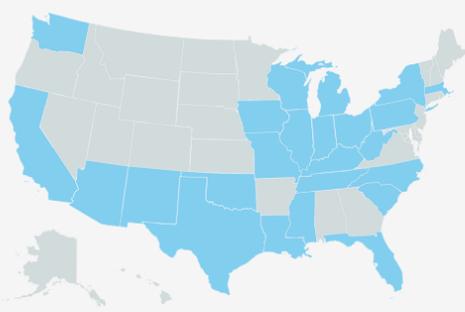


# 2019 YEAR IN REVIEW

*Translating Evidence in Practice*

## 950K CHILDREN IMPACTED

Through our quality improvement work, we have reached an estimated 950,000 pediatric patients.



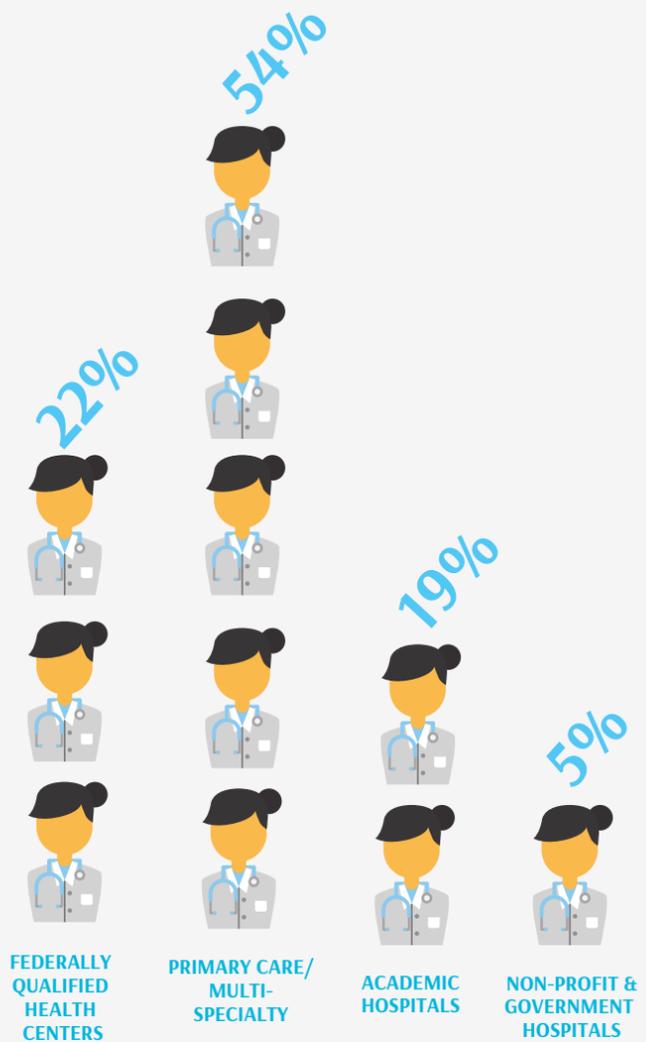
**20 STATES**



**624 PROVIDERS**



**75 PRACTICES**



## IMPROVING PRACTICE CARE

The Institute continues to support primary care providers through our innovative virtual quality improvement collaboratives focused on obesity assessment, prevention, treatment and clinic-community linkages. Through this work, primary care practices have demonstrated sustainable and meaningful changes in their quality of care in the measures below:

### GROWTH ASSESSMENTS



- Weight-for-length for children two years of age
- BMI for children ages two and older

### BEHAVIOR & COUNSELING ASSESSMENTS



- Healthy, active living behaviors
- Parenting and home strategies to support healthy lifestyles
- Counseling based on behaviors assessments

### ASSESSMENTS FOR TAILORING CARE



- Parental concerns and tailoring care accordingly
- Obesity-related review of systems and physical exam
- Obesity-related family history
- Patient-readiness and patient follow-up

### COMMUNITY CONNECTIONS



- Assessing of social determinants of health
- Fostering community-clinic linkages to support weight management

# 2019 YEAR IN REVIEW

*Reaching Children and Pediatricians*

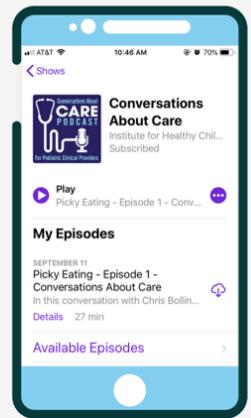
## DISSEMINATING EVIDENCE



The Institute continues to leverage a variety of channels and innovative strategies to reach providers with educational resources, peer-to-peer learning through quality improvement opportunities and expert advice to support effective care delivery.

### CONVERSATIONS ABOUT CARE PODCAST

In this new podcast series, produced in partnership with Bright Futures National Center, Dr. Sandy Hassink speaks with fellow pediatricians about practical strategies and resources to support obesity prevention and treatment. The first two episodes alone received over 600 listens!



### NATIONAL WEBINAR SERIES



The Institute's webinar series, featuring expert faculty and partners serves as a vehicle to connect providers with the latest research, with implications for improving patient care. Topics have included patient retention for weight management programs and food insecurity.

### NATIONAL CONFERENCES & ACADEMIC PRESENTATIONS

The Institute was able to reach a variety of audiences through academic conferences via presentations, forums, and exhibiting.



### 500 ATTENDEES

There were over 500 attendees at the **Annual Innovations in Obesity Prevention, Assessment, and Treatment Forum** at the AAP National Conference & Exhibition.



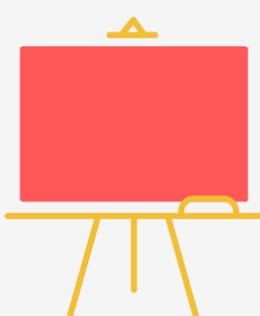
### 2 ACADEMIC ARTICLES

The Institute published two academic articles with authorship in the **Journal of Pediatrics** and the **Journal of Nutrition Education and Behavior**. The Institute's work was also highlighted in *The American Journal of Clinical Nutrition*.



### 5 ORAL PRESENTATIONS

The Institute presented five oral presentations at various national conferences and meeting, including **Pediatric Academic Societies Conference**, **American Academy of Pediatrics National Conference & Exhibition**, and the **National YMCA Partnership Meeting**



### 3 POSTER PRESENTATIONS

The Institute presented the following poster presentations:

- **TEAM UP: A Family Centered Approach to Childhood Obesity Treatment**
- **Interim Pilot Results to Improve Coordination of Clinics & Community Programs**
- **Evaluation of the Healthy Weight and Your Child Collaborative**

# 2019 YEAR IN REVIEW

## ENHANCING PROVIDER EDUCATION

### VISITING PROFESSORSHIP PROGRAM

The Institute developed the Early Feeding Visiting Professorship Program (VPP) to support early nutrition education for providers. Awardees will host national experts as Visiting Professors to provide enhanced educational opportunities on the topics of early and desired feeding practices. This is another opportunity to further highlight the tools and resources available to providers through the Institute.



### ALL-VIRTUAL QUALITY IMPROVEMENT LEARNING COLLABORATIVES

Through our virtual learning collaboratives, we have addressed obesity assessment, early prevention and treatment in the context of primary care and via evidence-based community programs. Through this work, the Institute has awarded more than **6,000** MOC and CME credits and helped practices create important improvements in care delivery.



## ADVANCING TREATMENT RESEARCH

### PCORI & CDC FUNDED INITIATIVES

The Institute partnered on three research and dissemination grants, focused on accessing effective evidence-based obesity treatment strategies in primary care. This work will continue to inform and expand the evidence-base for pediatric obesity treatment.



## SOCIAL IMPACT

### ONLINE & SOCIAL MEDIA PRESENCE

The Institute boosted its Twitter presence to 162,500 impressions in 2019 and more than 46,000 website views.

## ACKNOWLEDGEMENTS

The Institute's accomplishments over the last year, would not have been possible without the generous support from our partners. Having the ability to align our vision and mission with those of other national stakeholders has allowed us to expand our impact across various providers, practices, and networks. Thank you to our Founding Sponsor:



American Academy of Pediatrics  
Institute for Healthy  
Childhood Weight  
WHERE LIFELONG RESULTS BEGIN

### LEADERSHIP

Sandra Hassink, MD, FAAP, Medical Director  
Ihuoma Eneli, MD, MS, FAAP, Associate Director  
Victoria Rogers, MD, FAAP, Associate Director

### STAFF

Jeanne Lindros, MPH, Director  
Jan Liebhart, MS, Evaluation Manager  
Jeremiah Salmon, MPH, Clinical Initiatives Manager  
Nataliya Shytm, MPH, Institute Specialist  
Mala Thapar, MPH, Manager, Obesity Initiatives  
Stephanie Womack, MA, Program Manager

345 Park Boulevard | Itasca, IL 60143 | Main: (630) 626-6000



[aap.org/healthyweight](http://aap.org/healthyweight)



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