



OPENED SEPTEMBER 2019

BUENA VISTA

HEALTH AND RECOVERY CENTERS

AT CHANDLER

Break free from addiction.
Begin your journey to a new life.



Buena Vista's new recovery facility in Chandler, Arizona is a 70-bed, 50,000-square-foot campus with the latest healthcare and building technology, led by board-certified physicians and highly qualified nursing staff.



An Evidence-Based Program with Proven Results

Our facility offers a comprehensive, evidence-based recovery program for substance use disorder.

- Medically Monitored Detox
- Inpatient Residential Treatment
- Partial Hospitalization Program (PHP)
- Intensive Outpatient Program (IOP)
- Therapy (including cognitive behavioral therapy)
- Outpatient (OP)
- Medication Assisted Treatment (MAT)
- Telemedicine

At Buena Vista, we know that addiction is a disease, and we treat it that way. Our team of physicians, psychiatrists, nurses, and counselors work together to meet the mental, physical, and emotional needs of every patient. Our therapists use cognitive behavioral therapy (CBT) to help patients focus on changing the negative thoughts that can get in the way of changing their lives.

Each patient receives **an individualized treatment plan** based on their specific needs and goals. Often, patients may have secondary issues such as depression or other mental disorders. While we primarily focus on substance use, we also effectively address the needs of patients with co-occurring disorders.



ASAM American Society of
Addiction Medicine

Licensed as a 3.7 detox facility by the ASAM.

The American Society of Addiction Medicine (ASAM) uses a detailed set of criteria for the level of care provided by a facility. Buena Vista's 3.7 level is at the top of the ASAM criteria scale.

Experience the Buena Vista Difference

At Buena Vista Health and Recovery Centers, we are dedicated to providing the highest level of care for substance use disorder with integrity and compassion. Our addiction professionals and clinicians provide 24-hour, medically directed evaluation, care, and treatment in an inpatient setting. Our facility is a comfortable, secure environment, featuring **a private room for each of our guests.**

Buena Vista Health and Recovery Centers has developed specific programs to help patients and families recover together. Our dedicated case managers guide our patients and their families through interactive family and group sessions. We educate family members about behaviors that support their loved ones on their path to recovery.

Our experienced, educated, and highly credentialed team is dedicated to providing professional recovery services while **treating patients with the respect they deserve.**

A More Comfortable Path to Recovery

Addiction recovery can be stressful. At Buena Vista, we've created a pleasant setting to help reduce unwanted stress during recovery.

Our brand-new facility in Chandler offers private rooms that feel more like home than a traditional recovery setting with private rooms for each guest in a comfortable, modern setting that feels more like a hotel than a standard treatment facility. We also provide healthy gourmet meals tailored to each guest's lifestyle goals or health needs. Our guests get the care they need with the amenities they want — in a nurturing, soothing environment.

Excellent accommodations, a holistic approach to recovery, and a strong staff-to-patient ratio help patients focus their energy on their treatment, not on discomfort.



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At Buena Vista, we provide a full continuum of care — from the first day a patient enters our facility, to our 12-step recovery program, to long-term support after completing treatment.

- Private rooms for every guest
- Evidence-based treatment with proven results
- Daily visits with our team of doctors
- Fresh, healthy, gourmet food
- Activities such as exercise and yoga
- Licensed, Master's-level therapists
- Case managers
- Two staff members for every patient
- Individual therapy sessions daily
- Help with legal issues
- Travel assistance
- Transition planning for long-term care
- Netflix & DIRECTV

Flexible Insurance and Payment Options

While some patients pay for their treatment themselves and others take advantage of our flexible financing options, most patients use their health insurance benefits to cover costs. Buena Vista accepts a wide variety of private and public health insurance plans, as well as AHCCCS and TRICARE. We'll also work directly with your provider to get you the maximum addiction insurance benefits.



Frequently Asked Questions

Q: What is the age requirement to be admitted?

A: Buena Vista is an adults-only facility. Patients must be at least 18 years old.

Q: How long does the recovery program last?

A: It depends on a patient's individual needs. Some patients come for our 3-7 day detox program, while others stay for up to 28 days.

Q: What if I need help getting to your facility?

A: Our case management team has access to many travel options to get you to our center. Ask for details when you call.

Q: What should I bring?

A: If you're being admitted to Buena Vista, you should bring your driver's license or other form of ID, insurance card, personal toiletries, clothing, a notebook, and reading and writing materials. You may also bring personal items and pictures to help you feel at home.

Q: Can I arrive at any time?

A: Yes, at Buena Vista we are able to admit patients at any time of the day or night, 7 days a week.

Q: Do you offer outpatient treatment services after hours?

A: We provide a nighttime Intensive Outpatient Treatment option for working professionals who need flexibility in their treatment scheduling.

OUR MISSION

At Buena Vista Health and Recovery Centers, we are:

BOLD.

We confidently pursue the best treatment for our patients and seek to provide the highest quality of care.

UNCOMPROMISING.

Our team consistently and relentlessly treats each patient with the highest level of respect and compassion. We never compromise care for efficiency.

EMPOWERING.

We strive to empower all patients with the tools and treatment to successfully regain their humanity and dignity.

NOBLE.

We follow specific and clear guiding principles to make the best, most ethical decision for each patient.

AUTHENTIC.

We are passionately genuine in our approach and treatment of every patient who walks through our door.

OUR VISION

Our vision for Buena Vista Health and Recovery Centers was to create a specially designed foundation that serves as a place for healing and wellness. We know every person has a story that is unique and special. We also know that addiction is a disease. With the right tools, everyone has a chance to beat his or her addiction and regain a happy, healthy, drug-free life.



WE'RE MORE THAN JUST THE BEGINNING.

When it comes to addiction recovery, the first step is always the hardest. By taking that step with a highly rated, professional, medically managed facility like Buena Vista, we'll make sure that first step will be one to build on for many days to come.

CALL **800-922-0095** OR GO TO **BUENAVISTARECOVERY.COM**



Chandler, AZ • Cave Creek, AZ • Tucson, AZ • Loveland, CO



Buena Vista Recovery is proud to be accredited by The Joint Commission, considered the gold standard in health care.



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