



National
Brain Tumor
Society

Brain Tumor Support Conversations

TO REGISTER VISIT: [BIT.LY/BTSUPPORTCONVOS](https://bit.ly/BTSUPPORTCONVOS)

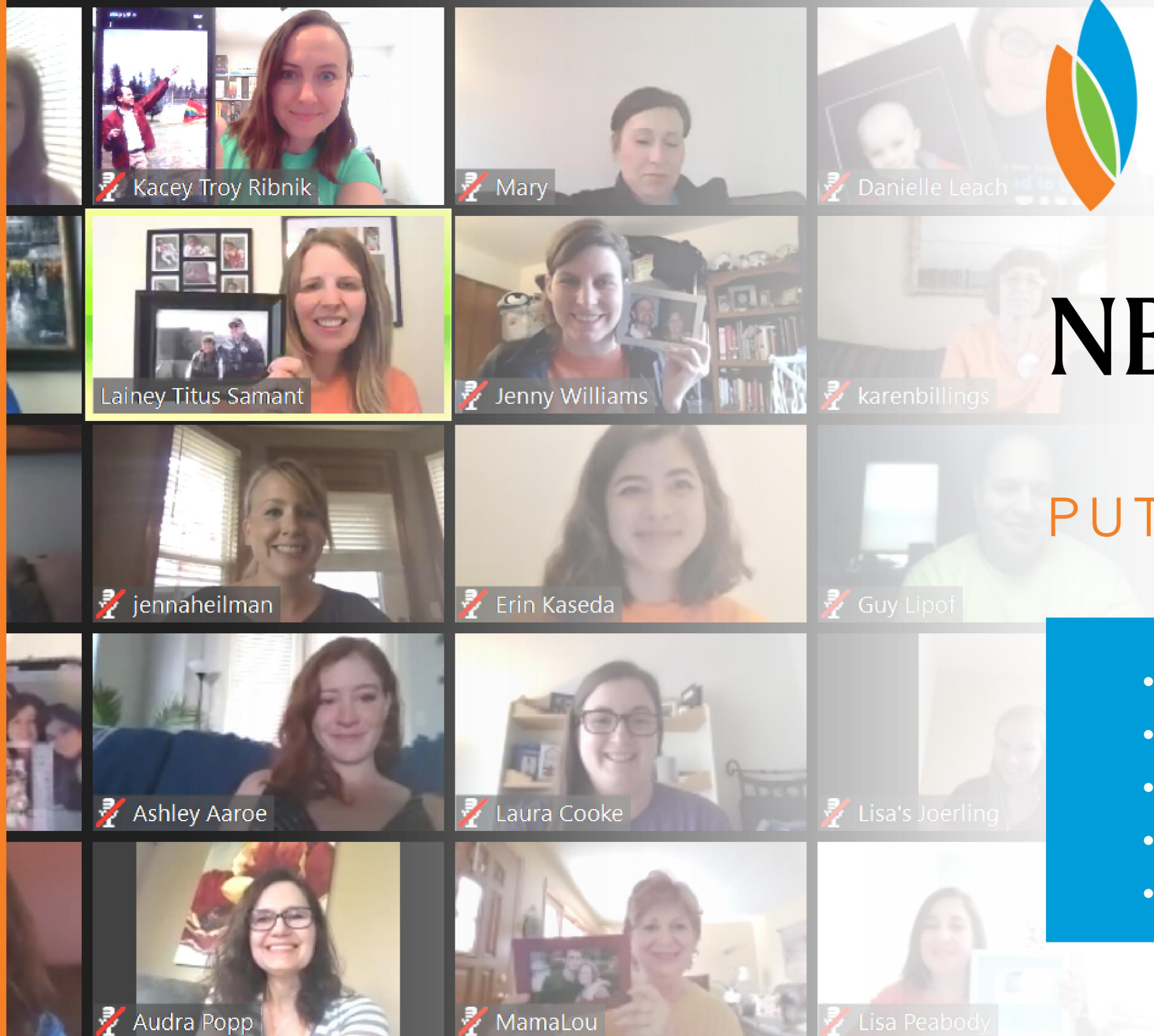
Honest, supportive discussions with brain tumor patients and care partners in a virtual support group. Join the conversation the third Sunday of each month at 7pm ET/4pm PT.



Meditation Mondays

TO REGISTER VISIT: [BIT.LY/BTMEDITATIONMONDAYS](https://bit.ly/BTMEDITATIONMONDAYS)

Providing patients, their care partners, and families an opportunity to attend free meditation classes focused on mindfulness, relaxation, and breathing. Join a virtual meditation class held on the second Monday of each month at 7pm ET/4 pm PT.



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NBTS Connections

PUTTING PATIENTS FIRST

- Personalized Support & Navigation
- Brain Tumor Support Conversations
- Patient and Caregiver Toolkit
- Hospital & Healthcare Outreach
- Innovation Series



Personalized Support and Navigation

PATIENTNAVIGATOR@BRAINTUMOR.ORG

Ensuring patients and care partners receive individualized attention, support, and information.