

Bright Futures National Center & American Academy of Pediatrics

Resource List

Bright Futures National Center (BFNC)

[About Bright Futures](#) – This animated video provides an overview of the *Bright Futures* Initiative.

[Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition](#) – This essential resource provides health care professionals, states/communities, and families with background and recommendations for health promotion, health supervision, and anticipatory guidance for 31 age-based visits.

[Bright Futures Tool & Resource Kit, 2nd Edition](#) – This companion Toolkit is an integrated system of forms and handouts related to well-visits for infants, children, and adolescents. Access a narrated overview of the Toolkit [here](#). [NOTE: Toolkit must be licensed through the American Academy of Pediatrics (AAP) for use in practice and/or incorporation into an EHR.]

[Bright Futures/AAP Recommendations for Preventive Pediatric Health Care \(Periodicity Schedule\)](#) – This chart (updated annually) summarizes recommended screenings, assessments, physical examinations, procedures, and timing of anticipatory guidance for each age-based visit in the *Bright Futures Guidelines*, 4th Edition.

[Coding for Pediatric Preventive Care Booklet](#) – This booklet contains the Current Procedural Terminology (CPT®), Healthcare Common Procedure Coding System (HCPCS) Level II, and International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM) codes for most common preventive care services.

[Bright Futures - Building Positive Parenting Skills Across Ages](#) – This new, free PediaLink course includes scenarios to apply key concepts of positive parenting to address common behavioral concerns and ameliorate parental stress.

[Bright Futures Pediatric Residency Resource Library](#) – Features a diverse set of resources to help residents/trainees strengthen their clinical practice, stay current with the latest practice trends, build clinical and leadership skills, and connect with other areas around the AAP and with key partners.

[Bright Futures Webinars](#) and [Presentations](#) – Learn about the *Bright Futures Guidelines*, 4th Edition from the co-editors. View Bright Futures presentations from various academic and national conferences to support your *Bright Futures* presentations.

[Resources for Families](#) – This webpage includes a curated list of family-focused websites and related resources. It includes the “[The Well-Child Visit: Why Go and What to Expect](#)” (available in English and Spanish).

[Well-Child Visits: Parent and Patient Education](#) – The parent-focused education is available for each well-child visit. All of the information is written to be easy to read and understand, in both English and Spanish.

[Bright Futures Activity Book, 2nd Edition](#) – This revised book provides a fun, informative, and interactive overview of the 12 themes from the *Bright Futures Guidelines*, 4th Edition.

[States & Communities](#) – Learn how the *Bright Futures* materials and resources are being used across the country by reviewing brief implementation state stories gathered through interviews and online research.

[Bright Futures: An Essential Resource for Advancing the Title V National Performance Measures](#) – This Association of Maternal and Child Health Programs (AMCHP) issue brief provides a crosswalk to show how the *Bright Futures Guidelines*, 4th Edition correlate with the National Performance Measures (NPM).

[Bright Futures Resources for State Title V Maternal & Child Health Programs](#) – This is a curated list of key resources from the BFNC and relevant AAP programs.

[How can Title V MCH Programs Support Pediatric Health Care Professionals \(PHCPs\) in Addressing Social Determinants of Health](#) – This tip sheet outlines suggested roles for Title V MCH programs in supporting PHCPs to screen for social determinants of health and connect to community resources, as appropriate.

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AAP-affiliated Programs & Resources

[Institute for Healthy Childhood Weight \(IHCW\)](#) – The IHCW serves as a translational engine for pediatric obesity prevention, assessment, management, and treatment. The IHCW moves policy and research from theory into practice in health care, communities, and homes. The IHCW offers resources for professional education, clinical supports, policy tools, and families.

[Adolescent Health Care](#) – In order to best support adolescent and young adult patients, clinics should adopt a culture that reflects their unique needs and reduces barriers that may interfere with their ability to access essential health care services. Use the resources to increase awareness of the importance of confidential care for adolescents and young adults and foster an adolescent-supportive practice environment.

[LGBTQ+ Resource Guide](#) – This new guide offers ideas pediatric health care professionals can implement to improve the care of their LGBTQ+ patients/families.

[Mental Health Initiatives](#) – The AAP urges pediatric health care professionals make efforts to engage children and their families in the full range of primary care services and engage Mental Health/Substance Use professionals and other community partners into one collaborative, family-centered system of care that transects traditional silos. The [Pediatric Mental Health Minute Series](#) is designed to provide real-time education to support pediatric health care professionals as they care for children and youth with mental health disorders.

[National Resource Center for Patient/Family-Centered Medical Home \(NRC-PFCMH\)](#) – The goal of the NRC-PFCMH is to improve the health and well-being of, and strengthen the system of services for, children and youth with special health care needs (CYSHCN) and their families by providing technical assistance and supporting implementation of the patient/family-centered medical home model.

[Oral Health Initiatives](#) – The AAP works to improve children's oral health through communication and collaboration between the medical and dental homes, and to make pediatric health care professionals and other dental health professionals an essential part of the oral health team. The AAP provides education, training, and advocacy for pediatricians, dentists, other health professionals, and families.

[Screening Technical Assistance & Resource \(STAR\) Center](#) – The STAR Center seeks to improve the health, wellness, and development of young children through practice and system-based interventions to increase rates of early childhood screening, referral, and follow-up for developmental milestones, maternal depression, and social determinants of health.

[Developmental Surveillance and Screening](#) – This webpage features relevant AAP policy as well as key information about developmental surveillance and screening for pediatric health care professionals.

[Telehealth Tips and Resources](#) – This webpage houses articles, videos and links to new telehealth content for pediatric practices. Get tips on how to work with families to overcome technical barriers to telehealth in rural and underserved communities.

For more information, contact the Bright Futures National Center at

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This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$5,000,000 with 10 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).

