes, Green Leafy Vegetables
	D	–	10 mcg per 6 drops	10 mcg/mL	10 mcg/mL	10 mcg/mL	10 mcg/mL	–	–	Important for strong bones and teeth*	Cod Liver Oils, Fortified Dairy Products, Fish
	E	–	–	–	–	5 mg/mL	5 mg/mL	–	–	Acts as an antioxidant and helps support the body's immune system*	Vegetable Oils, Wheat Germ, Green Leafy Vegetables, Egg Yolks
	Iron	–	–	–	–	–	11 mg/mL	–	15 mg/mL	Helps support psychomotor and mental development*	Meats, Dried Beans and Peas, Enriched Breads and Cereals
	LGG®†/BB-12®†	12 mg per 6 drops	12 mg per 6 drops	–	–	–	–	–	–	Supports the digestive and immune systems	Often added to yogurts and other dairy products as probiotics
	DHA/ARA	–	–	–	–	–	–	55 mg/mL DHA 55 mg/mL ARA	–	Supports healthy brain, eye, and nervous systems	Fish and Fish Oils

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† LGG and BB-12 are registered trademarks of Chr. Hansen A/S.





## Family of Supplements



**Powerful  
probiotic support  
in such a little drop**



**IMMUNE  
HEALTH  
AND TUMMY  
SUPPORT\***

**Advanced support  
and essential nutrients**



**EVERYDAY  
HEALTH  
SUPPORT\***

***Let's fuel the wonder.™***

**Brain-building  
nutrients for  
budding brains**



**BRAIN  
SUPPORT\***

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## Family of Supplements

# Enfamil® Vitamins, Minerals, and Supplements — Supporting a Healthy Start for Babies and Toddlers



*Let's fuel the wonder.™*

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