



LEADERS IN NEUROREHABILITATION SINCE 1986

> BLUEBONNET MEDICAL REHABILITATION HOSPITAL

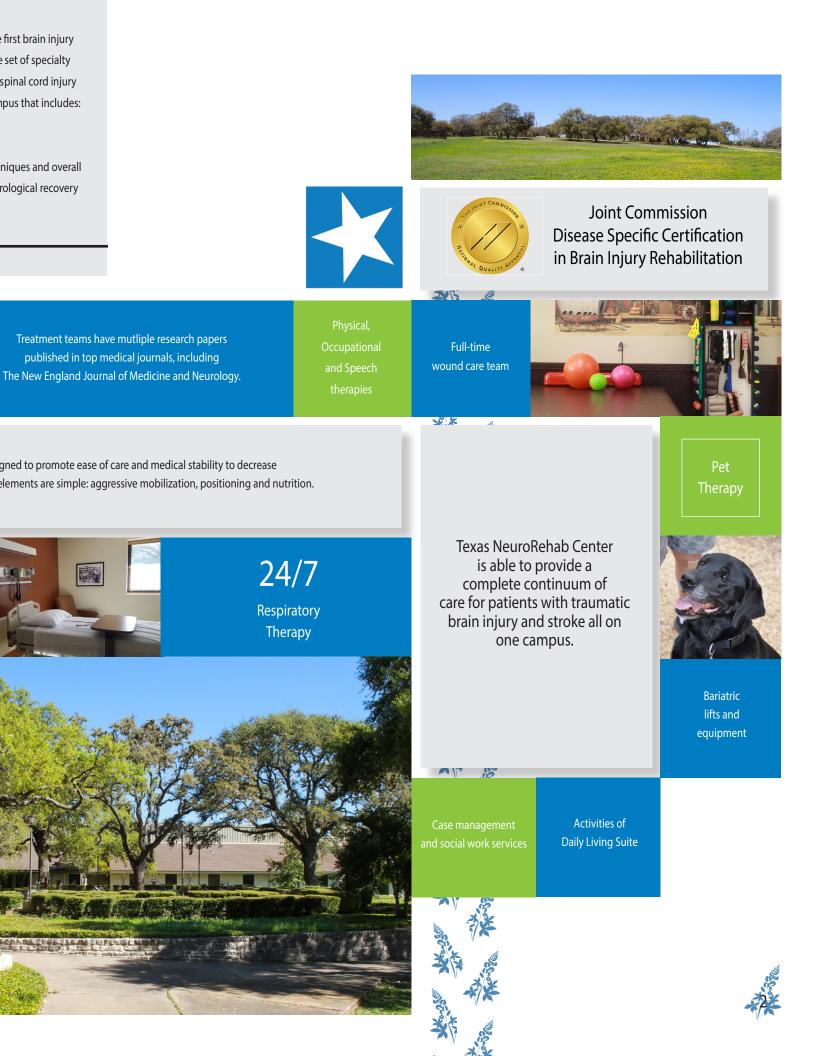
Specialized care for complex neurological and medical disorders, and catastrophic brain and spinal injury.

> 512-444-4835 or 1-800-252-5151 www.texasneurorehab.com 1106 West Dittmar Road Austin, Texas 78745

BLUEBONNET MEDICAL REHAB HOSPITAL AT TEXAS NEUROREHAB CENTER Bluebonnet Medical Rehabilitation Hospital (BMRH) located on the Texas NeuroRehab Center (TNC) Campus, opened in 1985 as the rehab program in Central Texas. Built to address the needs of the community through hands-on rehab approaches, a comprehensive physicians, full-time therapy departments and state of the art equipment TNC quickly became the number one choice for brain and rehabilitation. TNC is exclusive in offering a complete continuum of care for traumatic brain injury and stroke patients all on one care acute inpatient rehabilitation, post-acute inpatient and outpatient programs.

From initial evaluations to discharge planning, structured monitoring of patient progress allows for flexibility in both treatment tech treatment plan. Daily schedules are individualized for the patient and their rehabilitation needs. The treatment team focuses on neu and functional abilities to help patients return home and back to their lives.





# MEDICAL AND CLINICAL LEADERSHIP



JAMES BOYSEN, MD Joined team in 1986 **Executive Medical Director** Pulmonologist



AMY ARRANT, MD Joined team in 2015 Internal Medicine



ED PRETTYMAN, PsyD Joined team in 1990 Chief Executive Officer

Rehabilitative success hinges on the devoted physicians and staff, many of whom have made working with the brain injury population a lifelong pursuit. The interdisciplinary team that works with the patient has extensive experience in medical and neurological health management, as well as backgrounds in leading medical institutions and years of clinical practice.

Superior care is given with one of the largest therapy departments in the Austin area, through customized, one-on-one therapies, 24/7 nursing and physician availability. Dr. Boysen, Executive Medical Director, leads the medical team and oversees the patient's treatment plan.

Texas NeuroRehab Center has the longest and most established disorders of consciousness, coma, vegetative and minimally conscious state treatment programs in Texas, accepting Rancho levels II and above.



DAVID MORLEDGE, MD Joined team in December 1998 Neurology, Brain Injury

JOSE URQUIDEZ, MD

Joined team in 2017

**Physical Medicine &** 

Rehabilitation

KIMBERLY

GOODMAN, MSN, RN

Joined team in 2019

**Director of Nursing** 



NORMAN WHISENANT, DO Joined team in 1999 Physical Medicine & Rehabilitation Certified Wound Care Specialist



MARGARET STUART, DPT Joined team in 2011 **Director of Clinical Services** 



DANIEL GARRISON, PhD Joined team in 2019 Director of Neuropsychology



GREGORY TEMPEST, MD Joined team in 2010 Neurology, Sleep Medicine



CRAIG FRANKE, MD Joined team in 2011 General Adult Psychiatry & Addiction Psychiatry

# \* Social cor

- boards \* Intensive
- Deep Pha

\* Self-

Occup

- toilet
- hous shop

## Other The

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  - \* Chaplai
  - \* Cognitiv
  - \* Recreat
  - \* Tableto
  - \* Guest m
  - \* Caregiv

## Speech The

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- \* Cognitive
- memory, o sequencin
- Receptive
- Commun gestures, s

The physical, occupational and speech-language treatment teams create customized plans for each patient based on their needs and goals. A variety of interventions and technologies may be utilized to promote independence, safety and improved quality of life.

## REHABILITATION THERAPIES

ational Therapy

- pational therapy assessment
- care activities such as eating, grooming, ing, dressing
- umental activities including cooking, e keeping, laundry, budgeting or
- bing
- ss to Activities of Daily Living Suite omuscular re-education

rapeutic Interventions

- therapy
- n
- e retraining
- onal therapy
- o gardening
- nusicians
- er support groups

#### rapy

- ative communication assessment therapy including attention,
- organization, problem solving,
- g and executive functioning
- and expressive language therapy nmunication
- cation skills improvement through igns, yes/no cards and picture
- swallow and safe eating therapy ryngeal Neuro Stimulation

"I walked out of there able to independently shower, dress, eat and perform other activities of daily living. I never thought I would be able to master those tasks again and staff ensured that I would." - Jacki



Advanced Technology Rehab Devices

\* Infrared goggles (vestibular assessment)

**Electrical Stimulation Systems** 

\* Neuromuscular Electrical

Stimulation (NMES)

\* Bioness L300

\* Saebo Dynamic

\* Lite Gait\* VitalStim

"Dr. Boysen and his staff went above and beyond to ensure the best for my dad." - Sheila

Additional therapists available

#### Physical Therapy

- \* Mobility assessmen
- \* Strength and range of motion
- \* Adaptive and specialized equipment
- \* Neuromuscular re-education
- \* Vestibular training
- \* Gait, balance and posture training
- \* Serial casting or splintin
- \* Mobility safety training
- \* NDT trained therapists
- \* CBIS (Certified Brain Injury Specialists)
- \* CSRS (Certified Stroke Rehab Specialists





# ADMISSIONS CRITERIA

Referrals to the inpatient program at BMRH may be made by a physician, hospital case manager, social worker or patient family member. One of our designated clinical liaisons will work with the referring facilty and family to answer any questions and ensure an easy transition.

Goals For Admission:

- \* Build hope In the future
- \* Restore life in and out of the home
- \* Increase independence and functioning

## TEXAS NEUROREHAB CENTER'S MEDICAL TEAMS ARE EXPERTS IN THE FOLLOWING:

- \* Traumatic or non-traumatic brain injury
- \* Spinal Cord Injury
- \* Stroke
- \* Anoxic brain injury
- \* Brain tumor
- \* Mulitple sclerosis
- \* Complex wound care
- \* Complex medical care including dialysis
- \* Parkinsons
- \* Respiratory failure
- \* Pulmonary disease
  - \* Ventilator dependence
  - \* Tracheotomy dependence
- \* Diabetes
- \* Amputations
- \* Orthopedic or severe physical disabilities
- \* Other neurological or debilitating diagnoses

"I have been an RN for over three decades. The care received was exceptional and provided to me by exceptional people. The staff were delightful." - Jacki



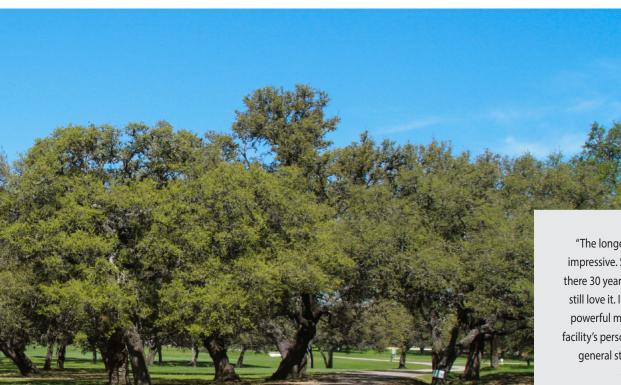




Bluebonnet Medical Rehabilitation Hospital staff educates individuals and families on the facts about impaired consciousness after a brain injury, spinal cord injury or medical condition. Education is critical for setting attainable treatment goals and understanding the level of care a patient may need post discharge. Family involvement is an integral part of rehabilitation and discharge plans.

- \* Caregiver support groups for families and patients offered weekly
- \* Case managers, social work, psychology and psychiatry play an active role in working with families
- \* Grief and spiritual counseling by onsite Chaplain, and crisis intervention available to assist with emotional concerns
- \* Caregiver training and support from physical, occuapational and speech therapists
- \* Family education and resources available
- \* Addiction counseling available
- \* Family members encouraged to attend and participate in therapy sessions
- \* Family visitation and involvement is encouraged

FAMILY INVOLVEMENT AND DISCHARGE PLANNING



"The longevity of staff was impressive. Several have been there 30 years or more and they still love it. I think this sends a powerful message about the facility's personnel practices and general staff satisfaction." - Jacki



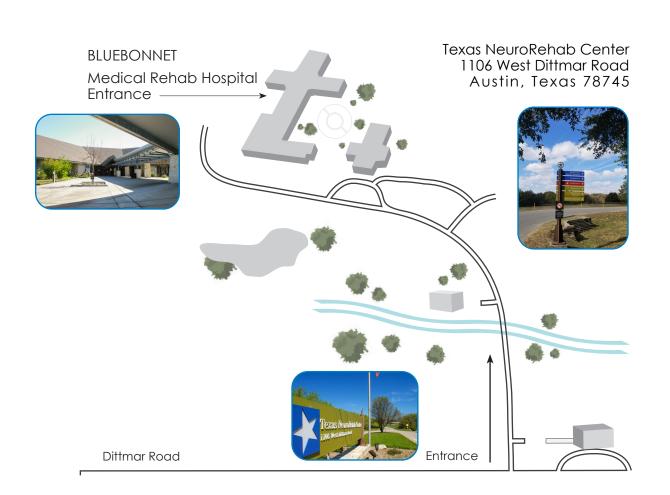
"My family was always encouraged to ask questions and even attend my therapy sessions, which allowed them to participate in my recovery." - Geraldine





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Joint Commission Accredited Joint Commission Disease Specific Certification in Brain Injury Rehabilitation LTAC (Long-Term Acute Care) Medicare Designation Texas Department of State Health Services, Special Hospital License



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