

EXCEPTIONAL THERAPISTS EXCEPTIONAL THERAPY













A PART OF YOUR TEAM

When you refer a patient to DotCom Therapy, you are adding a quality, licensed therapist to your own team. Each and every DCT provider is hand-picked with pediatric experience and hired as an employee, working alongside a clinical manager for quality assurance and to maintain evidence-based provision of care. Your patients are in the best hands with their DCT provider, and you are free to collaborate on care and receive updates to ensure continuity, progress, and peace of mind.



YOUR TELETHERAPIST

LICENSED MARRIAGE + FAMILY THERAPIST

PROFESSIONAL EXPERIENCE

DotCom Therapy

Tele-LMFT July 2020- Present

• Provide direct mental health services to families via telepractice.

Attuned Consultation And Psychotherapy Services

Associate Marriage And Family Therapist January 2018 - March 2020

- Provide family therapy to low-income families, using behavioral therapy techniques, solutionfocused strategies and multi-systems approach
- Complete thorough and timely intakes, assessments and psychotherapy notes.
- Collaborate with family systems to support child/adolescent's goals and treatment plan, and provide appropriate resources.
- Intervene during crisis by organizing supports and developing client safety plans.

Leadership Public Schools

Mental Health Therapist March 2017 - March 2020

- Provide educationally related mental health services (HERMES) to students who have an Individualized Education Plan (IEPS), and individual and group therapy to students who receive general education.
- Maintain a "student-centered" stance guided by student voice and student goals Collaboratively
 monitored progress towards goals through timely documentation, case notes and co-develop
 treatment plans.
- Utilize a wide range of therapeutic interventions such as Cognitive Behavioral Therapy (CBT), Trauma-Focused CBT, Dialectical Behavioral Therapy (DBT), Psycho-education, Art Therapy, Solution-Focused Therapy, and Narrative Therapy.
- · Conduct crisis assessments and provide crisis intervention to ensure student safety.
- Participate in Individual Education Plan (IEP) meetings, Student Success Team Meetings (SST) and 504 meetings to collaborate with parents and staff, and advocate for student's needs.
- · Mobilize family, school, and community resources to support student learning and wellness.

Family Therapy

Student Support Coordinator July 2017 - July 2018

- Maintain a caseload of about 30 students, including students in need of mental health and academic support.
- Collaborate with school personnel and community agencies to support student wellness.
- Facilitate bi-weekly meetings with the Tiered Support team to manage Tiered Support provider's caseloads, track progress towards goals, assess school-wide trends, and provide consultation.
- Create and utilize data systems to collect and monitor student progress and retention in the Tiered Support program, which includes reviewing attendance, behavioral incidents, number of contacts with a tiered support provider, and overall satisfaction with the Tiered Support program.
- Lead Student Success Team meetings centered on student strengths and goals.
- Assist in developing and implementing a wide range of Tiered 1, 2 and 3 accommodations and tools
- Support teachers in the classroom by diversifying instruction and creating a more traumafocused learning environment.

Uplifts Family Services

Family Specialist January 2016 - January 2017

- Counsel families and youth navigating the foster care system.
- · Work collaboratively towards client's goals.
- Utilize a strength-based lens to promote resiliency and family stabilization in the milieu.
- Provide interventions such as psycho-education, motivational interviewing, crisis de-escalation, and trauma-focused CBT.
- Write weekly progress notes and track the client's improvement on the client's "dashboard."
- Develop and facilitate in-home trainings such as Crisis Trainings and Trauma.

Informed Care for Families

Student Assistant Specialist January 2014 - January 2015

- Provide short term education, prevention and intervention to at-risk students from the ages of 4-18
- Help students build social, coping, and emotional regulation skills while encouraging positive and healthy behaviors.
- Facilitate groups and create content, including a Grief Group and a Girl's group.
- Intervene to de-escalate crisis and conduct risk assessments.
- Support families to navigate challenges that impact student's education.

LICENSURE + CERTIFICATION

LMFT in CA, AZ

EDUCATION

Holy Names University Masters in Counseling Psychology

University of San Francisco Masters in Counseling Psychology

Loyola Marymount University Bachelor of Liberal Arts in Sociology

AREAS OF EXPERTISE

- Therapy
- Case Management
- Crisis Intervention
- Psycho-Education
- Trauma-Informed Care
- Counseling



PROFESSIONAL EXPERIENCE

DotCom Therapy

Tele-Speech-Language Pathologist August 2016 - Present

- Provide direct speech and language services via telepractice.
- Complete screenings and evaluations for students ages 2 years through 19 years of age.
- Create, manage, and organize a schedule across three different time zones with several schools at a time. O Maintain current knowledge of eligibility and evaluation criteria for each state where services are provided.
- · Actively participate in case conferences, discuss evaluation results, progress and needs to
- Develop goals and intervention plans for Response to Intervention as well as Individual Education Plans in order to meet the speech and language needs of each student.
- · Consult and collaborate with staff including Teachers, Administrators, Paraprofessionals, SLP Assistants, and Implementers.
- · Supervise Speech Implementers and provide them with information and research based strategies in order to meet the needs of students.

Lafayette School Corporation - Greater Lafayette Area Special Services Speech-Language Pathologist August 2015 - June 2016

· Complete screenings and evaluations and interpret results for students in kindergarten through

- · Actively participate in staff meetings and case conferences to discuss evaluation results, progress and needs to address for each student.
- Develop goals and intervention plans for Response to Intervention as well as IEPs in order to meet the speech and language needs of each student.
- Consult and collaborate with staff including Teachers, Administrators.
- Plan and prepare lesson plans as well as supervise therapy provided by SLP Assistants, Paraprofessionals, SLP Assistants, and Occupational Therapists.

Rossville Consolidated School Corporation

Speech-Language Pathologist August 2014 - July 2015

- Introduce approach and service delivery plan for Response to Intervention for Speech Language
- Implement a research based approach for single sound articulation errors for increased efficiency and less time out of the classroom for students.
- Evaluate, assess, and interpret the results of standardized assessments for preschool through high school age students.
- Develop long and short term goals for preschool through high school age students.

New Castle Community School Corporation

Speech-Language Pathologist July 2013 - July 2014

- Evaluate, assess and interpret the results of diagnostic evaluations for school age children from kindergarten through 6th grade.
- Develop and implement long and short term goals for students targeting articulation, language, and fluency.
- Consult with teachers, reading specialists, therapists, administrators, child's family members and other members of the intervention team concerning the child's needs.
- Introduce approach and service delivery plan for Response to Intervention for Speech Language Therapy.

M.S.D. Wayne Township

Speech-Language Pathologist February 2006 - July 2016

- · Evaluate, assess and interpret the results of diagnostic evaluations for students from preschool through 8th grade.
- Develop and implement long and short term goals for school age children targeting articulation, language and fluency.
- · Consult with teachers, reading specialists, therapists, administrators, children's family members and other members of the intervention team concerning the child's needs.
- Co-taught social skills groups for school age children with the occupational therapist.
- Complete and organize district supply orders for SLPs.
- Help develop and implement M.S.D. Wayne Township's approach and service delivery plan for Response to Intervention.

LICENSURE + **CERTIFICATION**

ASHA Certificate of Clinical Competence in Speech-Language Pathology Licensed Speech Language Pathologist in IN, MO, CA, AL, AZ, ID

EDUCATION

Kent State University Speech-Language Pathology (M.A.) 2005

Purdue University Audiology and Speech Sciences (B.S.) 2003

Areas of Expertise

Articulation Phonology Apraxia of Speech **Autism** Fluency **IEP Documentation** and Compliance Language **Pragmatics** Supervision