



ONLINE PERSONALIZED HEALTH AND
WELLNESS CLASSES AND SOCIAL
MOTIVATION FOR EVERYBODY

WHOLE MIND, WHOLE BODY, WHOLE LIFE

ABOUT BURNALONG

Support Employees with Instant Access to
Physical & Emotional "Coping with COVID"
Online Video Classes and Programming - Plus
Virtual Programming For Children & Families.



With BurnAlong, give your
employees the online health and
wellness programming they need and the
social motivation of friends, family, and
co-workers to do it.

45+ CATEGORIES!

Spanning Physical, Mental,
and Financial Wellness



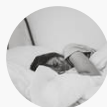
CARDIO



MINDFULNESS



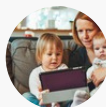
NUTRITION



SLEEP



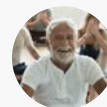
YOUTH



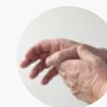
PARENTING



FIT OVER 50



SENIORS



ARTHRITIS



DIABETES



PRENATAL



MENTAL HEALTH

THE BURNALONG SOLUTION

1

CHOICE AND DIVERSITY

Thousands of live and on-demand classes
and wellness programs, mirroring the
diversity of your workforce.

2

SOCIAL CONNECTION

Real live motivation from friends, family,
and co-workers you invite to join in live
private group classes.

3

PERSONALIZATION

Machine learning for guidance. Access
anytime, anywhere - via phones, tablets,
computers, and smart TVs.



www.BurnAlong.com | (855) 494-6377 | info@BurnAlong.com

PIONEERING A NEW APPROACH TO WELLNESS

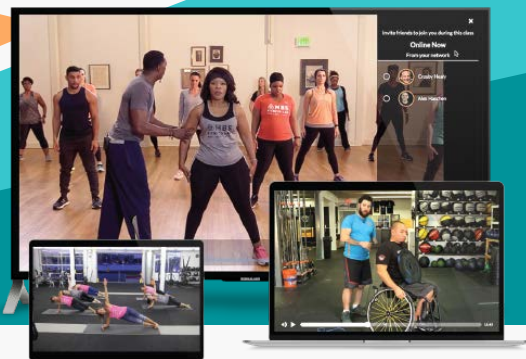
(THAT ACTUALLY STICKS)

Inc.

BurnAlong works directly with companies and also partners with leading brokers, insurers, and wellness portals - and data can flow directly to and from other platforms.

5X
AVERAGE ENGAGEMENT

EMPLOYERS OF ALL SIZES
ARE SEEING 5X ENGAGEMENT
ON BURNALONG



ADDITIONAL FEATURES

- ▶ Sub-Accounts for up to 4 Family Members
- ▶ Customizable Goals and Challenges
- ▶ Wellness Champion Mobilization
- ▶ Reporting and Actionable Insights
- ▶ Measure & Record Health Metrics
- ▶ Trackable Wellness Habits
- ▶ Join BurnAlong Communities
- ▶ ...and much more!

DEEPER DIVE: KEYS TO SUCCESS

1

39% ENGAGEMENT BOOST

39% Engagement Boost for Employees
Involve Family Members

2

SPECIALTY AND EMOTIONAL SUPPORT

27% of Classes Taken are Specialty and
Emotional Support

3

68% MORE ENGAGED

68% More Engaged For People Who Self
Describe as 'Struggling' with Their Health

“With BurnAlong we're boosting participation for all ages and levels. And we're seeing the results in the great engagement numbers, feedback, and sweaty smiles!”



LILI ROJAS, WELLNESS PROGRAM MANAGER
MONTGOMERY COUNTY GOVERNMENT

