



TSÉHOOTSOOÍ NAHATA'DZIIL NIHI DINE'É BÁ

Medical Center Health Center Wellness Center

Facilities of Fort Defiance Indian Hospital Board, Inc.



Fort Defiance Indian Hospital Board, Inc.:

<https://www.fdihb.org/>

Click on the "Medical" Tab to find more information about each department.

Navajo Area Information:

<https://www.ihs.gov/navajo/>

Thank you for your interest in Tséhootsooí Medical Center! Below you will find more information about our facilities, Navajo Area (in general) and local areas of interest.

Tséhootsooí Medical Center (TMC) is a replacement hospital built in 2001 to meet important regional health data needs and to increase the positive outcome data for surrounding communities. Full operational services began in 2002; a 245,000 square feet, 56-bed facility with 24-hour ER Services, Outpatient &

Inpatient Services, Medical Imaging, Laboratory Services, expanded inpatient OB/Gyn services, a 3-surgical suite operatory and Pharmacy Services. Indian Health Services has oversight of the hospital structure (TMC) and (adjacent medical staff housing).



In March, 2010 Fort Defiance Indian Hospital Board, Inc. (FDIHB) decided to restructure how healthcare is provided by becoming the 3rd Service Unit in Navajo Area to move from Federal Status to a Public Law 93-638 entity. This allowed FDIHB, Inc. to move innovatively and progressively with the expansion of access to healthcare with the purchase of (2) mobile health units or "Minute-Clinics on Wheels".

In adjunct to its new Public Law 93-638 status, FDIHB, Inc. reorganized its satellite clinic, **Nahata Dziil Health Center (NDHC)**, in Sanders, AZ from a 3-modular medical clinic to a brand new 33,000 square feet outpatient clinic. NDHC opened its doors to the community in 2016 and is currently helmed by Dr. Marco Trigueros, Clinical Director,

the ambulatory clinic is open Monday – Friday, 8 am to 5pm. In addition to outpatient clinic services, a full scope dental program

with a (4) chair operatory is helmed by Dr. Robert Lloyd and Dr. Sarah Schaeffer. An outpatient mental health program is currently rotating Psychiatric Nurse Practitioners from Fort Defiance, Podiatry Services and Optometry Services also rotate to the clinic once a week. Pharmacy Services is also available at NDHC.





FDIHB's Wellness Center opened its doors in 2018, a 44,000 square facility providing a nutritional value to diabetic patients and those motivated to change their lifestyles.

Fort Defiance Indian Hospital Board, Inc. (FDIHB) although a Public Law 93-638 entity still shares the positive aspects of Indian Health Services including:

- Federal Tort Claims Act Malpractice Coverage (FTCA)
- Multi-State Licensure System
- Indian Health Services Loan Repayment Program & Indian Health Services Scholar Service Site
- National Health Service Corps Loan Repayment Program & National Health Service Corps Scholar Service Site
- Arizona Loan Repayment Program

Fort Defiance, AZ sits at 6,836 feet in the high-desert of northeastern Arizona, on the Navajo Nation (in comparison Phoenix, AZ sits at 1,086 feet) The Navajo Nation is 27,413 square miles (about the size of West Virginia) encompassing parts of northeastern Arizona, northwestern New Mexico and southern Utah, the capital of the Navajo Nation is Window Rock, AZ located 7 miles south of Fort Defiance. Area National Parks and Tribal Parks for outdoor enthusiasts include:

MULTI-STATE:

- [Four Corners Monument \(about 2 hours from Fort Defiance\)](#)
- [Glen Canyon National Recreation Area \(about 4 hours from Fort Defiance\)](#)

ARIZONA:

- [Canyon de Chelly National Monument \(1 hour from Fort Defiance\)](#)
- [Petrified Forest National Park \(1 hour & 30 min. from Fort Defiance\)](#)
- [Grand Canyon National Park \(about 4 hours from Fort Defiance\)](#)
- [Antelope Canyon Navajo Tribal Park \(about 4 hours from Fort Defiance\)](#)

NEW MEXICO:

- [El Malpais National Monument \(about 2 hours from Fort Defiance\)](#)
- [Chaco Culture Canyon National Historical Park \(about 2-3 hours from Fort Defiance\)](#)
- [Karl G. Jansky Very Large Array \(VLA\) – National Radio Astronomy Observatory \(NRAO\) \(about 3-4 hours from Fort Defiance\)](#)
- [White Sands National Park \(about 5 hours & 40 min. from Fort Defiance\)](#)
- [Carlsbad Caverns National Park \(about 5 hours & 40 min. from Fort Defiance\)](#)

COLORADO:

- [Mesa Verde National Park \(about 3 hours from Fort Defiance\)](#)

UTAH:

- [Monument Valley Navajo Tribal Park \(about 3 hours from Fort Defiance\)](#)
- [Arches & Canyonlands National Parks \(about 4 hours from Fort Defiance\)](#)
- [Zion National Park \(about 6 hours from Fort Defiance\)](#)

