# Intra-Operative Carmustine Wafer (GLIADEL®) Included in National Treatment Guidelines

GUIDELINES	BCNU WAFER (GLIADEL®) RECOMMENDATIONS FOR PATIENTS WITH:		
	NEWLY DIAGNOSED (HGG/GBM) PROGRESSIVE GBM		
AANS/CNS	<b>✓</b>	<b>✓</b>	
NCCN***	<b>✓</b>	<b>~</b>	

## American Association of Neurological Surgeons/Congress of Neurological Surgeons (AANS/CNS) Joint Tumor Section

• BCNU-impregnated biodegradable polymers are recommended for both newly diagnosed and progressive GBM patients for whom craniotomy is indicated (level II recommendations).<sup>1,2,3,4</sup>

### NCCN Clinical Practice Guidelines In Oncology (NCCN Guidelines®) for Central Nervous System Cancers V.3.2020<sup>5</sup>

- Consider Carmustine (BCNU) Wafer implant in newly diagnosed anaplastic glioma<sup>a</sup> (HGGs)/glioblastoma (GBM) in patients where maximal safe resection is feasible and frozen-section diagnosis supports high-grade glioma (category 2B recommendation<sup>i</sup>)<sup>a,b</sup>
- Consider Carmustine (BCNU) Wafer implant in recurrent anaplastic glioma/glioblastoma patients during resection for local recurrence (category 2A recommendation)<sup>b</sup>

#### **INDICATIONS**

GLIADEL® Wafer is indicated in patients with newly diagnosed high-grade malignant glioma as an adjunct to surgery and radiation.

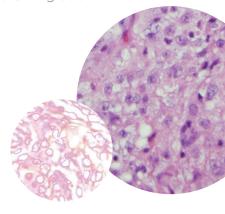
GLIADEL® Wafer is also indicated in patients with recurrent glioblastoma multiforme as an adjunct to surgery.

#### IMPORTANT SAFETY INFORMATION

The following Warnings and Precautions have been associated with the use of GLIADEL Wafer: seizures, intracranial hypertension, impaired neurosurgical wound healing, meningitis, and wafer migration. GLIADEL Wafer can cause fetal harm when administered to a pregnant woman.

Please see additional Important Safety Information on reverse, as well as the enclosed full Prescribing Information.

- \* National Comprehensive Cancer Network\* (NCCN\*)
- † NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines\*)
- <sup>a</sup> This pathway includes the classification of mixed anaplastic oligoastrocytoma (AOA), anaplastic astrocytoma (AA), anaplastic oligodendroglioma (AO), and other rare anaplastic gliomas.
- b Treatment with carmustine wafer may impact enrollment in some clinical trials.
- <sup>1</sup> Based upon lower-level evidence, there is NCCN consensus that the intervention is appropriate.
- <sup>II</sup> Based upon lower-level evidence, there is uniform NCCN consensus that the intervention is appropriate.
- Olson, J. J., & Ryken, T. (2008). Guidelines for the treatment of newly diagnosed glioblastoma: introduction. Journal of Neuro-Oncology, 89(3), 255-258. https://doi.org/10.1007/s11060-008-9595-4
- Fadul, C. E., Wen, P. Y., Kim, L., & Olson, J. J. (2008). Cytotoxic chemotherapeutic management of newly diagnosed glioblastoma multiforme. Journal of Neuro-Oncology, 89(3), 339-357. https://doi.org/10.1007/
- Olson, J. J., Ryken, T. C., & Kalkanis, S. N. (2014). Introduction, rationale, and methodology. Journal of Neuro-Oncology, 118(3), 429-434. https://doi.org/10.1007/s11060-013-1329-6
- Olson, J. J., Nayak, L., Ormond, D. R., Wen, P. Y., & Kalkanis, S. N. (2014). The role of cytotoxic chemotherapy in the management of progressive glioblastoma: A systematic review and evidence-based clinical practice guideline. Journal of Neuro-Oncology, 118(3), 501–555. https://doi.org/10.1007/s11060-013-1338-5
- 5. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines\*) for Central Nervous System Cancers V.3.2020. © National Comprehensive Cancer Network, Inc 2020. All rights reserved. Accessed 11/2/2020. To view the most recent and complete version of the guideline, go online to NCCN.org. NCCN makes no warranties of any kind whatsoever regarding their content, use or application and disclaims any responsibility for their application or use in any way.





#### **INDICATIONS**

GLIADEL® Wafer (carmustine implant) is indicated in patients with newly diagnosed high-grade malignant glioma as an adjunct to surgery and radiation.

GLIADEL Wafer is also indicated in patients with recurrent glioblastoma multiforme as an adjunct to surgery.

#### **IMPORTANT SAFETY INFORMATION**

GLIADEL Wafer (carmustine implant) can cause fetal harm when administered to a pregnant woman. It is recommended that patients receiving GLIADEL Wafer discontinue nursing. Female patients of reproductive potential should receive counseling on pregnancy planning and prevention. Advise male patients of the potential risk of infertility, and to seek counseling on fertility and family planning options prior to implantation of GLIADEL Wafer.

#### WARNINGS AND PRECAUTIONS

**Seizures**: Seizures occurred in 37% of patients treated with GLIADEL Wafers in the recurrent disease trial. New or worsening (treatment emergent) seizures occurred in 20% of patients; 54% of treatement-emergent seizures occurred within the first 5 post-operative days. The median time to onset of the first new or worsened post-operative seizure was 4 days. Institute optimal anti-seizure therapy prior to surgery. Monitor patients for seizures postoperatively.

Intracranial Hypertension: Brain edema occurred in 23% of patients treated with GLIADEL Wafers in the initial surgery trial. Additionally, one GLIADEL-treated patient experienced intracerebral mass effect unresponsive to corticosteroids which led to brain herniation. Monitor patients closely for intracranial hypertension related to brain edema, inflammation, or necrosis of the brain tissue surrounding the resection. In refractory cases, consider reoperation and removal of GLIADEL Wafers or Wafer remnants.

Impaired Neurosurgical Wound Healing: Impaired neurosurgical wound healing including wound dehiscence, delayed wound healing, and subdural, subgleal, or wound effusions occur with GLIADEL Wafer treatment. In the initial disease trial, 16% of GLIADEL Wafer-treated patients experienced impaired intracranial wound healing and 5% had cerebrospinal fluid leaks. In the recurrent disease trial, 14% of GLIADEL Wafer-treated patients experienced wound healing abnormalities. Monitor patients post-operatively for impaired neurosurgical wound healing.

**Meningitis:** Meningitis occurred in 4% of patients receiving GLIADEL Wafers in the recurrent disease trial. Two cases of meningitis were bacterial; one patient required removal of the Wafers four days after implantation; the other developed meningitis following reoperation for recurrent tumor. One case was diagnosed as chemical meningitis and resolved following steroid treatment. In one case the cause was unspecified, but meningitis resolved following antibiotic treatment. Monitor postoperatively for signs of meningitis and central nervous system infection.

Wafer Migration: GLIADEL Wafer migration can occur. To reduce the risk of obstructive hydrocephalus due to wafer migration into the ventricular system, close any communication larger than the diameter of a Wafer between the surgical resection cavity and the ventricular system prior to Wafer implantation. Monitor patients for signs of obstructive hydrocephalus.

Embryo-Fetal Toxicity: GLIADEL Wafers can cause fetal harm when administered to a pregnant woman. Advise patients of the potential risk to a fetus. Advise females of reproductive potential to use effective contraception for 6 months and males with female partners of reproductive potential to use effective contraception for 3 months following implantation. It is recommended that patients receiving GLIADEL Wafer discontinue nursing. Female patients of reproductive potential should receive counseling on pregnancy planning and prevention. Advise male patients of the potential risk of infertility, and to seek counseling on fertility and family planning options prior to implantation of GLIADEL Wafer.

#### **ADVERSE REACTIONS**

The most common adverse reactions in Newly-Diagnosed High Grade Malignant Glioma patients (incidence >10% and between arm difference ≥4%) are cerebral edema, asthenia, nausea, vomiting, constipation, wound healing abnormalities and depression.

The most common adverse reactions in Recurrent Glioblastoma Multiforme patients (incidence >10% and between arm difference ≥4%) are urinary tract infection, wound healing abnormalities and fever.

You are encouraged to report side effects of prescription drugs to Arbor Pharmaceuticals, LLC Medical Information at 1-866-516-4950 or to the FDA at www.fda.gov/medwatch or call 1-800-FDA-1088.

For additional safety information, please consult the enclosed Gliadel full Prescribing Information.



HIGHLIGHTS OF PRESCRIBING INFORMATION These highlights do not include all the information needed to use GLIADEL WAFER safely and effectively. See full prescribing information for GLIADEL WAFER.

GLIADEL® WAFER (carmustine implant), for intracranial use Initial U.S. Approval: 1996

#### -----INDICATIONS AND USAGE-----

GLIADEL Wafer is an alkylating drug indicated for the treatment of:

- newly-diagnosed high-grade glioma as an adjunct to surgery and radiation (1) and
- recurrent glioblastoma as an adjunct to surgery (1)

#### -----DOSAGE AND ADMINISTRATION-----

- Recommended dose: Eight 7.7 mg wafers (61.6 mg total dose) implanted intracranially (2.1, 2.2)
- Follow preparation and handling recommendations (2.3).

#### -----DOSAGE FORMS AND STRENGTHS-----

Each GLIADEL Wafer contains 7.7 mg of carmustine (3).

-----CONTRAINDICATIONS-----None (4)

Seizures: Monitor patients for seizures following implantation (5.1).

------WARNINGS AND PRECAUTIONS-----

Intracranial hypertension: Monitor patients for signs of increased intracranial pressure (5.2).

- Impaired neurosurgical wound healing: Monitor patients for complications of craniotomy (5.3).
- Meningitis: Monitor patients for signs of bacterial or chemical meningitis (5.4).
- Wafer migration: Monitor patients for signs of obstructive hydrocephalus (5.5).
- Embryo-fetal toxicity: Can cause fetal harm. Advise patients of the potential risk to a fetus. Advise males and females of reproductive potential to use an effective method of contraception. (5.6, 8.1, 8.3).

#### -----ADVERSE REACTIONS-----

- Newly-Diagnosed High-Grade Glioma: Most common adverse reactions (incidence >10% and between arm difference ≥4%) are cerebral edema, asthenia, nausea, vomiting, constipation, wound healing abnormalities and depression (6.1).
- Recurrent High-Grade Glioma: Most common adverse reactions (incidence >10% and between arm difference ≥4%) are urinary tract infection, wound healing abnormalities and fever (6.1).

To report SUSPECTED ADVERSE REACTIONS, contact Arbor Pharmaceuticals, LLC at 1-866-516-4950 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

-----USE IN SPECIFIC POPULATIONS-----

Lactation: Advise not to breastfeed (8.2).

See 17 for PATIENT COUNSELING INFORMATION

Revised: 12/2018

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<sup>\*</sup>Sections or subsections omitted from the full prescribing information are not listed.

#### **FULL PRESCRIBING INFORMATION**

#### 1 INDICATIONS AND USAGE

GLIADEL Wafer is indicated for the treatment of patients with:

- newly-diagnosed high-grade glioma as an adjunct to surgery and radiation, and
- recurrent glioblastoma as an adjunct to surgery.

#### 2 DOSAGE AND ADMINISTRATION

#### 2.1 Recommended Dose

The recommended dose of GLIADEL Wafer is eight 7.7 mg wafers for a total of 61.6 mg implanted intracranially. The safety and effectiveness of repeat administration have not been studied.

#### 2.2 Insertion Instructions

Following maximal tumor resection, confirmation of tumor pathology and establishment of hemostasis, place up to a maximum of eight GLIADEL Wafers to cover as much of the resection cavity as possible. Should the size and shape of the resected cavity not accommodate eight wafers, place the maximum number of wafers feasible within the cavity. Slight overlapping of the wafers is acceptable. Wafers broken in half may be used, but discard wafers broken in more than two pieces. Oxidized regenerated cellulose (Surgicel®) may be placed over the wafers to secure them against the cavity surface. After placement of the wafers, irrigate the resection cavity and close the dura in a water-tight fashion.

#### 2.3 Preparation and Safe Handling

GLIADEL Wafers contain a cytotoxic drug. Follow applicable special handling and disposal procedures.<sup>1</sup>

Each wafer is packaged within two nested aluminum foil laminate pouches. The inner pouch is sterile and is designed to maintain product sterility and protect the product from moisture. The outside surface of the outer laminated aluminum foil pouch is a peelable overwrap and is not sterile.

Deliver GLIADEL Wafers to the operating room in their outer aluminum foil pouch, unopened. Do not open the pouch until the wafers are ready to be implanted. GLIADEL Wafers in unopened outer foil pouches are stable at room temperature for six hours at a time for up to three cycles within a 30-day period.

Exposure to carmustine can cause severe burning and hyperpigmentation of the skin. Use double gloves when handling GLIADEL Wafers. Discard the outer gloves into a biohazard waste container after use. Use a dedicated surgical instrument for wafer implantation. If repeat neurosurgical intervention is indicated, handle residual wafers or wafer remnants as potential cytotoxic agents.

### Instructions for Opening Pouch Containing GLIADEL Wafer

Read all steps of the instructions prior to opening the pouch.

Instructions for opening the pouch containing GLIADEL Wafer can be viewed at the following website: <a href="http://gliadel.com/hcp/pouch-opening-instructions">http://gliadel.com/hcp/pouch-opening-instructions</a>. Illustrations are also pictured below.

Figure 1: To remove the sterile inner pouch from the outer pouch, locate the folded corner and slowly

pull in an outward motion.



**Figure 2:** Do NOT pull in a downward motion rolling knuckles over the pouch. This may exert pressure on the wafer and cause it to break.



**Figure 3:** The inner pouch is a multi-layered, silver colored, foil laminate. Remove the inner pouch by grabbing hold of the crimped edge of the inner pouch using a sterile instrument and pulling upward.



**Figure 4:** To open the inner pouch, gently hold the crimped edge and cut in an arc-like fashion around the wafer.



**Figure 5:** To remove the GLIADEL Wafer, gently grasp the wafer with the aid of forceps and place it onto a designated sterile field.



#### 3 DOSAGE FORMS AND STRENGTHS

GLIADEL Wafer is an off-white to pale yellow round wafer. Each GLIADEL Wafer contains 7.7 mg of carmustine.

#### 4 CONTRAINDICATIONS

None.

#### 5 WARNINGS AND PRECAUTIONS

#### 5.1 Seizures

Seizures occurred in 37% of patients treated with GLIADEL Wafers for recurrent glioma in Study 2. New or worsening (treatment emergent) seizures occurred in 20% of patients; 54% of treatment emergent seizures occurred within the first 5 post-operative days [see Adverse Reactions (6.1)]. The median time to onset of the first new or worsened post-operative seizure was four days. Institute optimal anti-seizure therapy prior to surgery. Monitor patients for seizures postoperatively.

#### 5.2 Intracranial Hypertension

Brain edema occurred in 23% of patients with newly diagnosed glioma treated with GLIADEL Wafers in Study 1. Additionally, one GLIADEL-treated patient experienced intracerebral mass effect unresponsive to corticosteroids which led to brain herniation [see Adverse Reactions (6.1)]. Monitor patients closely for intracranial hypertension related to brain edema, inflammation, or necrosis of the brain tissue surrounding the resection. In refractory cases, consider re-operation and removal of GLIADEL Wafers or Wafer remnants.

#### 5.3 Impaired Neurosurgical Wound Healing

Impaired neurosurgical wound healing including wound dehiscence, delayed wound healing, and subdural, subgaleal, or wound effusions occur with GLIADEL Wafer treatment. In Study 1, 16% of GLIADEL Wafer-treated patients with newly diagnosed glioma experienced impaired intracranial wound healing and 5% had cerebrospinal fluid leaks. In Study 2, 14% of GLIADEL Wafer-treated patients with recurrent high-grade glioma experienced wound healing abnormalities [see Adverse Reactions (6.1)]. Monitor patients post-operatively for impaired neurosurgical wound healing.

#### 5.4 Meningitis

Meningitis occurred in 4% of patients with recurrent glioma receiving GLIADEL Wafers in Study 2. Two cases of meningitis were bacterial; one patient required removal of the Wafers four days after implantation; the other developed meningitis following reoperation for recurrent tumor. One case was diagnosed as chemical meningitis and resolved following steroid treatment. In one case the cause was unspecified, but meningitis resolved following antibiotic treatment. Monitor postoperatively for signs of meningitis and central nervous system infection.

#### 5.5 Wafer Migration

GLIADEL Wafer migration can occur. To reduce the risk of obstructive hydrocephalus due to wafer migration into the ventricular system, close any communication larger than the diameter of a Wafer between the surgical resection cavity and the ventricular system prior to Wafer implantation. Monitor patients for signs of obstructive hydrocephalus.

#### 5.6 Embryo-Fetal Toxicity

GLIADEL Wafers can cause fetal harm when administered to a pregnant woman. Carmustine, the active component of GLIADEL Wafer, is embryotoxic and teratogenic in rats at exposures less than the exposure at the recommended human dose based on body surface area (BSA) and embryotoxic in rabbits at exposures similar to the exposure at the recommended human dose based on BSA.

Advise patients of the potential risk to a fetus. Advise females of reproductive potential to use effective contraception for 6 months after implantation of GLIADEL Wafer. Advise males with female partners of reproductive potential to use effective contraception for 3 months following implantation of GLIADEL Wafers [see Use in Specific Populations (8.1, 8.3), Nonclinical Toxicology (13.1)].

#### **6 ADVERSE REACTIONS**

The following serious adverse reactions are discussed elsewhere in the labeling:

- Seizures [see *Warnings and Precautions (5.1)*]
- Intracranial Hypertension [see Warnings and Precautions (5.2)]
- Impaired Neurosurgical Wound Healing [see Warnings and Precautions (5.3)]
- Meningitis [see *Warnings and Precautions* (5.4)]

#### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

#### Newly-Diagnosed High-Grade Glioma

The safety of GLIADEL Wafers was evaluated in a multicenter, randomized (1:1), double-blind, placebo controlled trial of 240 adult patients with newly-diagnosed high-grade glioma who received up to eight

GLIADEL Wafers or matched placebo implanted against the resection surfaces after maximal tumor resection (Study 1).

The population in Study 1 was 67% male and 97% White, and the median age was 53 years (range: 21-72). Eighty-seven percent had a Karnofsky performance status  $\geq 70$  and 71% had a Karnofsky performance status of  $\geq 80\%$ . Seventy-eight percent had a histologic subtype of glioblastoma as determined by central pathology review. Thirty-eight percent of patients received 8 wafers and 78% received  $\geq 6$  wafers. Starting three weeks after surgery, 80% of patients received standard limited field radiation therapy (RT) described as 55-60 Gy delivered in 28 to 30 fractions over six weeks; an additional 11% received no radiotherapy and the remainder received non-standard radiotherapy or a combination of standard and non-standard radiotherapy. At the time of progression, 12% received systemic chemotherapy.

Deaths occurred within 30 days of wafer implantation in 5 (4%) of patients receiving GLIADEL Wafers compared to 2 (2%) of patients receiving placebo. Deaths on the GLIADEL arm resulted from cerebral hematoma/edema (n=3), pulmonary embolism (n=1) and acute coronary event (n=1). Deaths on the placebo arm resulted from sepsis (n=1) and malignant disease (n=1).

The incidence of common adverse reactions in GLIADEL Wafer-treated patients is listed in Table 1. The incidence of local adverse reactions is shown in Table 2.

Table 1. Per-Patient Incidence of Advers		
Treated Patients with Newly-Diagnosed High-Grade Glioma (Study 1) (Between Arm Difference of ≥ 4%)		
Adverse Reaction	GLIADEL Wafer N=120	Placebo N=120
	%	%
GASTROINTESTINAL		
Nausea	22	17
Vomiting	21	16
Constipation	19	12
Abdominal pain	8	2
GENERAL AND ADMINISTRATION SITE CONDITION		
Asthenia	22	15
Chest pain	5	0
INJURY, POISONING AND PROCEDUR COMPLICATIONS	AAL	
Wound healing abnormalities*	16	12
MUSCULOSKELETAL AND CONNECT TISSUE	TVE	
Back pain	7	3
PSYCHIATRIC	-	
Depression	16	10
*Included (1) fluid, CDS, or subdural fluid coll- breakdown, or poor healing; and (4) subgaleal of at the incision)		

Table 2. Incidence of Local Adverse Reactions, Study 1*		
	GLIADEL Wafer	Placebo
Local Adverse Reactions	N=120	N=120
	%	%
Cerebral edema	23	19
Intracranial hypertension	9	2
Cerebral hemorrhage	6	4
Brain abscess	6	4
Brain cyst	2	3
*Not seen at baseline or worsened if present at baseline.		

#### Recurrent High-Grade Glioma

The safety of GLIADEL Wafers was evaluated in a multicenter, randomized (1:1), double-blind, placebo controlled trial of 222 patients with recurrent high-grade glioma who received up to eight GLIADEL Wafers or matched placebo implanted against the resection surfaces after maximal tumor resection (Study 2). Patients were required to have had prior definitive external beam radiation therapy sufficient to disqualify them from additional radiation therapy. All patients were eligible to receive chemotherapy which was withheld at least four weeks (six weeks for nitrosoureas) prior to and two weeks after surgery.

The population in Study 2 was 64% male, 92% White, and the median age was 49 years (range: 19-80). Sixty-five percent had a histologic subtype of glioblastoma, 26% had anaplastic astrocytoma or another anaplastic variant, 73% had a Karnofsky performance status  $\geq$  70, 53% had a Karnofsky performance status of  $\geq$  80%, 73% had only one prior surgery, and 46% had prior treatment with nitrosourea. Eighty-one percent of patients received 8 wafers and 96% received  $\geq$  6 wafers.

Sixty-four severe adverse reactions were reported in 43(39%) patients receiving GLIADEL Wafers. Adverse reactions in GLIADEL Wafer-treated patients are shown in Table 3. Meningitis occurred in four patients receiving GLIADEL Wafers and in no patients receiving placebo. Bacterial meningitis was confirmed in two patients: the first with onset four days following GLIADEL Wafer implantation; the second following resection for tumor recurrence 155 days following GLIADEL Wafer implantation. One case, attributed to chemical meningitis resolved following steroid treatment. The cause of the fourth case was undetermined but resolved following antibiotic treatment.

Table 3. Per-Patient Incidence of Adverse Reactions in Gliadel Wafer-Treated Patients with Recurrent High-Grade Glioma (Study 2) (Between Arm Difference of ≥ 4%)			
	GLIADEL Wafer	Placebo	
Adverse Reaction	N=110	N=112	
	%	%	
GENERAL			
Fever	12	8	
INFECTIOUS			
Urinary tract infections	21	17	
INJURY, POISONING AND PROCEDURAL			
COMPLICATIONS			
Wound healing abnormalities*	14	5	
*Included (1) fluid, CDS, or subdural fluid collection; (2) CSF leak; (3) wound dehiscence, breakdown, or poor healing; and (4) subgaleal or wound effusions (including yellow discharge at the incision)			

The incidence of seizures is shown in Table 4. The incidence of hydrocephalus, cerebral edema and intracranial hypertension is shown in Table 5.

Table 4. Incidence of Seizures, Study 2			
	GLIADEL Wafer	Placebo	
Adverse Reaction	N=110	N=112	
Patients with seizures (%)			
Any seizures after wafer implantation	37	29	
New or worsening seizures	20	20	
Time to new or worsening seizures (days)*			
Mean (SD)	26.09 (0.75)	62.36 (48.66)	
Median	3.5	61.0	
*Days from implantation to onset of first new or worsening	g seizure.		

Table 5. Hydrocephalus and Cerebral Edema, Study 2*		
	GLIADEL Wafer	Placebo
Adverse Reaction	N=110	N=112
	%	%
Hydrocephalus	5	2
Cerebral edema	4	1
*Not seen at baseline or worsened if present at baseline.		

#### 8 USE IN SPECIFIC POPULATIONS

#### 8.1 Pregnancy

#### Risk Summary

GLIADEL Wafer can cause fetal harm when administered to a pregnant woman. There are no available data on GLIADEL use in pregnant women. There have been no animal reproductive studies with GLIADEL Wafer; however, carmustine, the active component of GLIADEL Wafer, is embryotoxic and teratogenic in rats at exposures less than the exposure at the recommended human dose based on body surface area (BSA) and embryotoxic in rabbits at exposures similar to exposures at the recommended human dose based on BSA (see Data). Advise pregnant women of the potential risk to a fetus.

In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2% to 4% and 15% to 20%, respectively.

#### Data

#### Animal Data

There are no studies assessing the reproductive toxicity of GLIADEL Wafer; however, carmustine, the active component of GLIADEL Wafer, is embryotoxic and teratogenic in rats at intraperitoneal doses of 0.5 mg/kg/day or greater when given on gestation days 6 through 15. Carmustine caused fetal malformations (anophthalmia, micrognathia, omphalocele) at 1 mg/kg/day (about 0.12 times the recommended human dose, eight wafers of 7.7 mg carmustine/wafer, based on BSA). Carmustine was embryotoxic in rabbits at intravenous doses of 4 mg/kg/day (about 1.2 times the recommended human dose based on BSA). Embryotoxicity was characterized by increased embryo-fetal deaths, reduced numbers of litters, and reduced litter sizes.

#### 8.2 Lactation

#### **Risk Summary**

No data are available regarding the presence of carmustine, the active component of GLIADEL Wafer, or its metabolites in human milk or its effects on the breastfed child or on milk production. Because of the potential for serious adverse reactions in breastfed children from GLIADEL Wafers, advise women not to breastfeed following implantation with GLIADEL Wafers and for at least 7 days after implantation.

#### **8.3** Females and Males of Reproductive Potential

#### **Pregnancy Testing**

Verify pregnancy status of females of reproductive potential prior to implantation with GLIADEL Wafer [see Use in Specific Populations (8.1)].

#### Contraception

GLIADEL Wafer can cause fetal harm when administered to a pregnant woman [see Use in Specific Populations (8.1)].

#### **Females**

Advise females of reproductive potential to use effective contraception for 6 months after implantation of GLIADEL Wafer.

#### Males

Based on its mechanism of action, advise males with female partners of reproductive potential to use effective contraception for 3 months following implantation of GLIADEL Wafer [see Clinical Pharmacology (12.1), Nonclinical Toxicology (13.1)]

#### Infertility

#### Males

Carmustine caused testicular degeneration in animals. Advise male patients of the potential risk of infertility [see Nonclinical Toxicology (13.1)].

#### 8.4 Pediatric Use

The safety and effectiveness of GLIADEL Wafer in pediatric patients have not been established.

#### 8.5 Geriatric Use

Clinical trials of GLIADEL Wafer did not include sufficient numbers of patients aged 65 years and over to determine whether they respond differently from younger patients.

#### 11 DESCRIPTION

GLIADEL Wafer is an implant for intracranial use, containing carmustine, a nitrosourea alkylating agent, and polifeprosan, a biodegradable copolymer used to control the release of carmustine. It is a sterile, off-white to pale yellow wafer approximately 1.45 cm in diameter and 1 mm thick. Each wafer contains 7.7 mg of carmustine [1, 3-bis (2-chloroethyl)-1-nitrosourea, or BCNU] and 192.3 mg of a biodegradable polyanhydride copolymer. The copolymer, polifeprosan 20, consists of poly [bis (p-carboxyphenoxy)] propane and sebacic acid in a 20:80 molar ratio. Carmustine is homogeneously distributed in the copolymer matrix.

The structural formula for polifeprosan 20 is:

Ratio m:n = 20:80; random copolymer

The structural formula for carmustine is:

$$\begin{array}{c} \mathsf{CI} & \overset{\mathsf{O}}{\parallel} \\ \mathsf{CI} & \mathsf{CH_2} & -\mathsf{CH_2} & -\mathsf{NCNHCH_2} & -\mathsf{CH_2} & -\mathsf{CI} \\ \mid & \mathsf{NO} \end{array}$$

#### 12 CLINICAL PHARMACOLOGY

#### 12.1 Mechanism of Action

The activity of GLIADEL Wafer is due to release of cytotoxic concentrations of carmustine, a DNA and RNA alkylating agent, into the tumor resection cavity. On exposure to the aqueous environment of the resection cavity, the anhydride bonds in the copolymer are hydrolyzed, releasing carmustine, carboxyphenoxypropane, and sebacic acid into the surrounding brain tissue.

#### 12.3 Pharmacokinetics

Carmustine concentrations delivered by GLIADEL Wafer in human brain tissue have not been determined. Following wafer insertion, the mean whole blood  $C_{max}$  ( $\pm$  SD) is 10.2 ng/mL  $\pm$  4.8 ng/mL.

#### **Absorption**

Systemic absorption of carmustine is measurable for approximately 24 hours after wafer insertion. Carmustine  $C_{max}$  was reached approximately 3 hours after wafer insertion.

#### **Elimination**

Metabolism

Carmustine degrades both spontaneously and metabolically.

#### 12.6 Wafer Biodegradation

GLIADEL Wafers are biodegradable when implanted into the human brain. Wafer remnants were visible on CT scans obtained 49 days after implantation of GLIADEL Wafer. More than 70% of the copolymer degrades within three weeks. Wafer remnants have been present at re-operation and autopsy up to 7.8 months after GLIADEL Wafer implantation and consisted mostly of water and monomeric components with minimal detectable carmustine present.

#### 13 NONCLINICAL TOXICOLOGY

#### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

No carcinogenicity, mutagenicity, or impairment of fertility studies have been conducted with

GLIADEL Wafer. Carcinogenicity, mutagenicity, and impairment of fertility studies have been conducted with carmustine, the active component of GLIADEL Wafer. Carmustine was carcinogenic in rats and mice when delivered by intraperitoneal injection at doses lower than those delivered by GLIADEL Wafer at the recommended dose. There were increases in tumor incidence in all treated animals. Carmustine was mutagenic in vitro (Ames assay, human lymphoblast HGPRT assay) and clastogenic both in vitro (V79 hamster cell micronucleus assay) and in vivo (SCE assay in rodent brain tumors, mouse bone marrow micronucleus assay).

In male rats carmustine caused testicular degeneration at intraperitoneal doses of 8 mg/kg/week for eight weeks (about 1.3 times the recommended human dose based on body surface area).

#### 14 CLINICAL STUDIES

#### 14.1 Newly-Diagnosed High-Grade Glioma

Study 1 was a multicenter, double-blind, placebo-controlled, clinical trial in adult patients with newly-diagnosed high-grade glioma. A total of 240 patients were randomized (1:1) to receive up to eight GLIADEL Wafers or matched placebo wafers following maximal tumor resection. Patients received post-operative radiation therapy (55-60 Gy delivered in 28 to 30 fractions over six weeks) starting three weeks after surgery. Patients with anaplastic oligodendroglioma also received systemic chemotherapy (6 cycles of PCV- lomustine 110 mg/m² day 1, procarbazine 60 mg/m² days 8-21, vincristine 1.4 mg/m² days 8 and 29).

The population in Study 1 was 67% male and 97% White, and the median age was 53 years (range: 21-72). Eighty-seven percent had a Karnofsky performance status  $\geq$  70% and 71% had a Karnofsky performance status of  $\geq$  80%. Seventy-eight percent had a histologic subtype of glioblastoma as determined by central pathology review. Thirty-eight percent of patients received 8 wafers and 78% received  $\geq$  6 wafers. Starting three weeks after surgery, 80% of patients received standard limited field radiation therapy (RT) described as 55-60 Gy delivered in 28 to 30 fractions over six weeks; 11% received no radiotherapy and the remainder received non-standard radiotherapy or a combination of standard and non-standard radiotherapy. At the time of progression, 12% received systemic chemotherapy. Patients were followed for at least three years or until death.

Efficacy results for patients randomized in Study 1 are summarized in Table 6 and Figure 6. Overall survival among all patients with newly diagnosed high-grade glioma, the primary outcome measure, was prolonged in the GLIADEL arm. Overall survival in the subset of patients with glioblastoma, a secondary outcome measure, was not significantly prolonged.

Table 6. Overall Survival in Patients with Newly-Diagnosed High-Grade Glioma, Study 1.

Overall Survival – ITT*	Gliadel Wafer (n=120)	Placebo Wafer (n=120)
Number of deaths, n (%)	111 (93%)	117(98%)
Median overall survival, months (95% CI)	13.9 (12.1, 15.1)	11.6 (10.2, 12.7)
Hazard ratio (95% CI)	0.73 (0.56, 0.95)	
Log-Rank test p-value	<0.02**	

<sup>\*</sup>Based on a post-final analysis, protocol specified non-stratified log-rank test.

<sup>\*\*</sup>p-value not adjusted for multiple comparisons

GLIADEL Wafer ---- Placebo Survival % Log-Rank p<0.05 Months from Implant Surgery

Figure 6: Kaplan-Meier Curves of Overall Survival in Patients with Newly Diagnosed High-Grade Glioma, Study 1.\*

\*Based on a post-final analysis, protocol specified non-stratified log-rank test; p-value not adjusted for multiple comparisons

#### 14.2 Recurrent Glioblastoma

Study 2 was a multicenter, double-blind, placebo controlled, clinical trial in adult patients with recurrent high-grade glioma. Patients were required to have had prior definitive external beam radiation therapy sufficient to disqualify them from additional radiation therapy. Following maximal tumor resection and confirmation of high-grade glioma, a total of 222 patients were randomized (1:1) to receive a maximum of eight GLIADEL Wafers (n=110) or matched placebo wafers (n=112) positioned to cover the entire resection surface. All patients were eligible to receive chemotherapy which was withheld at least four weeks (six weeks for nitrosoureas) prior to and two weeks after surgery. Patients were followed for up to 71 months.

The population in Study 2 was 64% male and 92% White, and the median age was 49 years (range: 19-80). Sixty-five percent had a histologic subtype of glioblastoma, 26% had anaplastic astrocytoma or another anaplastic variant, 73% had a Karnofsky performance status  $\geq$  70, 53% had a Karnofsky performance status of  $\geq$  80%, 73% had only one prior surgery, and 46% had prior treatment with nitrosourea. Eighty-one percent of patients received 8 wafers and 96% received  $\geq$  6 wafers.

Survival and 6-month mortality rate in the subgroup of patients with recurrent glioblastoma, were exploratory outcome measures and are summarized in Table 7 and Figures 7 and 8. No survival prolongation was observed in patients with pathologic diagnoses other than glioblastoma.

Table 7. Main Efficacy Outcome Measures in Patients with Recurrent Glioblastoma, Study 2.

Table 7. Main Efficacy Outcome Measures in Patients with Recurrent Ghobiastoma, Study 2.		
	<b>GLIADEL Wafer</b>	Placebo Wafer
GLIOBLASTOMA	n=72	n=73
6-Month Survival		
Number of deaths, n (%)	32	47
6-month survival rate (%)	56%	36%
Log-Rank test p-value Gehan's generalized Wilcoxon Test p-value	0.013** 0.015**	
Overall Survival Number of deaths, n (%) Median overall survival (95% CI (months)	71 (99%) 6.51 (5.32, 7.49)	72 (99%) 4.63 (3.78, 5.52)
Log-Rank test p-value Gehan's generalized Wilcoxon Test p-value	0.181** 0.021**	

<sup>\*\*</sup>p-value not adjusted for multiple comparisons

Figure 7: Kaplan-Meier Curves of 6-Month Survival for Patients with Recurrent Glioblastoma, Study 2.

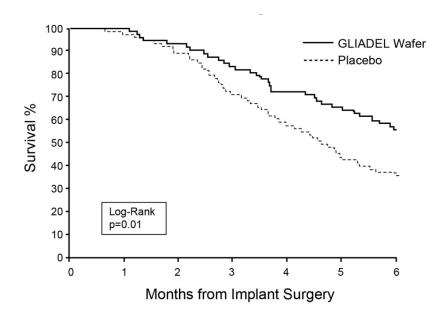


Figure 8: Kaplan-Meier Curves of Overall Survival for Patients with Recurrent Glioblastoma, Study 2.

#### 15 REFERENCES

1. "OSHA Hazardous Drugs". OSHA. http://www.osha.gov/SLTC/hazardousdrugs/index.html

#### 16 HOW SUPPLIED/STORAGE AND HANDLING

GLIADEL Wafer is supplied in a single dose treatment box containing eight individually pouched wafers. Each wafer contains 7.7 mg of carmustine and is packaged in two aluminum foil laminate pouches. The inner pouch is sterile and is designed to maintain product sterility and protect the product from moisture. The outer pouch is a peelable overwrap. The outside surface of the outer pouch is not sterile.

NDC for single dose treatment box: 24338-050-08

Store GLIADEL Wafer at or below -20°C (-4°F).

Do not keep unopened foil pouches at ambient room temperature for more than six hours at a time for up to three cycles within a 30-day period.

GLIADEL Wafer is a cytotoxic drug and special handling and disposal procedures should be considered.<sup>1</sup>

#### 17 PATIENT COUNSELING INFORMATION

#### Seizures

Advise patients to report any new or change in their seizure activity [see Warnings and Precautions (5.1)].

#### **Intracranial Hypertension**

Advise patients to report severe headaches, nausea, vomiting or new onset visual disturbances [see Warnings and Precautions (5.2)].

#### Impaired Neurosurgical Wound Healing

Advise patients to report any evidence of wound dehiscence, fever or cerebrospinal fluid leak [see Warnings and Precautions (5.3)].

#### **Meningitis**

Advise patients to report symptoms of meningitis such as fever or stiff neck [see Warnings and Precautions (5.4)].

#### **Embryo-Fetal Toxicity**

Advise patients of the potential risk to a fetus. Advise women to inform their healthcare provider of a known or suspected pregnancy [see Warnings and Precautions (5.6), Use in Specific Populations (8.1)].

Advise females of reproductive potential to use effective contraception for at least 6 months after implantation of GLIADEL Wafer [see Use in Specific Populations (8.3)].

Advise males with female partners of reproductive potential to use effective contraception for 3 months following implantation of GLIADEL Wafer [see Use in Specific Populations (8.3), Nonclinical Toxicology (13.1)].

#### Lactation

Advise women not to breastfeed following implantation with GLIADEL Wafers and for at least 7 days after implantation [see Use in Specific Populations (8.2)].

#### Infertility

Advise males of reproductive potential that GLIADEL Wafer may impair fertility [see Use in Specific Populations (8.3), Nonclinical Toxicology (13.1)].

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Distributed by Arbor Pharmaceuticals, LLC Atlanta, GA 30328

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