



# Helping Babies Survive

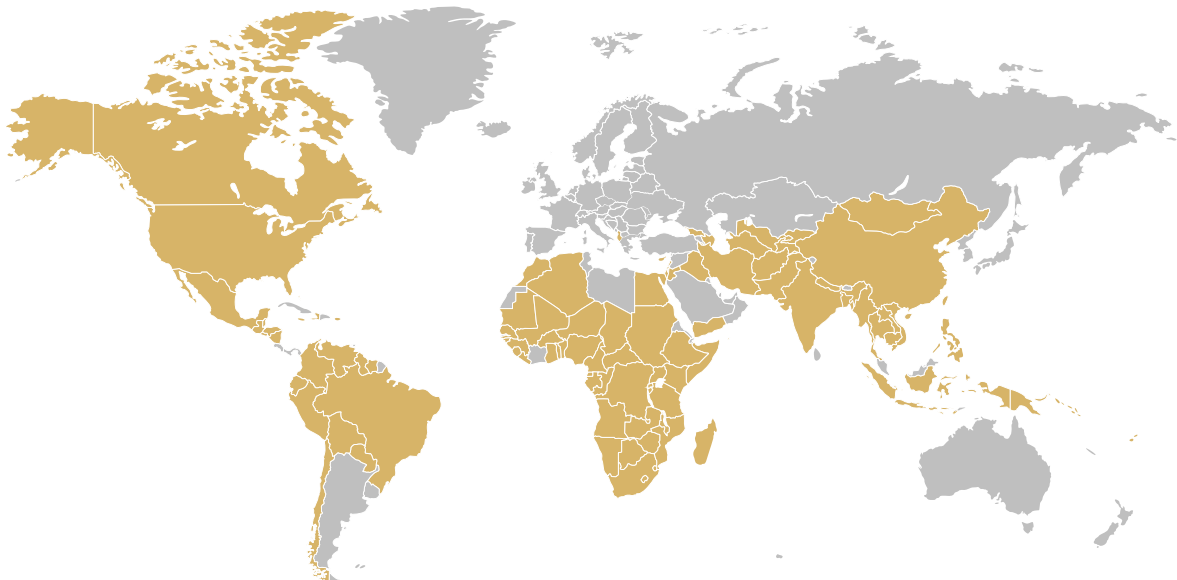
## Improving Newborn Survival Globally

Large disparities in neonatal mortality rates persist across regions and countries, with low and middle-income countries facing the highest burden. To address this global issue, the American Academy of Pediatrics, in collaboration with the World Health Organization, USAID, Laerdal Global Health, LDS Charities and many global health partners, developed Helping Babies Survive (HBS), a suite of evidence-based, hands-on training programs designed to reduce neonatal mortality in resource-limited settings.

*HBS programs have been introduced in more than 80 countries (see map below) with more than 500,000 providers trained and equipped.*



Photo credit: Amy Fowler (USAID)



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[/helpingbabiesurvive](https://www.facebook.com/helpingbabiesurvive)

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**Information about HBS programs and resources on back page...**

## Programs

The HBS suite of programs address the three leading causes of preventable deaths worldwide:

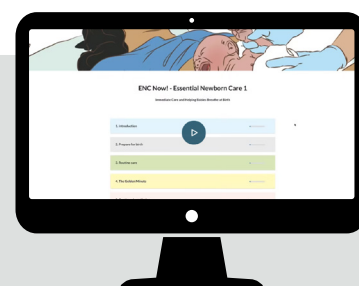


**Helping Babies Breathe (HBB)** teaches basic management of neonatal resuscitation, with a focus on quick identification of an asphyxiated newborn and getting the baby to breathe within the first minute after delivery.

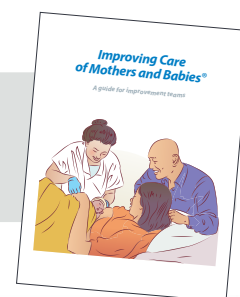
**Essential Care for Every Baby (ECEB)** teaches essential newborn care practices from birth to time of discharge from facility. It includes skin-to-skin care, initiation and maintenance of breast-feeding, essential care provided during the first hour of life, assessing danger signs and proper referral procedures.

**Essential Care for Small Babies (ECSB)** teaches the special care needed for small or premature babies. This includes alternative breast milk feeding options, thermal regulation, infection prevention, stabilization of baby for transport and home care guidance.

**Essential Newborn Care Now! (ENC Now!)** – Developed in collaboration with Laerdal Global Health, this innovative digital training package supports remote facilitation of the new WHO Essential Newborn Care program on an online platform, allowing providers to learn and practice key course objectives in a safe and effective way, thereby ensuring health workers continue to be trained and equipped to support births even when travel and in-person gatherings are limited.



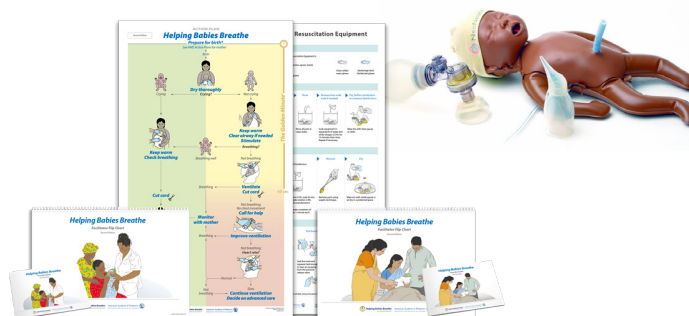
**Improving Care of Mothers and Babies** – Developed in collaboration with maternal and newborn health partners, this guide describes six steps to improve care and introduces simple tools to implement facility-based quality improvement.



## Learning Resources

Each of the HBS learning programs include visual guidebooks, flipcharts and posters containing clear, specific instructions for healthcare providers to follow after the birth of a baby.

HBS training resources have been translated into many languages. All approved translations are available for free access and download at the AAP International Resources website: [internationalresources.aap.org](http://internationalresources.aap.org)



## Transformative Training Methodology for Newborn Care

Helping Babies Survive combines evidenced-based content with interactive learning techniques to improve and sustain the skills of health care workers.

The programs support: skills-based, team-focused training; hands-on simulated learning; ongoing practice; and quality improvement.