



Promoting Wellness & Fighting Obesity One Community at a Time.™

2018-19 ULTIMATE OUTDOOR FITNESS SOURCEBOOK



BEN
SHAFFER
RECREATION

973-663-2021

www.benshaffer.com

Sept. 2018 edition



WHY GREENFIELDS OUTDOOR FITNESS?

As we do our utmost to serve the greatest number possible, to most fully enhance quality of life and promote health in our communities, one thing is clear: there is no one-size-fits-all approach to fitness. Our communities are diverse and the needs far-ranging ... therefore the solutions should be anything but cookie-cutter.

From its very inception, Greenfields Outdoor Fitness has pursued the goal of bringing fitness to both novices and the advanced in an environment that everyone can access: the great outdoors. This first took the form of body-weight resistance units. Today, Greenfields' vast array of exercise options is unequalled by anyone else, offering an unprecedented and truly exciting array of apparatuses. Especially for those with mobility impairments, no one else can boast the unique solutions offered by Greenfields. From the original Signature Accessible units introduced in 2012 – which, for the first time, created a truly inclusive outdoor gym experience – to the cutting-edge adjustable resistance feature incorporated into this line in 2018, Greenfields Outdoor Fitness has led the way in going beyond mere accessibility to true inclusion.

To meet the needs of and provide a challenge to the advanced user, Greenfields recently debuted new Functional Fitness options in the form of the X-Rig and the enhanced Functional Fitness Rig. The X-Rig brings all the versatility of suspension training to the outdoor space, while the Functional Fitness Rig boasts 17 different features for the most challenging outdoor training experience yet.

These recent additions to Greenfields' product line, combined with the Professional Series with adjustable resistance, and the tried-and-true Core Line enjoyed across the U.S. and beyond, continue to push the limits of the outdoor fitness experience. In addition, Greenfields' personalized approach to outdoor fitness takes into account each community's unique aspects, tailoring the gyms specifically for each project so that everyone – young and old, novice and advanced – can enjoy fitness together in the fresh air.

As you peruse the following pages, we invite you to explore the many ways in which you can bring the outdoor fitness experience to your community. Though our primary mission remains the same – "Promoting Wellness and Fighting Obesity one Community at a Time"™ – we have found that as we do this, we can work toward a second goal as well – that of bringing people together. It's a dual mission we've been privileged to pursue.

We hope you'll join us.





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UNIQUE



SIMMS PARK BELLFLOWER, CA

Only Greenfields brings such a diverse and functional line of equipment to serve virtually every user! The Ultimate Outdoor Fitness Experience, installed at Simms Park in Bellflower, CA, includes units from Greenfields' Professional Series, Core Line, Signature Accessible™ line, and even the Cross Fitness Rig! Beyond providing an appealing place for park users to exercise, the Simms Park Fitness Center & Trail has helped clean up an area formerly known for breeding negative activity.



**SCAN FOR A VIDEO
OF THIS PROJECT!**



SIMMS PARK BELLFLOWER, CA

Now better than ever! Greenfields' cutting-edge Professional Series line, recently upgraded with a wider-range piston, delivers a challenge even to advanced users! The 18 adjustable units – many of which are installed at Simms Park – provide intense strengthening and cardio workouts.



**SCAN FOR A VIDEO
OF THIS PROJECT!**





ADJUSTABLE



FUNCTIONAL FITNESS AREA SANTA ANA, CA

Experience the ultimate challenge! Greenfields' Functional Fitness Rig puts even the most advanced users to the test with features such as high rings, a climbing rope, cannonball pull-up bar, and much more. The complete functional fitness experience is now available without a gym membership!

For more details on this unit, see page 94.



FUNCTIONAL FITNESS



KID-SAFE

LEMON PARK FULLERTON, CA

Give parents an excellent way to fit in a workout – all while keeping an eye on the kids. Greenfields' Professional Series uses bi-directional pistons, eliminating the risk of recoil should young park visitors try out the equipment. It's the perfect accompaniment to playgrounds, and a vital amenity for families visiting their neighborhood parks.





CHALLENGING



MISSISSIPPI STATE UNIVERSITY STARKVILLE, MS

Mississippi State University installed Greenfields' fitness equipment on a trail encircling a lake near the edge of campus. Student athletes can use the pull-up, dip, and sit-up stations on the Cross Fitness Rig, while those looking for a milder workout have the Rowing Machine, Lat Pull-Down, and Vertical Press available to them. A view of the lake makes it the prettiest spot on campus to exercise!



**SCAN FOR A VIDEO
OF THIS PROJECT!**



SOCIAL



NORTHWEST SCHOOL OF THE ARTS CHARLOTTE, NC

Teens love to socialize, so what better way to make exercise more enjoyable than to work out on fun, multi-user units outside! Outdoor fitness equipment is ideal for P.E. classes, as it is more inviting to students who feel intimidated by traditional sports. The gyms can also be used by the community after hours via joint-use agreements with cities or park districts.



**SCAN FOR A VIDEO
OF THIS PROJECT!**



COMMUNITY- BUILDING



FERGUSON COMMUNITY CENTER FERGUSON, MO

Bring communities together with Greenfields! The unique design of the exercise units – many of which accommodate two to four people – foster socialization and enhance social capital.



**SCAN FOR A VIDEO
OF THIS PROJECT!**



DAY TO NIGHT



SPORTS CENTER at GRIJALVA PARK ORANGE, CA

Adjacent to the Grijalva Park sports fields and basketball courts, a 19-piece outdoor gym beckons both to athletes and spectators alike. The tremendously popular park amenity includes units for nearly every member of the community, including users in wheelchairs. The gym provides a full-body workout, with cardio elements, strength-building units, and stretching apparatuses. Shade structures and lighting provide a comfortable experience to park visitors during both noonday exercising and after-dark workouts.



CARTHAGE MEMORIAL HOSPITAL > CARTHAGE, IL

A shelter covering the fitness equipment allows for exercise during rainy days. The outdoor fitness area earned the hospital the Innovation of the Year award from the Illinois Critical Access Hospital Network. The hospital has aggressively pushed usership of the fitness equipment, holding classes at the outdoor gym and creating contests that encourage people to frequent the area.

DURABLE





< HOFFMAN PARK

BUTTERFIELD PARK DISTRICT, LOMBARD, IL

Built to last: Greenfields' equipment is designed to withstand sun, rain, and snow. From Alaska to Miami, Greenfields' exercise units have stood the test of time in both harsh climates and rugged, inner-city environments.





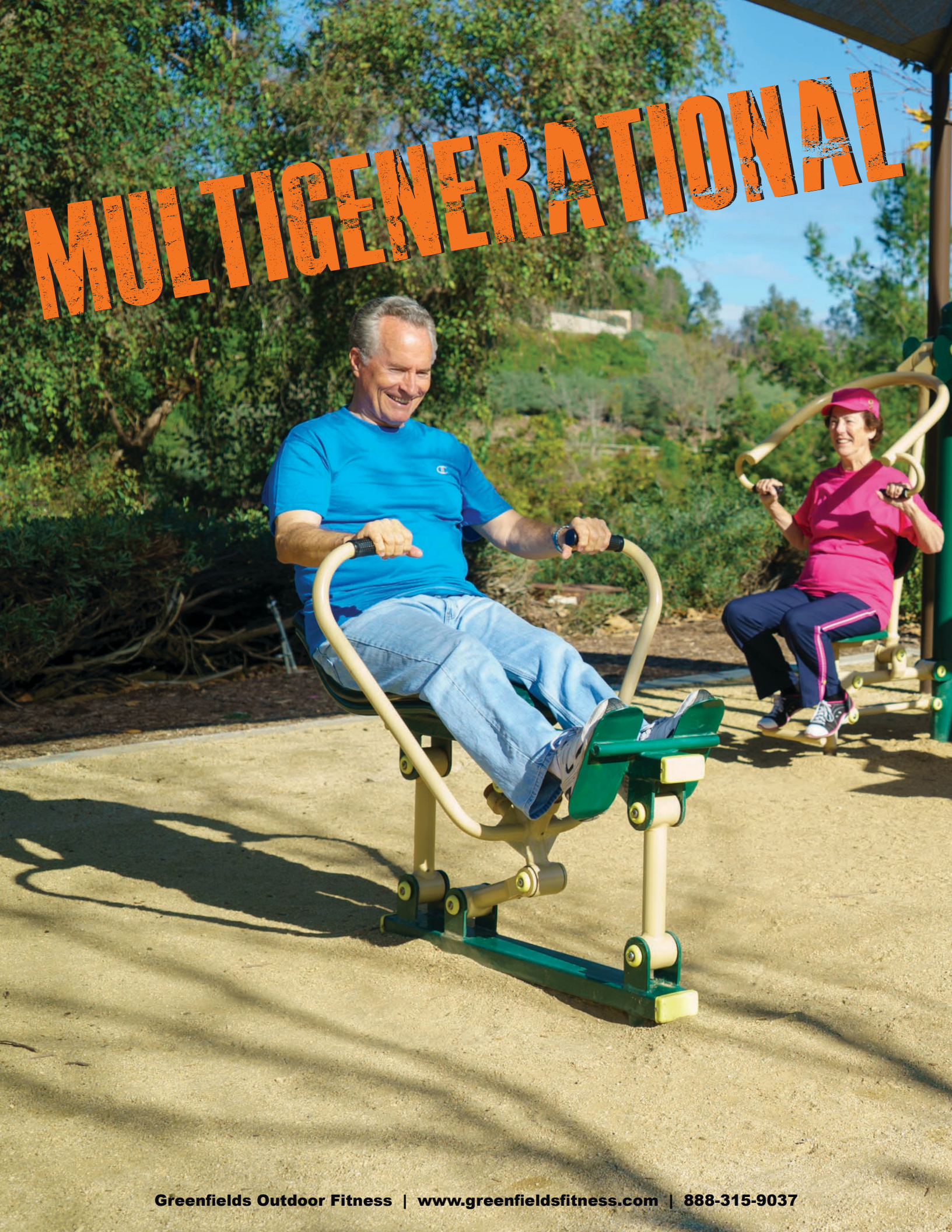
**FULL BODY
WORKOUT**

KREAGER PARK

FT. WAYNE, IN

Adjacent to one of the park's many athletic fields, the Kreager Park gym offers 19 units for every ability level. Chantell Davis, who leads biweekly fitness classes at the gym, considers the equipment a great complement to the park's other amenities: "This equipment will give a true total-body type of workout. From cardio in the field area, to lifting and pulling forearm work, as well as stretching and core work ... it's all right here."





MULTIGENERATIONAL



**NORMAN P. MURRAY SENIOR CENTER
MISSION VIEJO, CA**

Create a space where those of nearly every age can work out together. Seniors love Greenfields not just because of its low-impact activities, but also because it provides excellent opportunities to enjoy quality time with younger family members.



APPEALING

KENDALL SOCCER PARK MIAMI, FL

Not just functional, the gym at Kendall Soccer Park - the area's destination for exciting matches all week long - provides an attractive spot for spectators to exercise during warm-ups and practices. Want to design an area reflecting the community's passions? The options are limitless - and Greenfields is ready to help any vision become a reality.

Photo provided by Miami-Dade Parks, Recreation, and Open Spaces Department





COMPACT

WATERSTONE APARTMENT HOMES CHATSWORTH, CA

As part of a complex-wide renovation, Waterstone Apartment Homes installed outdoor fitness equipment for the community to enjoy. Centrally located in the large complex, the compact space - with special emphasis on functional fitness components - allows for 17 people to exercise on only three units.

Greenfields Outdoor Fitness | www.greenfieldsfitness.com | 888-315-9037



ROTC & JROTC



SANTA ANA HIGH SCHOOL SANTA ANA, CA

Greenfields designed a custom fitness configuration for the long, narrow area at this high school. Outdoor gyms are ideal for ROTC and JROTC programs, helping students work toward greater performance levels.



THE TRACKS AT BREA BREA, CA

Enhance cardio workouts with strength training - Greenfields' units are perfect next to trails in both urban and rural settings.



TRAILS



INVITING

Photo provided by Miami-Dade Parks, Recreation, and Open Spaces Department



**OLYMPIC PARK
MIAMI, FL**

Both a fitness area and a butterfly garden, the Olympic Park gym was designed to attract park visitors of both the human and insect variety!

ACCESSIBLE



A photograph of an outdoor exercise station at Hinojosa Park. The equipment is made of green and yellow metal. It features a large green vertical pole in the foreground, a yellow horizontal bar with a green seat, and a yellow handle with a green grip. A green sign with a white wheelchair icon is visible on the equipment. The background shows a green lawn, trees, and a white pickup truck under a clear blue sky.

HINOJOSA PARK

BRAWLEY, CA

Everyone can work out together at this unique park in Brawley. Of the eleven exercise stations, six are intended for wheelchair users. Learn more about Greenfields' inclusive Signature Accessible™ fitness equipment on pages 117-126.



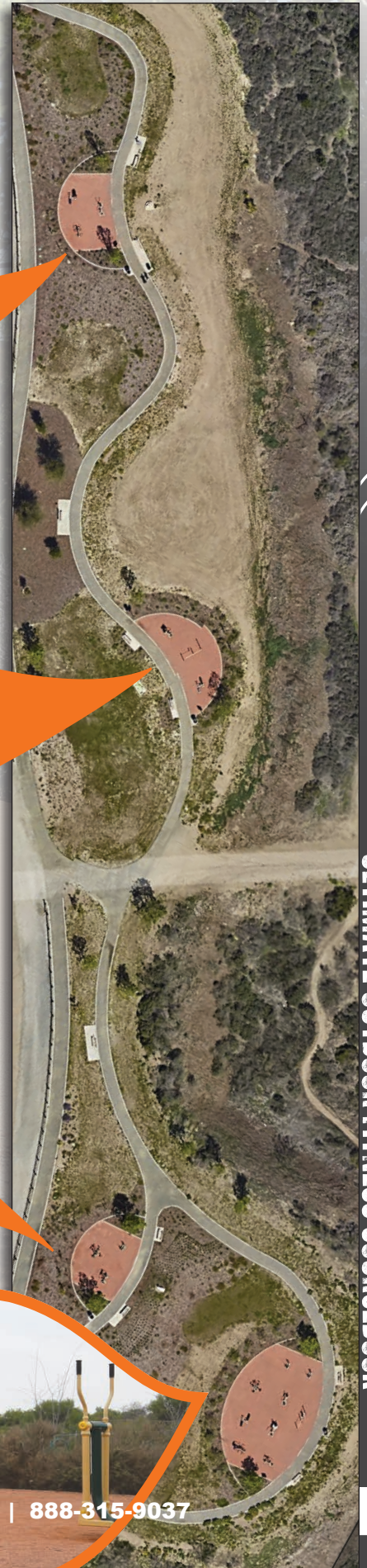
PARKS

Multigenerational, social, and accessible, Greenfields equipment is the perfect enhancement for parks of all sizes. With Greenfields you can provide workout opportunities for parents while children attend sports practices ... give athletes a ready-made warmup venue ... and invite underserved demographics into green spaces.



TRAILS

No longer limited to simply cardio, trails can now give users a full-body workout. Install equipment in clusters for high visibility and frequent usage.



SENIORS

Accessible, low-impact, and free to use, outdoor gyms are the ideal way to keep adults active well into their golden years. But Greenfields' gyms aren't limited to seniors – their multigenerational appeal means that grandparents can stay fit while spending time with friends and family of ALL ages.



LAKESIDES

Enhance any waterfront with an outdoor gym! Greenfields' equipment is an excellent addition to a lakeside trail or recreational area, providing activities that family members and friends can participate in together.



The epitome of convenience! Outdoor gyms along busy urban thoroughfares provide an incredibly easy workout option for commuters driving home.

ROADSIDES



Make exercise something students enjoy! Less intimidating than competition sports, outdoor gyms provide a way for students to enhance their physical fitness in a fun, social environment. Schools with ROTC and JROTC programs can use outdoor fitness equipment for training and physical conditioning. And by designating gyms as joint-use areas, the rest of the community can enjoy the fitness equipment outside of school hours.

SCHOOLS



SPECIAL OPPORTUNITY!

Applications are now being accepted for the

SCHOOL INCENTIVE PROGRAM

**MATCHING
GRANTS OF
UP TO 50%**

Greenfields' **SCHOOL INCENTIVE PROGRAM** provides matching grants of up to 50% for outdoor fitness equipment purchases! All public & private schools, colleges, and universities eligible. Municipalities & counties eligible to apply for joint use area projects!

1 SEE how to utilize Greenfields' fitness equipment in P.E. classes - view the video demos at greenfieldsfitness.com/school-fitness-demos

2 CHOOSE one of our school fitness packages at greenfieldsfitness.com/school-fitness-packages - or let us help you customize one!

3 APPLY for the School Incentive Program at GreenfieldsFitness.com/SIP

Limited number of grants available!

For more info:

SIP@GreenfieldsFitness.com

or call 888.315.9037 x123





The physical and psychological benefits of outdoor exercise are especially helpful to those facing long-term hospital stays. Greenfields' wheelchair accessible units are particularly well-suited to this application. Trails and clusters on hospital grounds can serve patients, families, visitors, and staff members.

HOSPITALS



Greenfields
Outdoor Fitness.

Promoting Wellness & Fighting Obesity One Community at a Time.

Proudly enhancing
physical fitness in
America's armed
forces:



U.S. ARMY

USMC



NAVY



Also
serving
the
FBI!



MILITARY

Greenfields' military line is

- Hot Galvanized
- Powder Coated
- Proudly MADE IN THE USA

Greenfields Outdoor Fitness offers a variety of rugged, all-weather units for intense combat training. Greenfields is used by troops on bases across the U.S. and worldwide. Customization is available - call for details.

GSA

Contract Holder #GS03F086GA

CAN'T FIND WHAT YOU'RE LOOKING FOR?

We can meet the individual needs of your base or unit with equipment designed to your specifications. Contact us to learn more!



ADD-ONS

Don't forget the details! Greenfields Outdoor Fitness is your one-stop shop for nearly any amenity to complement an outdoor gym. We can help with ...

- Shade structures
- Benches
- Bike racks
- Trash receptacles

... and more! Call us at 888-315-9037 and we'll help you put together a complete package your entire community will love.



CUSTOM SIGNAGE (SGR2005-1-105)

Greenfields strongly recommends including standalone safety signage with each project. Signage limits liability, denotes age appropriate usage, and can be used to acknowledge donors. Customization of layout, graphics, and text is available at no extra charge.



FINANCING AVAILABLE!

Financing with Greenfields Outdoor Fitness® is easy - start enjoying the benefits of a new outdoor fitness facility today!

Through its partner, National Cooperative Leasing (NCL), Greenfields Outdoor Fitness offers an easy and affordable way to fund your outdoor fitness project. NCL is an independently owned company, providing leasing and financing solutions for government and educational agencies throughout the nation. For over 10 years, NCL has specialized in the government leasing and finance industry.

Today, many public education & municipal customers are utilizing programs by NCL as an effective means to obtain equipment in today's strained budgetary environment.

From equipment to installation, NCL

can finance the entire cost of your project. Let us know your requirements and budget and one of NCL's Government Finance Specialists will design a solution to meet your needs.



HERE TO HELP

CUSTOMER SUPPORT CENTER

Our Customer Support Center is available to answer questions regarding project layout, pre-installation, installation, and equipment up-keep. Our team has extensive experience and stands ready to provide you with expert guidance.

We provide detailed documentation for installation and maintenance teams to ensure that the gym will function at peak performance for years to come.

The Customer Support Center may be reached at 888-315-9037 x105 or csc@greenfieldsfitness.com.





STEP 1: THE "BEFORE" SHOT

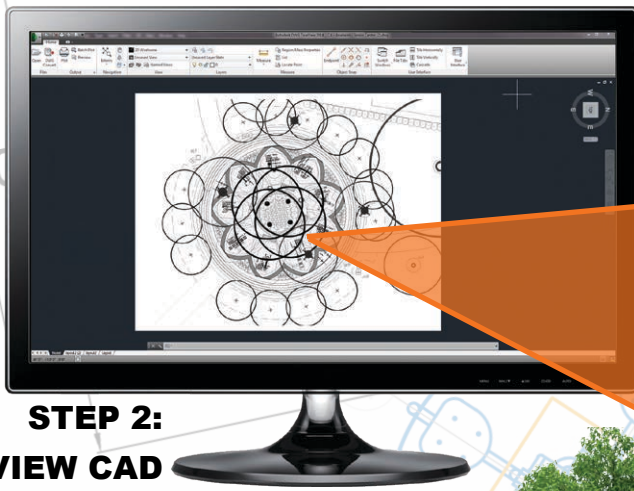
DESIGN ASSISTANCE

The Making of a Greenfields Outdoor Fitness Center

We're ready to help you repurpose any space!
Call us today at 888-315-9037 to get started.

STEP 4: FINISHED PRODUCT!





**STEP 2:
TOP VIEW CAD**

**STEP 3:
3D MOCKUP**



Photo provided by Miami-Dade Parks, Recreation and Open Spaces Department



BEFORE



BEFORE



TRANSFORMATIONS

Energize an unused space with a social, multigenerational outdoor gym!

Greenfields' social, multigenerational fitness equipment provides the perfect way to revitalize an unused space and transform it into a community fitness hub that nearly all ages can enjoy together!

With Greenfields' unique exercise units, many of which accommodate multiple users on one footprint, even small spaces can be utilized to encourage community members to exercise. Unused tennis courts, shuffleboard courts, picnic areas, and more provide ideal spaces for future gyms. Call Greenfields at 888-315-9037 and begin planning *your* park's transformation!

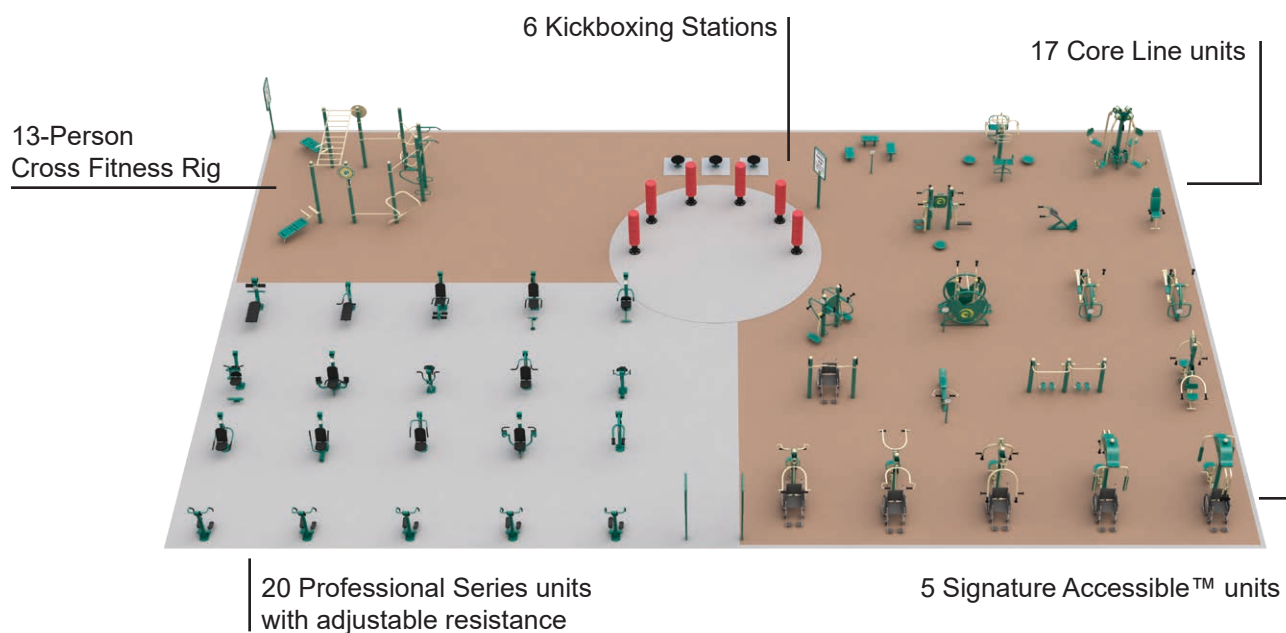


ULTIMATE OUTDOOR FITNESS EXPERIENCE



Greenfields presents the Ultimate Outdoor Fitness Experience, the premier outdoor fitness destination for your community. Accommodating 83 users on 49 units, including the 13-Person Cross Fitness Rig, six Kickboxing Stations, three Signature Accessible™ units, and the adjustable-resistance Professional Series, it's our most comprehensive package and the most revolutionary outdoor fitness experience yet. With Greenfields, fitness is available to just about everyone!

For more details on the package visit
greenfieldsfitness.com/ultimate-outdoor-fitness-experience-package



PACKAGE SPECS

Units	49
Users	83
Required Dimensions	112' x 70'

Available options:

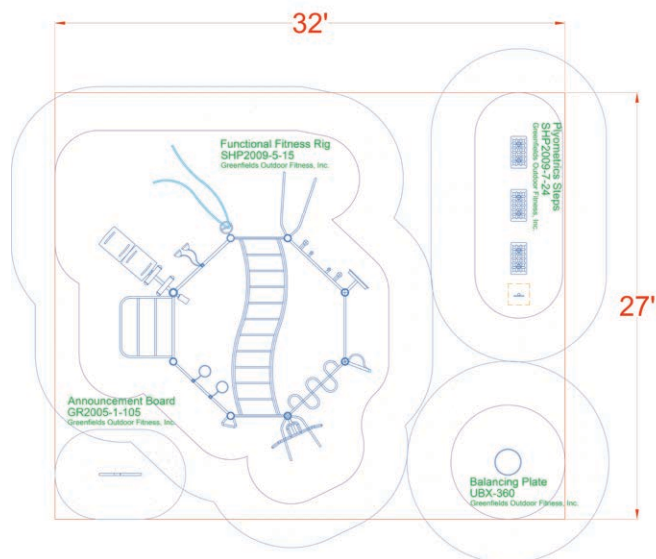
- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

SEE THE VIDEO of this package at Simms Park!

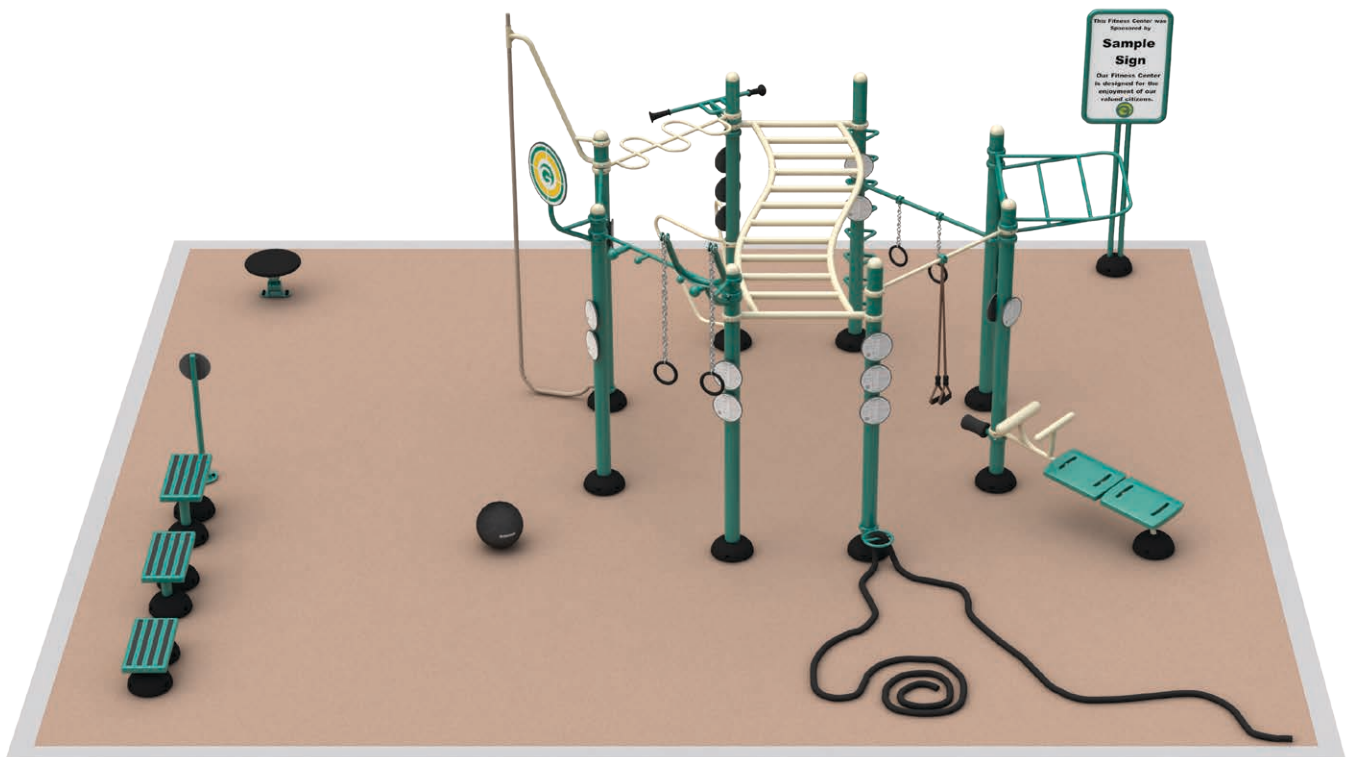


Wheelchair friendly
U.S. Patent
9,079,069





FUNCTIONAL FITNESS SAMPLE PACKAGE 1



Please note that fall attenuating surfacing should be used for this package.

PACKAGE SPECS	
Units	3
Users	18
Required Dimensions	32' x 27'

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

UNITS

SHP2009-5-15	Functional Fitness Rig
SHP2009-7-24	Plyometric Steps (Set of 3)
UBX-360	Balancing Plate
SGR2005-1-105	Customized Announcement Sign

**For more details
on the package visit
greenfieldsfitness.com/functional-fitness-sample-package/**



Please note that fall attenuating surfacing should be used for this package.

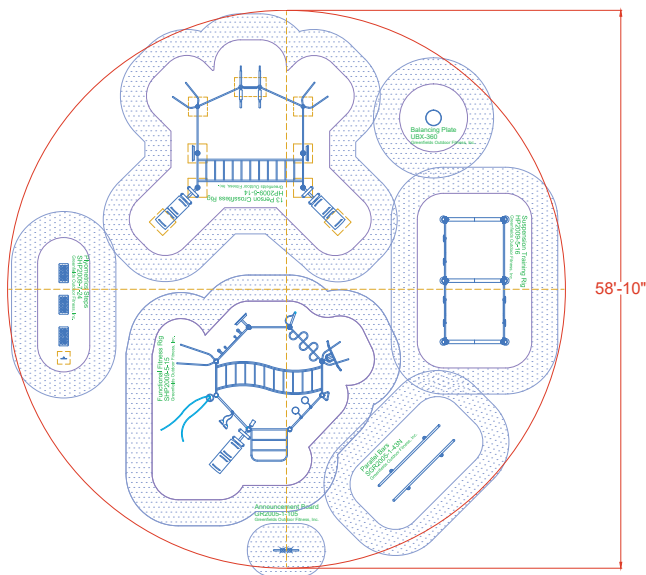
FUNCTIONAL FITNESS SAMPLE PACKAGE 2

UNITS

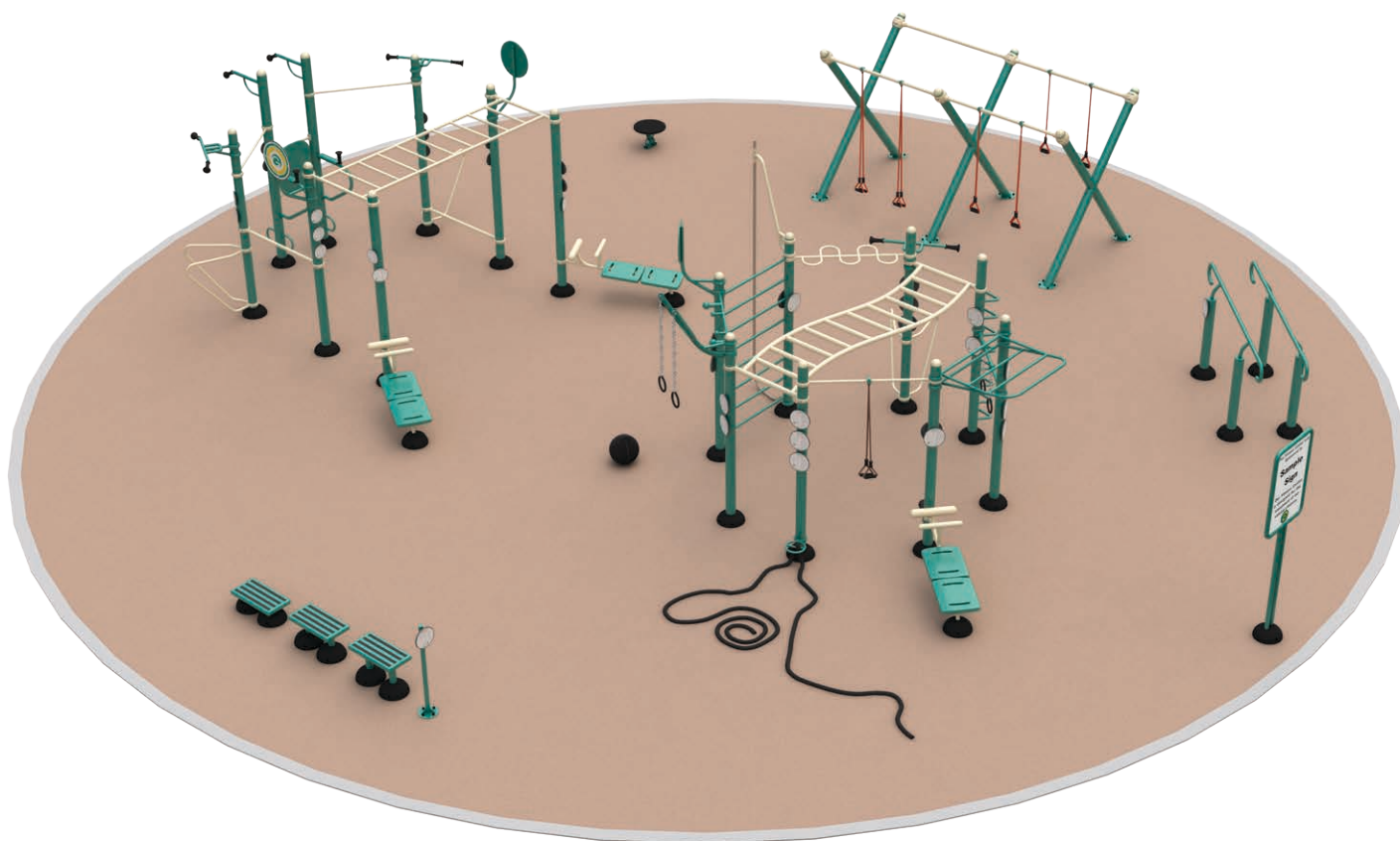
SGR2005-1-43N	Parallel Bars
SHP2009-5-14	13-Person Cross Fitness Rig
SHP2009-5-15	Functional Fitness Rig
SHP2009-5-16	X-Rig
SHP2009-7-24	Plyometric Steps (Set of 3)
UBX-360	Balancing Plate
SGR2005-1-105	Customized Announcement Sign

Please note that fall attenuating surfacing should be used for this package.

For more details
on the package visit
greenfieldsfitness.com/functional-fitness-sample-package-2/



PACKAGE SPECS	
Units	6
Users	41
Required Dimensions	58'10" diameter





SPORTS PARK SAMPLE PACKAGE

A Greenfields outdoor gym lets those who would otherwise be spectators enjoy some exercise while friends and family members attend practices. Shade and lighting promote user comfort regardless of the weather or time of day.

For more details on the package visit
greenfieldsfitness.com/sports-park-sample-package

AREA 1

SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull-Down
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E-W A	2-Person Accessible Butterfly & Reverse Fly Config. A
SGR2005-1-48E-W B	2-Person Accessible Butterfly & Reverse Fly Config. B
SGR2005-1-105	Customized Announcement Sign

AREA 2

UBX - 215	Adjustable Leg Press
UBX - 217	Adjustable Squat
UBX - 223	Sit-Up Bench
UBX - 246	Adjustable Chest Press
UBX - 247	Adjustable Vertical Press
UBX - 248	Adjustable Shoulder Press
UBX - 292	Adjustable Stepper
SGR2005-1-105	Customized Announcement Sign

AREA 3

SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross Country Ski
SGR2005-1-71	3-Person Static Combo
SGR2005-1-104N	4-Person Leg Press
SHP2009-5-03	Single Elliptical
SGR2005-1-105	Customized Announcement Sign

SEE THE VIDEO of this package at Grijalva Park!





Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



PACKAGE SPECS

Units	19
Users	37
Required Dimensions	28' x 32' 35' x 15' 47' x 25'



PROFESSIONAL SERIES SAMPLE PACKAGE

Greenfields' Professional Series Sample Package brings customizable resistance to the outdoor workout. These revolutionary units incorporate adjustable resistance to accommodate any user regardless of fitness level.

For more details on the package visit
greenfieldsfitness.com/professional-series-package

UNITS

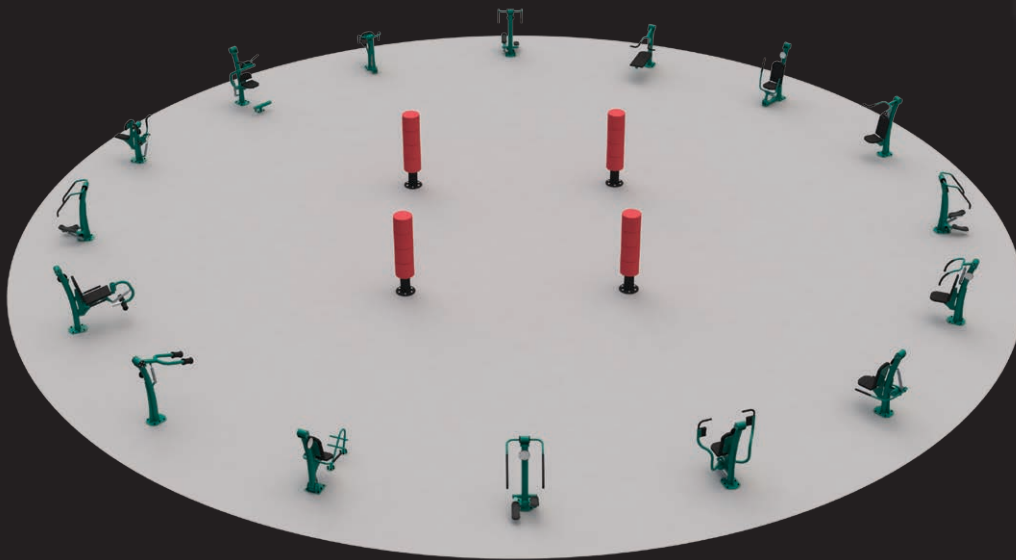
UBX-208	Adjustable Butterfly
UBX-211	Adjustable Ab Toner
UBX-215	Adjustable Leg Press
UBX-217	Adjustable Squat
UBX-244	Adjustable Tricep Press
UBX-246	Adjustable Chest Press
UBX-247	Adjustable Vertical Press
UBX-248	Adjustable Shoulder Press
UBX-255	Adjustable Arm Curl
UBX-290	Adjustable Rower
UBX-292 (x4)	Adjustable Stepper
UBX-293	Adjustable Bench Press
UBX-298	Adjustable Leg Extension & Curl
UBX-303 (x4)	Kickboxing Station
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

Units	20
Users	20
Required Dimensions	75' x 75' (circular layout) or 50' x 36' (rectangular layout)



POSSIBLE LAYOUT STYLES:

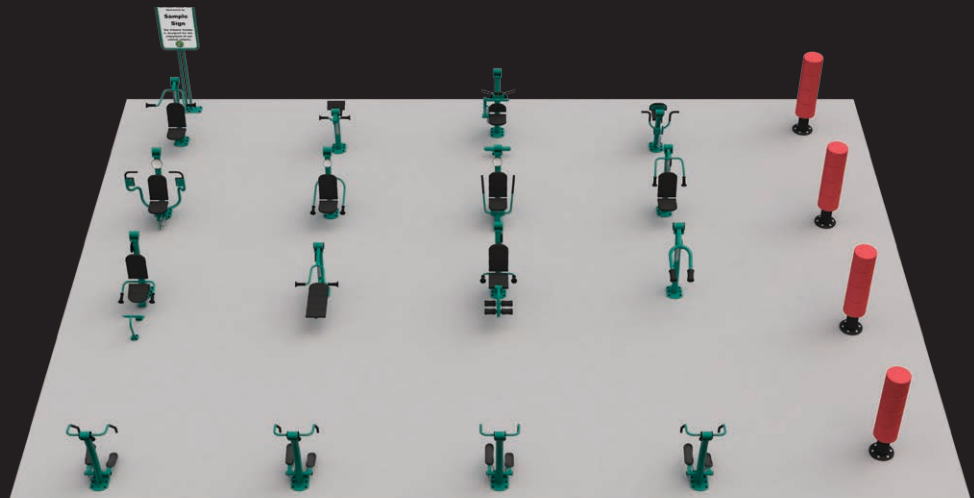


SEE THE VIDEO!



Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



LARGE SAMPLE PACKAGE

Turn a dormant open space into a gym and give your community a free ticket to a healthier lifestyle! The Large Sample Package accommodates 38 users and provides exercises for upper, core, and lower body muscles, as well as the Adjustable Stepper to boost cardio.

For more details on the package visit
greenfieldsfitness.com/large-sample-package

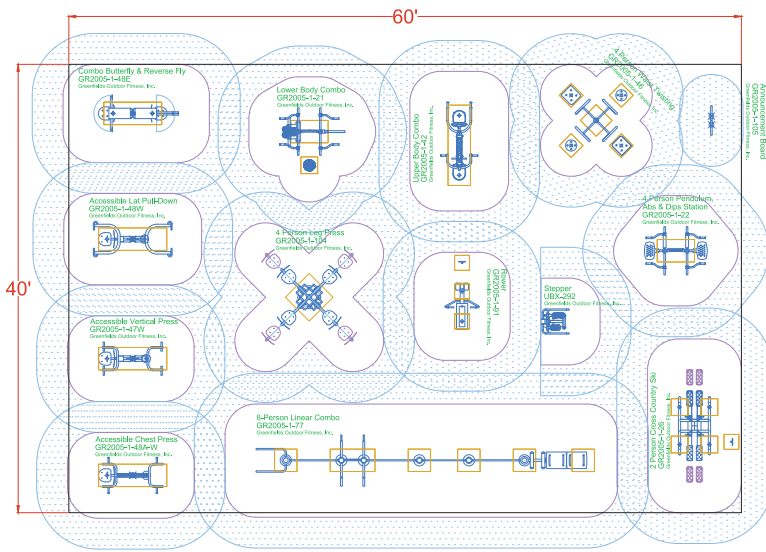
UNITS

SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross-Country Ski
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-46	4-Person Twisting Station
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E	2-Person Combo Butterfly & Reverse Fly
SGR2005-1-77	8-Person Linear Combo
SGR2005-1-91	Rowing Machine
SGR2005-1-104N	4-Person Leg Press
UBX-292	Adjustable Stepper
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

Units	13
Users	38
Required Dimensions	60' x 40'



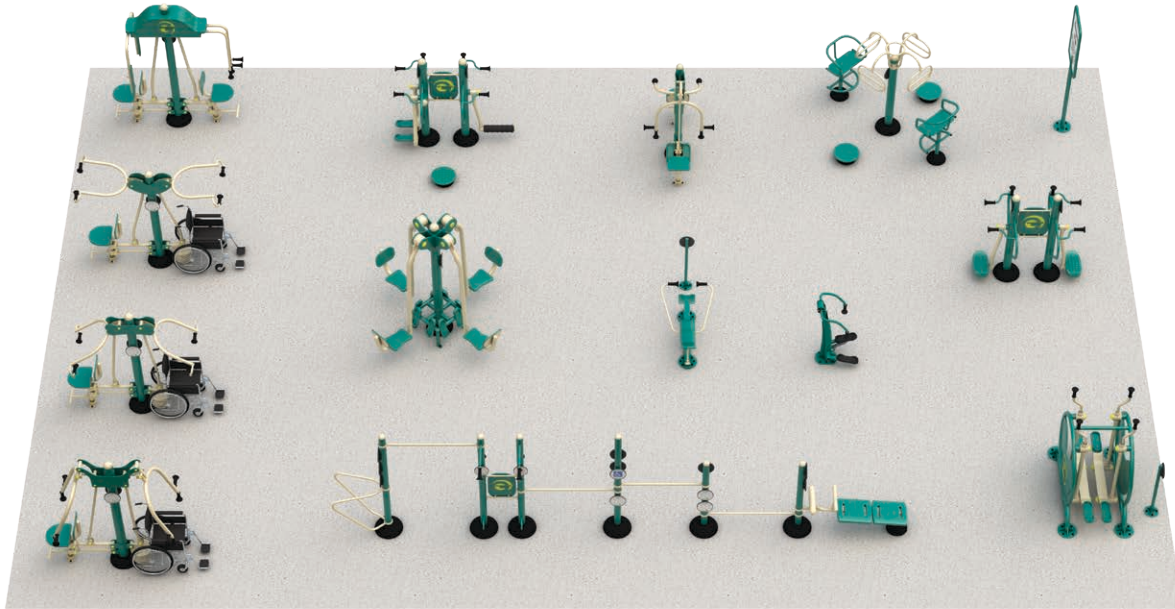


Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



**Wheelchair
friendly**
*U.S. Patent
9,079,069*





MEDIUM SAMPLE PACKAGE 1

One of Greenfields' most popular packages, the 10-unit Medium Sample Package 1 is a well-rounded selection of units offering exercises to a vast variety of users.

For more details on the package visit
greenfieldsfitness.com/medium-sample-package-1

UNITS

SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross-Country Ski
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E	2-Person Combo Butterfly & Reverse Fly
SGR2005-1-71	3-Person Static Combo
SGR2005-1-104N	4-Person Leg Press
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

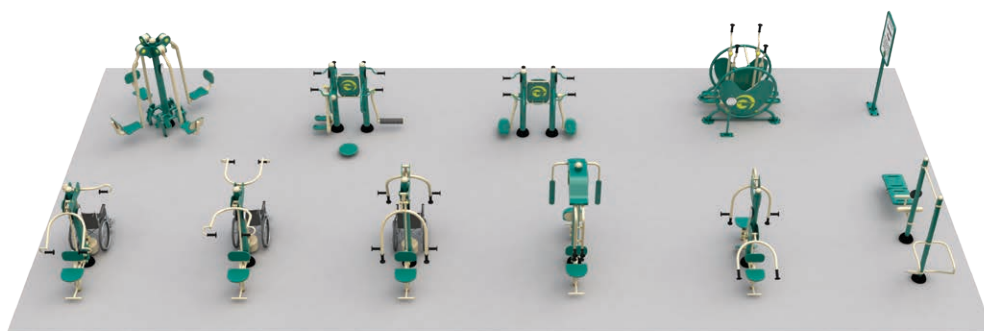
Units	10
Users	27
Required Dimensions	65' x 30'



Wheelchair friendly
U.S. Patent
9,079,069

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



MEDIUM SAMPLE PACKAGE 2

UNITS

SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross-Country Ski
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-71	3-Person Static Combo
SGR2005-1-104N	4-Person Leg Press
UBX-208	Adjustable Butterfly
UBX-255	Adjustable Arm Curl
UBX-292	Adjustable Stepper
UBX-293	Adjustable Bench Press
UBX-298	Adjustable Leg Extension & Curl
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

Units	12
Users	24
Required Dimensions	46' x 38'



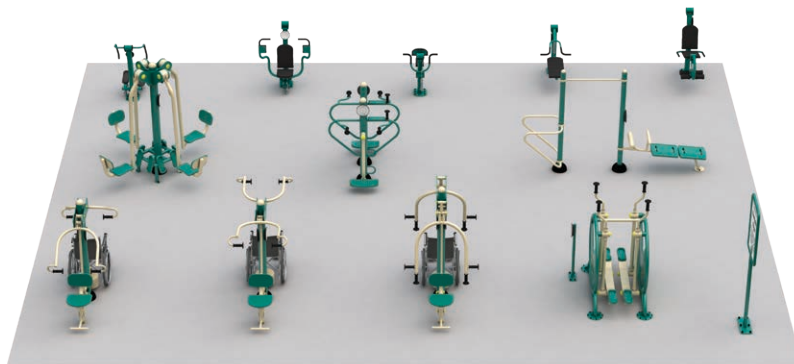
Wheelchair friendly
U.S. Patent
9,079,069

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit greenfieldsfitness.com/medium-sample-package-2

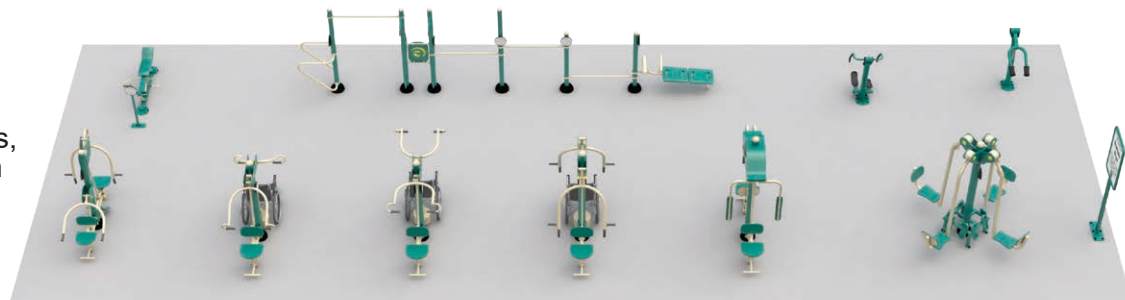
Teens, parents and seniors alike will gravitate to the easy-to-use, social equipment in Greenfields' Medium Sample Package 2. Incorporating several Professional Series units with adjustable resistance, the package combines form and functionality to create an appealing outdoor fitness space.





Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



MEDIUM SAMPLE PACKAGE 3

For more details on the package visit
greenfieldsfitness.com/medium-sample-package-3

UNITS

SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E	2-Person Combo Butterfly & Reverse Fly
SGR2005-1-77	8-Person Linear Combo
SGR2005-1-91	Rowing Machine
SGR2005-1-104N	4-Person Leg Press
UBX-217	Adjustable Squat
UBX-292	Adjustable Stepper
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

Units	10
Users	25
Required Dimensions	72' x 26'

The unique 8-Person Linear Combo serves as the cornerstone for the Medium Sample Package 3. Allowing for exercises such as pull-ups and dips, it offers more challenging activities to advanced users.



Wheelchair friendly
U.S. Patent
9,079,069

SMALL SAMPLE PACKAGE

The Small Sample Package includes several of Greenfields' most popular exercise machines. While only incorporating 7 units, the Small Sample Package accommodates 18 people and covers all major muscle groups. The Small Sample Package is an excellent option for places such as small parks and street corners, transforming excess space into a valuable community amenity.

For more details on the package visit greenfieldsfitness.com/small-sample-package

UNITS

SGR2005-1-22	4-Person Lower Body Combo
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48C	2-Person Combo Lat Pull & Vertical Press
SGR2005-1-71	3-Person Static Combo
SGR2005-1-91	Rowing Machine
SGR2005-1-104N	4-Person Leg Press
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

Units	7
Users	18
Required Dimensions	46' x 25'



Wheelchair friendly
U.S. Patent
9,079,069

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

SIGNATURE ACCESSIBLE™ SENIOR SAMPLE PACKAGE 1

The perfect fitness solution for seniors! The Signature Accessible™ Senior Package 1 features 11 units that accommodate 28 users, including five in wheelchairs. An inviting, low-impact and social addition to any outdoor space, this package creates a fun and un intimidating environment for seniors to exercise.

**For more details on the package visit
greenfieldsfitness.com/signature-accessible-senior-package**

UNITS

SGR2005-1-19	2-Person Incline Sit-Up Bench
SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross-Country Ski
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E-W A	2-Person Combo Butterfly & Reverse Fly Config. A
SGR2005-1-48E-W B	2-Person Combo Butterfly & Reverse Fly Config. B
SGR2005-1-104N	4-Person Leg Press
SGR2005-1-105	Customized Announcement Sign

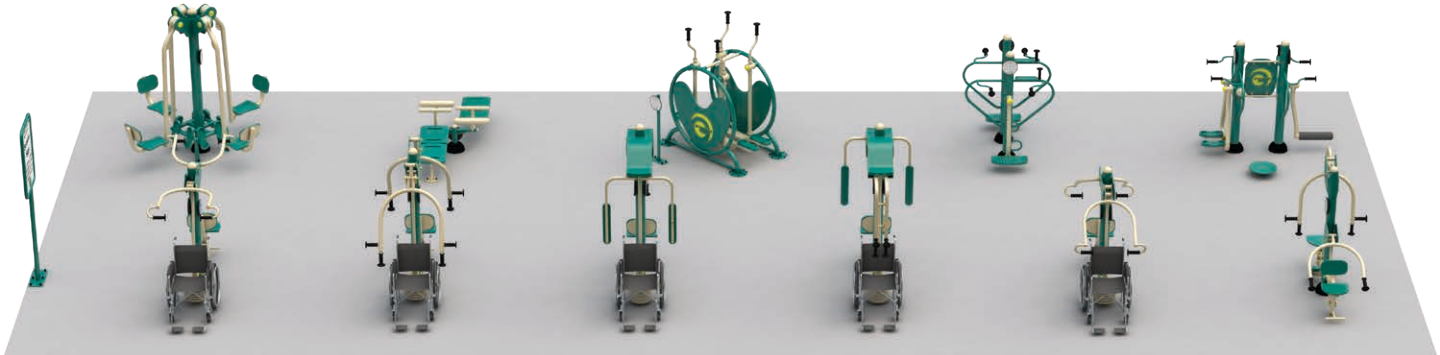
PACKAGE SPECS

Units	11
Users	28
Required Dimensions	68' x 30'



Wheelchair friendly
U.S. Patent
9,079,069





Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



SIGNATURE ACCESSIBLE™ SENIOR SAMPLE PACKAGE 2

UNITS

SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-23	2-Person Air Walker
SGR2005-1-26	2-Person Cross Country Ski
SGR2005-1-42	2-Person Back and Arms Combo
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-49	Recumbent Bike
SGR2005-1-91	Rowing Machine
SGR2005-1-98	Seated Leg Extension
SGR2005-1-104N	4-Person Leg Press
SHP2009-5-03	Single Elliptical
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

Units	12
Users	24
Required Dimensions	55' x 35'



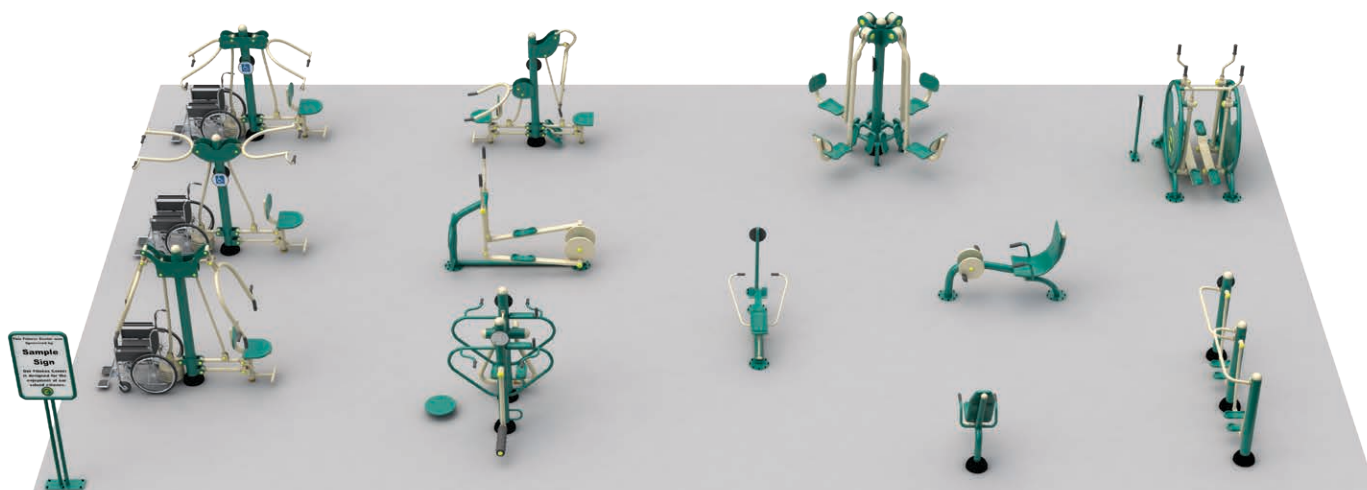
**Wheelchair
friendly**
U.S. Patent
9,079,069

**For more details on the package visit
greenfieldsfitness.com/senior-sample-package-2**





Seniors love exercising together outdoors! The Signature Accessible™ Senior Sample Package 2 provides exercise opportunities for 24 users, including 3 users in wheelchairs. Multi-user units such as Greenfields' 4-Person Leg Press and 2-Person Cross Country Ski encourage interaction, resulting in longer exercise sessions and greater health benefits.



Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



SCHOOL SAMPLE PACKAGE 1

UNITS

SGR2004-1-33	Multi-Level Bars
SGR2005-1-14	2-Person Dips Station
SGR2005-1-19	2-Person Incline Sit-Up Bench
SGR2005-1-42	2-Person Back & Arms Combo
SGR2005-1-47	2-Person Vertical Press
SGR2005-1-48	2-Person Lat Pull
SGR2005-1-48A	2-Person Chest Press
SHP2009-5-10	4-Person Combo Bars
SHP2009-7-24	Plyometric Steps (Set of 3)
UBX-360 (x2)	Balancing Plate
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

Units	11
Users	26
Required Dimensions	67' x 27'

For more details on the package visit
greenfieldsfitness.com/school-sample-package-1

ULTIMATE OUTDOOR FITNESS SOURCEBOOK

☒ Shade

-



SCHOOL SAMPLE PACKAGE 2

The Professional Series units with adjustable resistance simulate the workout experience of an indoor gym, and allow students of nearly every ability level to participate alongside each other.

UNITS

SGR2005-1-33	5-Person Multi-Level Bars
SGR2005-1-14	2-Person Dips Station
SGR2005-1-19	2-Person Incline Sit-Up Bench
SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs, & Dips Station
SGR2005-1-42	2-Person Back and Arms Combo
SGR2005-1-47	2-Person Vertical Press
SGR2005-1-48	2-Person Lat Pull
SGR2005-1-48A	2-Person Chest Press
SHP2009-5-09	Horizontal Ladder
SHP2009-5-10	4-Person Combo Bars
SHP2009-7-24	Plyometric Steps (set of 3)
UBX-217	Adjustable Squat
UBX-255	Adjustable Arm Curl
UBX-292 (x4)	Adjustable Stepper
UBX-293	Adjustable Bench Press
UBX-360 (x2)	Balancing Plate
SGR2005-105	Customized Announcement Sign

PACKAGE SPECS

Units	21
Users	42
Required Dimensions	35' x 29'

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit
greenfieldsfitness.com/school-sample-package-2





SCHOOL SAMPLE PACKAGE 3

Bring the indoor gym experience outside with Greenfields' School Sample Package 3. A wide variety of adjustable Professional Series units, plyo steps, and the 13-Person Cross Fitness Rig combine to create an outdoor gym like none other!

UNITS

SHP2009-5-14	13-Person Cross Fitness Rig
SHP2009-7-24	Plyometric Steps (set of 3)
UBX-208	Adjustable Butterfly
UBX-211	Adjustable Ab Toner
UBX-215	Adjustable Leg Press
UBX-217	Adjustable Squat
UBX-244	Adjustable Tricep Press
UBX-246	Adjustable Chest Press
UBX-247	Adjustable Vertical Press
UBX-248	Adjustable Shoulder Press
UBX-255	Adjustable Arm Curl
UBX-258	Adjustable Hip Twist
UBX-290	Adjustable Rower
UBX-292 (x2)	Adjustable Stepper
UBX-293	Adjustable Bench Press
UBX-298	Adjustable Leg Extension & Curl
UBX-360 (x2)	Balancing Plate
SGR2005-1-105	Customized Announcement Sign

PACKAGE SPECS

Units	19
Users	33
Required Dimensions	60' x 60'

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit
greenfieldsfitness.com/school-sample-package-3

TRAIL SAMPLE PACKAGE 1



Designed to complement cardio workouts, the 12-unit Trail Sample Package 1 emphasizes upper body and core exercises.

UNITS

Area 1

SGR2005-1-48-W 2-Person Accessible Lat Pull
SHP2009-5-07 2-Person Full Bar Exercise
SGR2005-1-105 Customized Announcement Sign

Area 2

SGR2005-1-19 2-Person Incline Sit-Up Bench
SGR2005-1-48A-W 2-Person Accessible Chest Press
SGR2005-1-105 Customized Announcement Sign

Area 3

SGR2005-1-42 2-Person Back and Arms Combo
SHP2009-5-10 4-Person Combo Bars
SGR2005-1-105 Customized Announcement Sign

Area 4

SGR2005-1-21 4-Person Lower Body Combo
SGR2005-1-45 2-Level Horizontal Bars
SGR2005-1-105 Customized Announcement Sign

Area 5

SGR2005-1-104N 4-Person Leg Press
SHP2009-7-24 Plyometric Steps (Set of 3)
SGR2005-1-105 Customized Announcement Sign

Area 6

SGR2005-1-22 4-Person Pendulum, Abs, & Dips
SGR2005-1-43N Parallel Bars
SGR2005-1-105 Customized Announcement Sign



For more details on the package visit
greenfieldsfitness.com/trail-sample-package-1



1



2



3



4



5



6

PACKAGE SPECS

Units	12
Users	32
Required Dimensions	VARIES

SEE THE VIDEO of this package at Bixby Park!



Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



Wheelchair friendly
U.S. Patent
9,079,069



TRAIL SAMPLE PACKAGE 2

Greenfields' 21-unit Trail Sample Package 2 is the premiere trail enhancement fitness package! Incorporating such multi-user elements such as Greenfields' 10-Person Static Combo and 4-Person Lower Body Combo, this 55-user package makes maximum use of space to provide a vast array of fitness apparatuses to trail users.

UNITS

Area 1

SGR2005-1-42	2-Person Back and Arms Combo
SGR2005-1-47	2-Person Vertical Press
SGR2005-1-48	2-Person Lat Pull
SGR2005-1-48A	2-Person Chest Press
SGR2005-1-71	3-Person Static Combo
SGR2005-1-105	Customized Announcement Sign

Area 3

SGR2004-1-33	Multi-Level Bars
SGR2005-1-14	2-Person Dips Station
SGR2005-1-19	2-Person Incline Sit-Up Bench
SHP2009-5-10	4-Person Combo Bars
SHP2009-7-24	Plyometric Steps (Set of 3)
SHP2009-7-25	Back Extension
SGR2005-1-105	Customized Announcement Sign

Area 2

SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-48E	Combo Butterfly & Reverse Fly
SGR2005-1-71	3-Person Static Combo
SGR2005-1-91	Rowing Machine
SGR2005-1-98	Leg Extension
SGR2005-1-105	Customized Announcement Sign

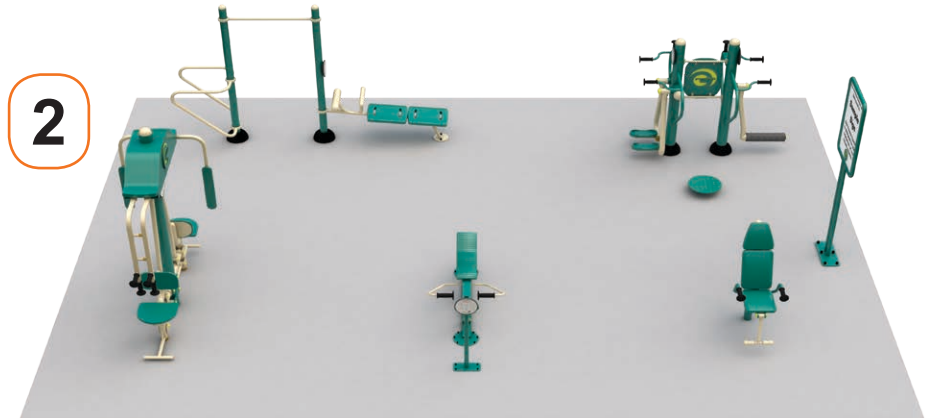
Area 4

SHP2009-5-09	Horizontal Ladder
SHP2009-5-12	10-Person Static Combo
SHP2009-7-24	Plyometric Steps (Set of 3)
SHP2009-7-25	Back Extension
UBX-360	Balancing Plate
SGR2005-1-105	Customized Announcement Sign

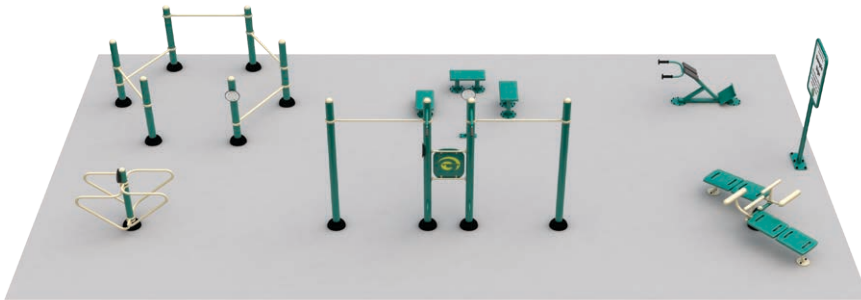




1



2



3



4

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on this package visit
greenfieldsfitness.com/trail-sample-package-2

PACKAGE SPECS	
Units	21
Users	55
Required Dimensions	VARIES

LARGE SIGNATURE ACCESSIBLE™ SAMPLE PACKAGE

Greenfields' Large Signature Accessible™ Sample Package sets the standard for inclusion with a wide variety of exercises for both the able-bodied and those in wheelchairs. Our unique Signature Accessible™ units accommodate those in wheelchairs without requiring them to transfer, while also serving the able-bodied on the reverse side.

UNITS

SGR2005-1-19	2-Person Incline Sit-Up Bench
SGR2005-1-21	4-Person Lower Body Combo
SGR2005-1-22	4-Person Pendulum, Abs & Dips Station
SGR2005-1-26	2-Person Cross-Country Ski
SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E-W A	2-Person Accessible Combo Butterfly Config. A
SGR2005-1-48E-W B	2-Person Accessible Combo Butterfly Config. B
SGR2005-1-77	8-Person Linear Combo
SGR2005-1-91	Rowing Machine
SGR2005-1-104N	4-Person Leg Press
SHP2009-5-03 (x2)	Single Elliptical
SGR2005-1-105	Customized Announcement Sign

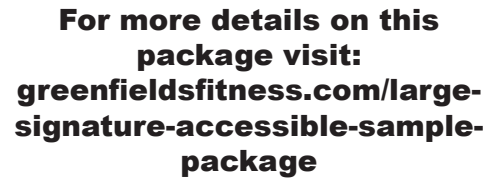
PACKAGE SPECS

Units	14
Users	37
Required Dimensions	60' x 58'

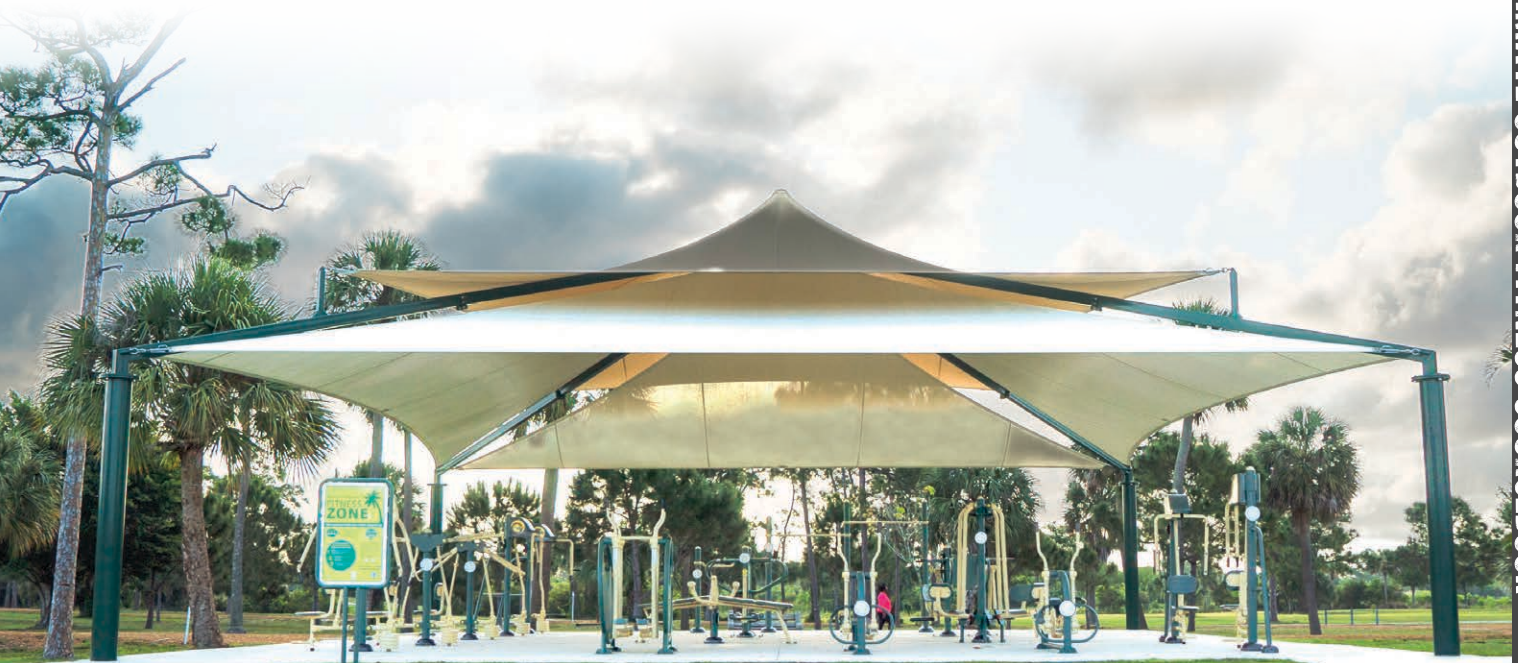
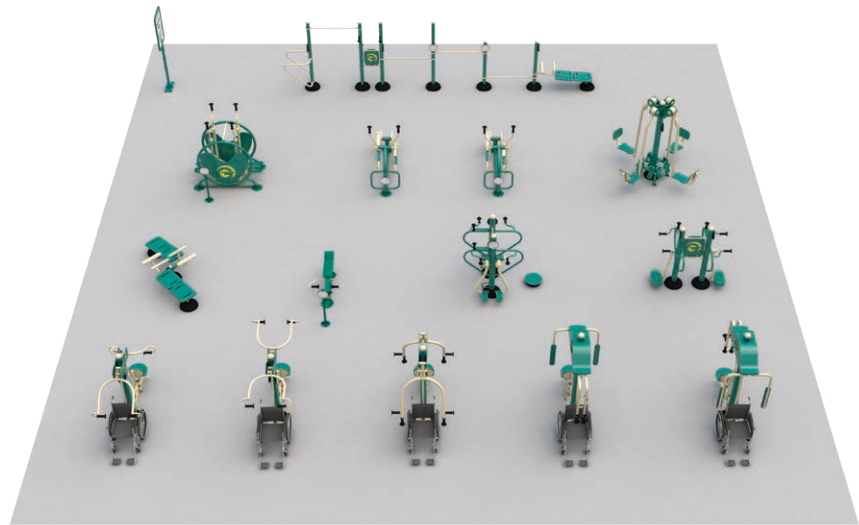


**Wheelchair
friendly**
U.S. Patent
9,079,069





- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles



SMALL SIGNATURE ACCESSIBLE™ SAMPLE PACKAGE

Turn a compact space into a pocket-size inclusive outdoor gym with Greenfields' Small Signature Accessible™ Package. The package allows for 6 wheelchair users and 5 able-bodied individuals to exercise alongside each other.

UNITS

SGR2005-1-47-W	2-Person Accessible Vertical Press
SGR2005-1-48-W	2-Person Accessible Lat Pull
SGR2005-1-48A-W	2-Person Accessible Chest Press
SGR2005-1-48E-W A	Accessible Combo Butterfly & Reverse Fly Config. A
SGR2005-1-48E-W B	Accessible Combo Butterfly & Reverse Fly Config. B
SHP2009-7-21	Accessible Hand Cycle
SGR2005-1-105	Customized Announcement Sign

Available options:

- ☒ Shade
- ☒ Site amenities, including bike racks, benches, and trash receptacles

For more details on the package visit
greenfieldsfitness.com/small-signature-accessible-package

PACKAGE SPECS

Units	6
Users	11
Required Dimensions	35' x 29'



**Wheelchair
friendly**
U.S. Patent
9,079,069



PROFESSIONAL SERIES *with adjustable resistance*

Zero-recoil mechanisms
Safe-Stop feature
16-level adjustability
Bi-directional pistons

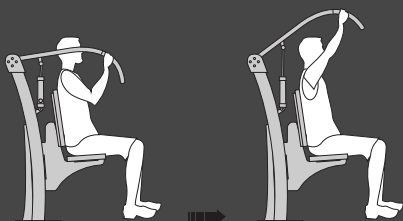
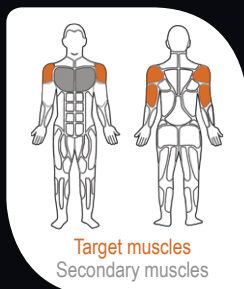


**FOR A VIDEO HIGHLIGHT SHOWING PROFESSIONAL ADJUSTABLE SERIES
UNITS IN USE, VISIT [GREENFIELDSFITNESS.COM/PROSERIESVIDEO](https://www.greenfieldsfitness.com/proseriesvideo)**

VERTICAL PRESS UBX-247

bi-directional resistance

- Develops chest, front shoulders, and triceps

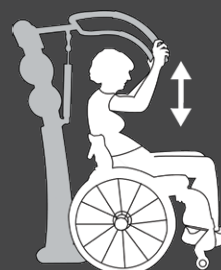
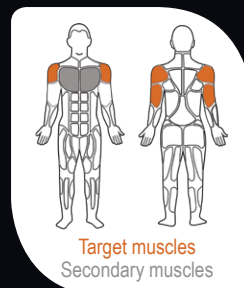


ACCESSIBLE VERTICAL PRESS

UBX-247-W

bi-directional resistance

- Develops chest, front shoulders, and triceps





Equipped with
SafeStop

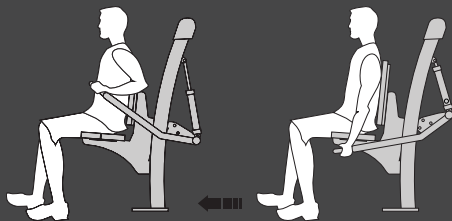
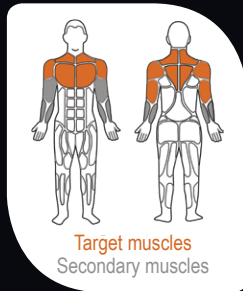


Adjustable: wide resistance
range for a customized workout!

TRICEP PRESS UBX-244

bi-directional resistance

- Strengthens trapezius, triceps, biceps, chest, and shoulders

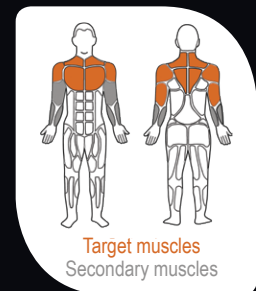


ACCESSIBLE TRICEP PRESS

UBX-244-W

bi-directional resistance

- Strengthens trapezius, triceps, biceps, chest, and shoulders

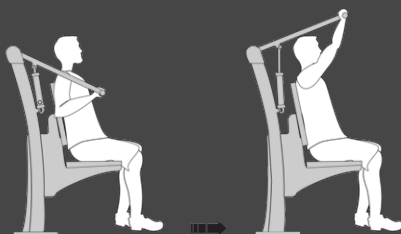
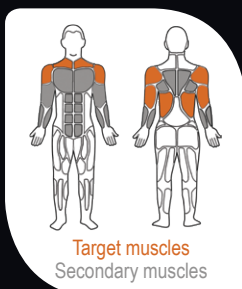


PROFESSIONAL SERIES with adjustable resistance

SHOULDER PRESS UBX-248

bi-directional resistance

- Develops chest, back, shoulders, triceps, forearms, and abs

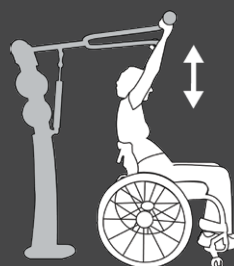
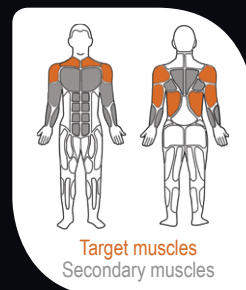


ACCESSIBLE SHOULDER PRESS

UBX-248-W

bi-directional resistance

- Develops chest, back, shoulders, triceps, forearms, and abs

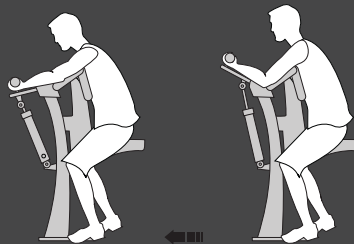
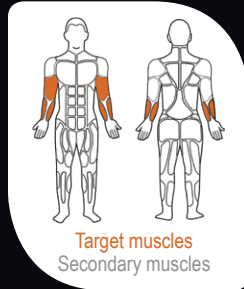




ARM CURL UBX-255

uni-directional resistance

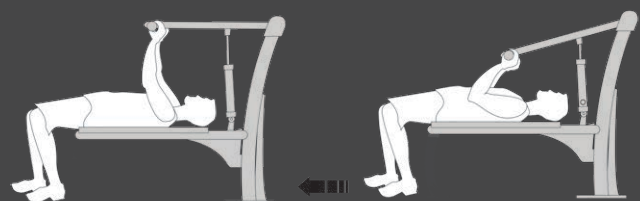
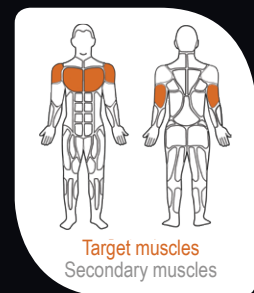
- Develops biceps and forearms



BENCH PRESS UBX-293

bi-directional resistance

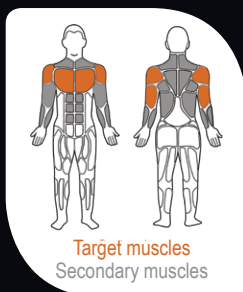
- Develops chest, shoulders, and triceps



CHEST PRESS UBX-246

bi-directional resistance

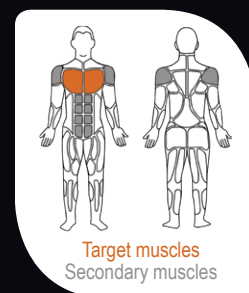
- Develops shoulders, chest, and triceps



BUTTERFLY UBX-208

bi-directional resistance

- Develops chest, shoulders, and upper and mid abs





Equipped with
SafeStop

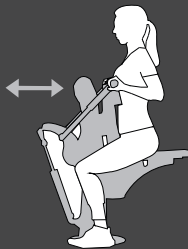
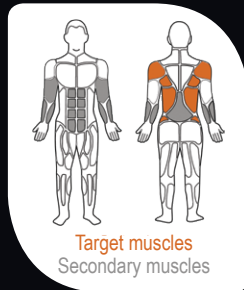


Adjustable: wide resistance
range for a customized workout!

ROWER UBX-290

bi-directional resistance

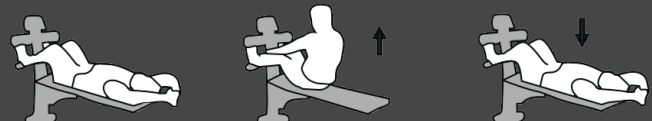
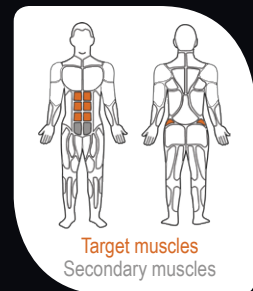
- Strengthens back muscles, shoulders, biceps, and forearms



SIT-UP BENCH UBX-223

bi-directional resistance

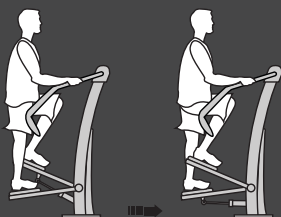
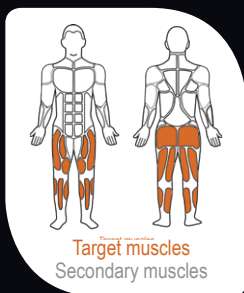
- Can also be used for leg raises
- Develops abdominal muscles



STEPPER UBX-292

bi-directional resistance

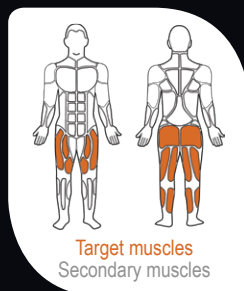
- Develops glutes and leg muscles



SQUAT UBX-217

bi-directional resistance

- Strengthens glutes and leg muscles





Equipped with
SafeStop

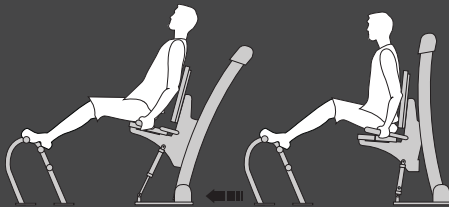
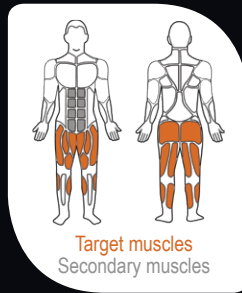


Adjustable: wide resistance
range for a customized workout!

LEG PRESS UBX-215

bi-directional resistance

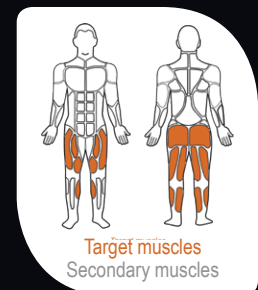
- Develops abs, glutes, and leg muscles



LEG EXTENSION & CURL UBX-298

bi-directional resistance

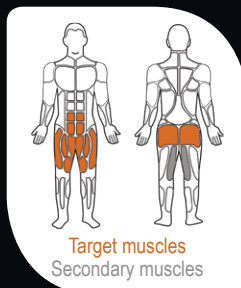
- Develops glutes and leg muscles



INNER THIGH ADDUCTOR UBX-218

bi-directional resistance

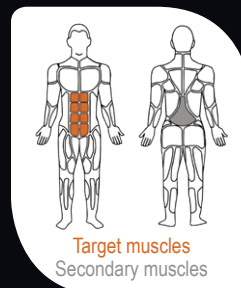
- Strengthens thigh muscles and core



AB TONER UBX-211

bi-directional resistance

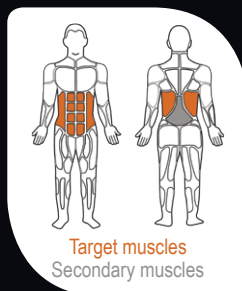
- Strengthens abs and lower back



HIP TWIST UBX-258

bi-directional resistance

- Strengthens core



FUNCTIONAL FITNESS

Greenfields' most hardcore workout experience yet!

Vast range of activities available

Perfect for those at advanced fitness levels

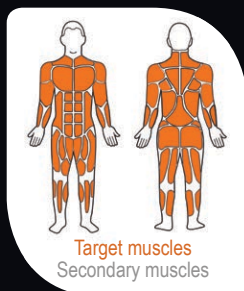


**FOR A VIDEO HIGHLIGHT SHOWING FUNCTIONAL FITNESS UNITS IN
USE, VISIT [GREENFIELDSFITNESS.COM/FUNCTIONALFITNESSVIDEO](https://www.greenfieldsfitness.com/functionalfitnessvideo)**



FUNCTIONAL FITNESS RIG SHP2009-5-15

SEE IT IN
ACTION!



Unit dimensions: 18' x 17'

Dimensions including clearance space:
29' x 27'





This unit offers the following:

- | | | |
|-----------------------------|-------------------------|-------------------------|
| 1. Split Squats | 8. Ball Target | 15. Ring Rows |
| 2. Incline Ladder | 9. Stretching Post | 16. Suspension Trainers |
| 3. Sit-Ups | 10. S-Shaped Pull-Ups | 17. Rope Climb |
| 4. S-Shaped Fitness Ladder | 11. Leg Raises | |
| 5. Lat Pull-Ups | 12. Dips | |
| 6. High Rings | 13. Swedish Ladder | |
| 7. Battle Rope Anchor Point | 14. Cannonball Pull-Ups | |







6 built-in suspension trainer sets + a free bar for BYO

X-RIG
SHP2009-5-16

**SEE IT IN
ACTION!**



Unit dimensions: 8'4" x 6'7"

*Dimensions including clearance space:
24' x 17'6"*

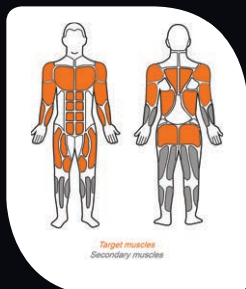


GREENFIELDS FUNCTIONAL FITNESS



13-PERSON CROSS FITNESS RIG SHP2009-5-14

SEE IT IN
ACTION!



Unit dimensions: 17'3" x 20'

Dimensions including clearance space:
28'3" x 31'

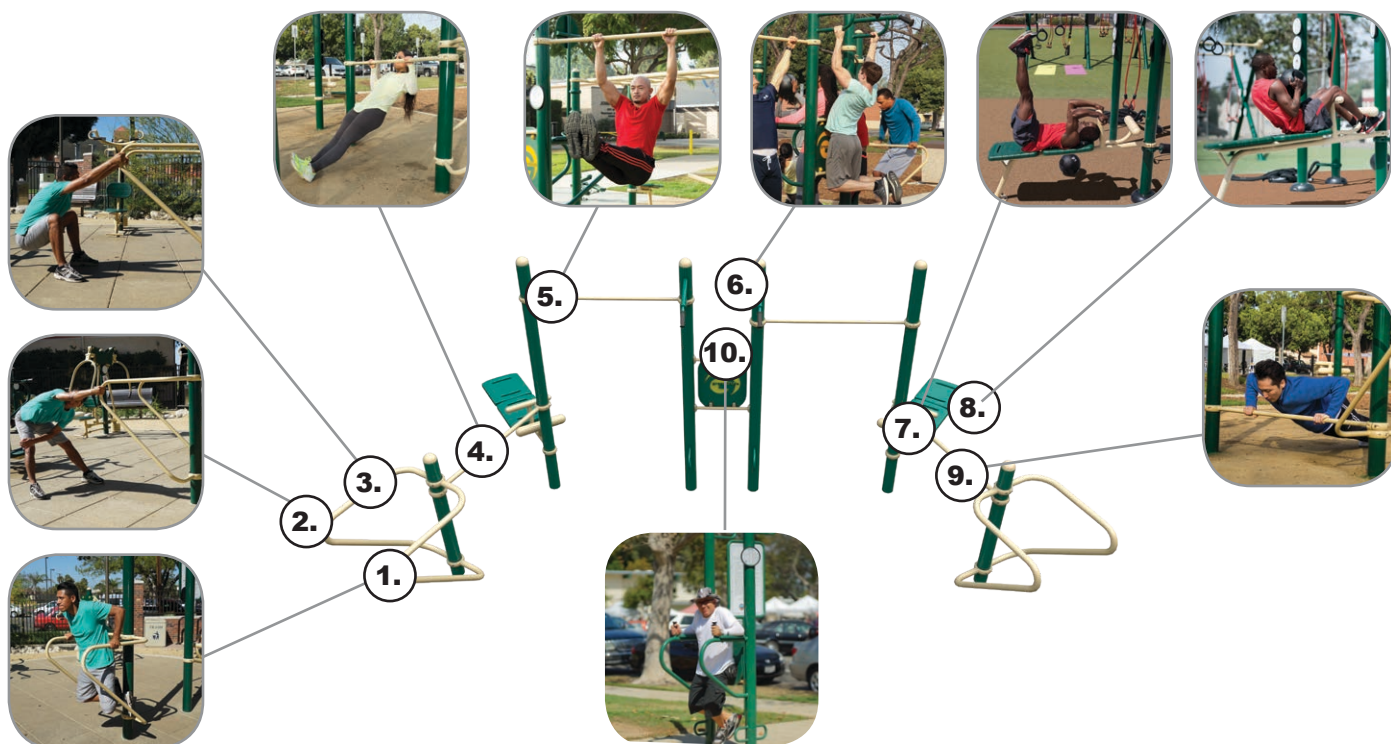
This unit offers the following exercises:

1. Sit-Ups (2 stations)
2. Pull-Ups (2 stations)
3. Assisted Pull-Ups
4. Dips (2 stations)
5. Knee Raises
6. Push-Ups
7. Leg Raises
8. Parallel Pull-Ups
9. Assisted Squats
10. Stretching
11. Ball Target (2 stations)*
12. Horizontal Ladder
13. Lat Pull-Up

*Medicine ball not included

Now with Lat Pull-Up!

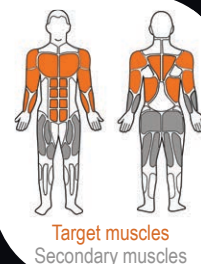




10-PERSON STATIC COMBO SHP2009-5-12

This unit offers the following exercises:

- | | |
|----------------------|-----------------------|
| 1. Dips | 6. Parallel Pull-Ups |
| 2. Stretching | 7. Incline Leg Raises |
| 3. Assisted Squats | 8. Incline Sit-Ups |
| 4. Assisted Pull-Ups | 9. Assisted Push-Ups |
| 5. Chin/Pull-Ups | 10. Leg/Knee Raises |



8-PERSON STATIC COMBO SHP2009-5-11

This unit offers the following exercises:

- | | |
|----------------------|---------------------|
| • Assisted Pull-Ups | • Leg/Knee Raises |
| • Assisted Push-Ups | • Parallel Pull-Ups |
| • Incline Leg Raises | • Chin/Pull-Ups |
| • Incline Sit-Ups | |



8-PERSON LINEAR COMBO SGR2005-1-77

This unit offers the following exercises:

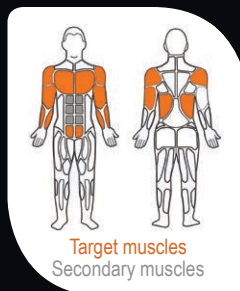
- | | |
|----------------------|------------------------|
| 1. Dips | 6. Chin-Ups/Pull-Ups |
| 2. Assisted Squats | 7. Modified Pull-Ups |
| 3. Chin-Ups/Pull-Ups | 8. Modified Push-Ups |
| 4. Leg/Knee Raises | 9. Incline Sit-Ups |
| 5. Parallel Pull-Ups | 10. Incline Leg Raises |



23-PERSON ROTC RIG SHP2009-7-33

This unit offers the following exercises:

- Pull-ups
- Chin-ups
- Dips





6-PERSON STATIC COMBO SGR2005-1-76

This unit offers the following exercises:

1. Dips
2. Assisted Squats
3. Stretching
4. Chin/Pull-Ups
5. Parallel Pull-Ups
6. Leg/Knee Raises
7. Assisted Pull-Ups
8. Incline Leg Raises
9. Incline Sit-Ups



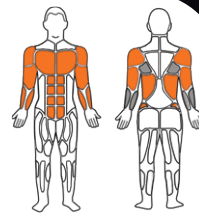


3-PERSON STATIC COMBO SGR2005-1-71

- Strengthens back, shoulders, arm muscles, and core
- Can be used by three people simultaneously
- Great social activity

Available exercises:

- | | |
|------------|--------------|
| • Dips | • Squats |
| • Chin-Ups | • Leg Raises |
| • Sit-Ups | • Stretches |



Target muscles
Secondary muscles



19-PERSON STATIC COMBO SHP2009-5-13

This unit offers the following exercises:

- | | |
|----------------------|-----------------------|
| 1. Dips | 6. Horizontal Ladder |
| 2. Assisted Squats | 7. Leg Raises |
| 3. Stretching | 8. Chin/Pull-Ups |
| 4. Assisted Pull-Ups | 9. Incline Leg Raises |
| 5. Parallel Pull-Ups | 10. Incline Sit-Ups |

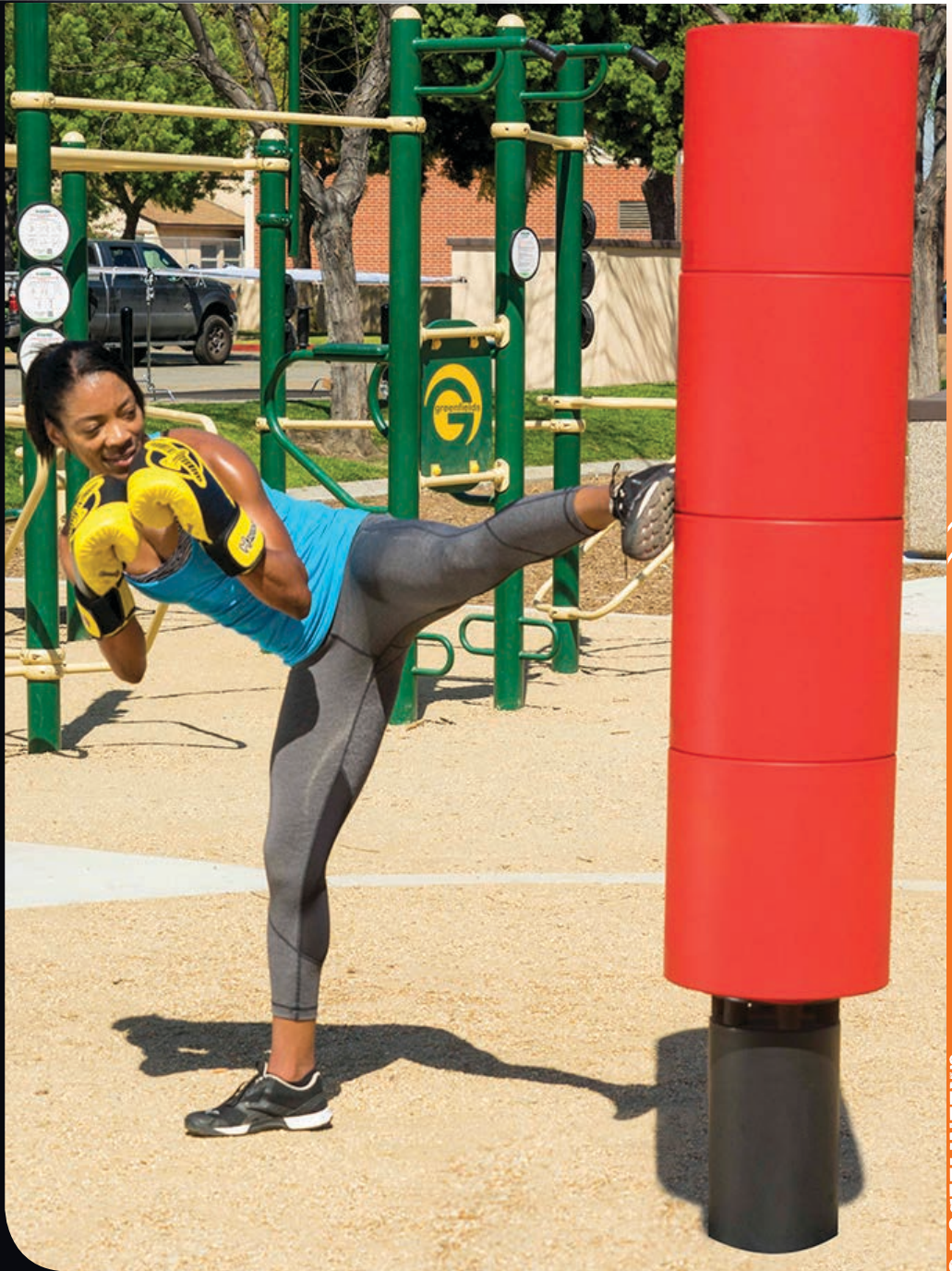




BALANCING PLATE UBX-360

- Strengthens core, quads, lower back, and calves





KICKBOXING STATION UBX-303

- Total body workout - exercises major upper body, lower body, and core muscles
- Improves cardiovascular endurance





4-PERSON COMBO BARS SHP2009-5-10

- Strengthens back muscles, chest, shoulders, biceps, triceps, forearms, upper- and mid-abs
- Can be used by four people simultaneously



Available exercises:

- Squats
- Leg Raises
- Stretches
- Chin-Ups/Pull-Ups





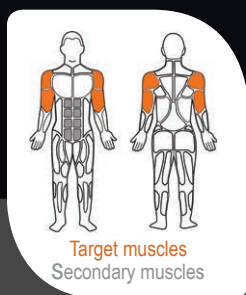
EXERCISE BENCH SHP2009-7-22

- Strengthens shoulders, triceps, abs, and obliques



S-SHAPED FITNESS LADDER SHP2009-5-09-S

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps



WAVE FITNESS LADDER SHP2009-5-09-WV

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps



2-PERSON FULL BAR EXERCISE SHP2009-5-07

- Strengthens chest, shoulders, upper and mid abs, forearms, triceps, glutes, quads, and hamstrings
- Can be used by two people simultaneously
- Great social activity



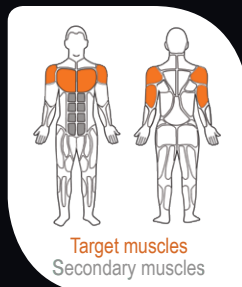
2-PERSON PUSH-UP & DIPS STATION SGR2005-1-15

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously
- Great social activity



2-PERSON DIPS STATION SGR2005-1-14

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously
- Great social activity



MULTI-LEVEL BARS SGR2004-1-33

- Strengthens chest, shoulders, upper and mid abs, forearms, biceps, and triceps
- Can be used by five people simultaneously
- Great social activity



PARALLEL BARS SGR2005-1-43N

- Strengthens shoulders, triceps, and abdominals

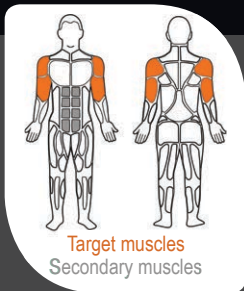


new design



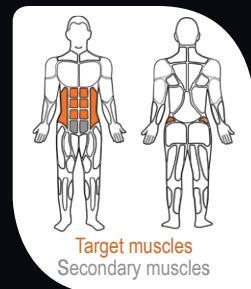
HORIZONTAL LADDER SHP2009-5-09

- Strengthens shoulders, upper and mid abs, biceps, and triceps



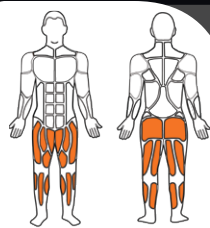
2-PERSON INCLINE SIT-UP BENCH SGR2005-1-19

- Can also be used for leg raises
- Strengthens upper, mid, and lower abdominals
- Strengthens obliques
- Can be used by two people simultaneously
- Great social activity



S-SHAPED JUMP BAR SHP2009-5-08

- Develops balance and agility
- Strengthens quads, calves, and glutes

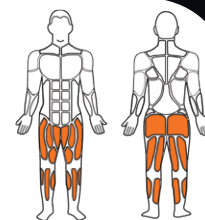


Target muscles
Secondary muscles



3-BEAM JUMP BARS SHP2009-7-20

- Develops balance and agility
- Strengthens quads, calves, and glutes

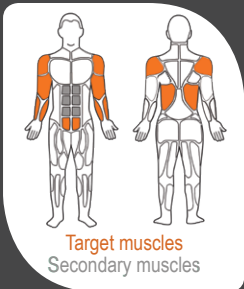


Target muscles
Secondary muscles



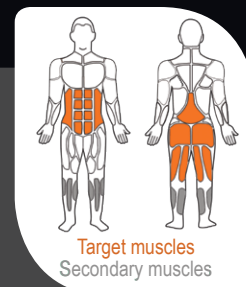
2-LEVEL HORIZONTAL BARS SGR2005-1-45

- Strengthens back muscles, shoulders, arm muscles, and forearms
- Can be used by two people simultaneously
- Great social activity



BACK EXTENSION SHP2009-7-25

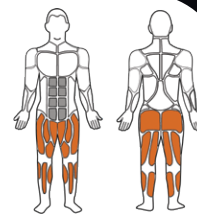
- Strengthens hamstrings, glutes, lower back, and core





PLYOMETRIC STEPS SHP2009-7-24

- Develops quads, calves, and glutes
- Contributes to balance and posture control
- Improves cardiovascular endurance



Target muscles
Secondary muscles



No transferring required!

Promote integration

Available to the able-bodied

Endorsed by U.S. Paralympian Jennifer French

SIGNATURE ACCESSIBLE™



FOR A VIDEO HIGHLIGHT SHOWING SIGNATURE ACCESSIBLE™
UNITS IN USE, VISIT GREENFIELDSFITNESS.COM/ADALINEVIDEO

OUR COMMITMENT TO INCLUSION

As thousands of communities across North America have discovered, outdoor fitness equipment is a unique, fun, and cost-effective solution for a population that increasingly struggles with obesity and related health issues. But too many of these fresh-air gyms neglect a key population: individuals with mobility impairments, who due to their disabilities are more prone to sedentary lifestyles.

To address this need, Greenfields has created a special line specifically for users in wheelchairs.

Unique in their functionality and appeal, the Signature Accessible™ line (U.S. Patent 9,079,069) units allow users to exercise without having to transfer out of their wheelchairs. By incorporating these units into the outdoor gym, the benefits of fitness can be extended to a greater percentage of the population. In addition, the social aspect of Greenfields' fitness zones promotes integration and inclusion of individuals with mobility impairments into the greater community.

As illustrated in this catalog, many units in this line can be used by the able-bodied not only on the side with the seat, but on the accessible side as well. Like Greenfields' Core Line, the Signature Accessible™ line is durable, social, and most importantly, free for the community!

Greenfields is proud to have U.S. Paralympic medalist Jennifer French as spokesperson for the Signature Accessible™ line

French recalls the difficulties encountered when she first began using a wheelchair and wanted to exercise; the closest fitness facility that would accommodate her needs was located at a hospital an hour away.

"Fitness is just as important for people with disabilities, if not more important," says French.

"In the U.S., there is a higher incidence of obesity among people with disabilities than the general population. But access to equipment and facilities is much more limited."

"Having exercise equipment available to use alongside the rest of the community truly integrates people with disabilities into the world of fitness and makes it much more fun!"





Equipped with
SafeStop



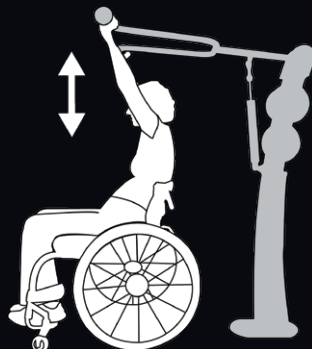
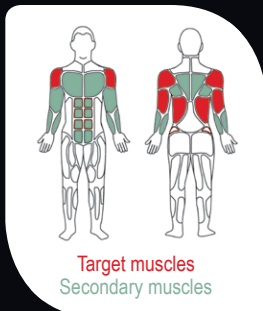
Adjustable: wide resistance
range for a customized workout!



ACCESSIBLE SHOULDER PRESS (Adjustable Resistance) UBX-248-W

bi-directional resistance

- Develops chest, back, shoulders, triceps, forearms, and abs
- 16 resistance levels



U.S. PATENT PENDING

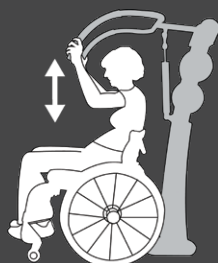
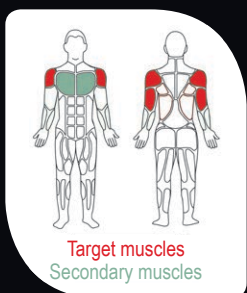
Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are "one size fits most". In order to honor our commitment to quality and safety, Greenfields Outdoor Fitness reserves the right to make changes and revise the design specifications without notice.

SIGNATURE ACCESSIBLE™

ACCESSIBLE VERTICAL PRESS (Adjustable Resistance) UBX-247-W

bi-directional resistance

- Develops chest, front shoulders, and triceps
- 16 resistance levels

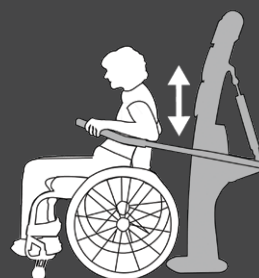
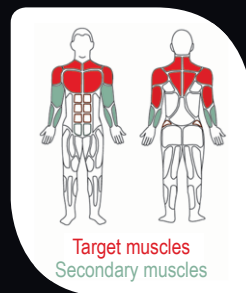


U.S. PATENT PENDING

ACCESSIBLE TRICEP PRESS (Adjustable Resistance) UBX-244-W

bi-directional resistance

- Strengthens trapezius, triceps, biceps, chest, and shoulders
- 16 resistance levels



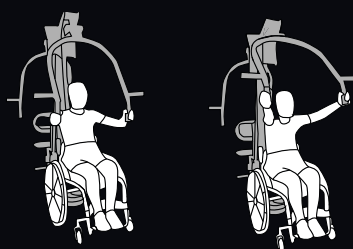
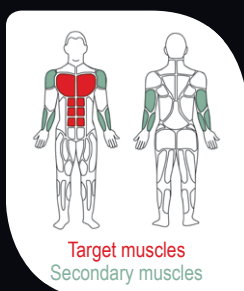
U.S. PATENT PENDING



U.S. PATENT 9,079,069

2-PERSON ACCESSIBLE CHEST PRESS SGR2005-1-48A-W

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer



Also usable by the able-bodied in a standing position!

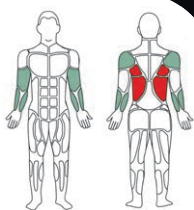
SIGNATURE ACCESSIBLE™



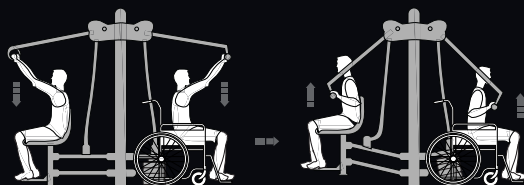
U.S. PATENT 9,079,069

2-PERSON ACCESSIBLE LAT PULL SGR2005-1-48-W

- Strengthens back muscles, shoulders, and arm muscles
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer



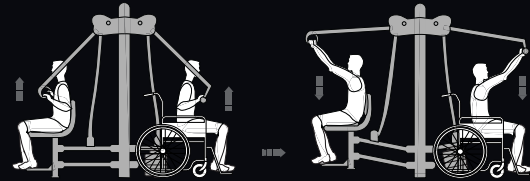
Target muscles
Secondary muscles



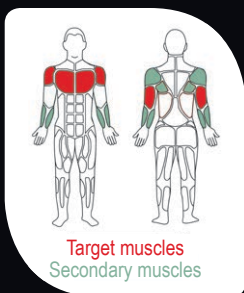
Also usable by the able-bodied in a standing position!

2-PERSON ACCESSIBLE VERTICAL PRESS SGR2005-1-47-W

- Strengthens chest, shoulders, forearms, and triceps
- Can be used by two people simultaneously & independently of each other
- Wheelchair accessible side may be used by the able-bodied in a standing position
- Side with seat may be used by those in wheelchairs who can transfer



Also usable by the able-bodied in a standing position!

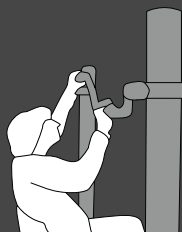
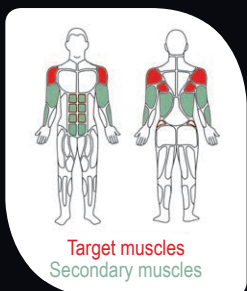


U.S. PATENT 9,079,069

SIGNATURE ACCESSIBLE™

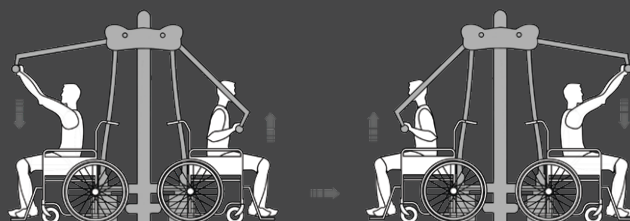
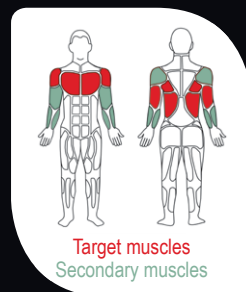
ACCESSIBLE HAND CYCLE SHP2009-7-21

- Strengthens back, biceps, triceps, trapezius, core, and shoulders
- Low-impact
- Resistance-free



2-PERSON ACCESSIBLE COMBO LAT PULL & VERTICAL PRESS SGR2005-1-48C-W

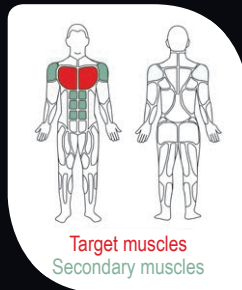
- Strengthens upper back, chest, shoulders, biceps, upper and mid abs, forearms, triceps, and core
- Great social activity
- Can be used by two people simultaneously & independently of each other



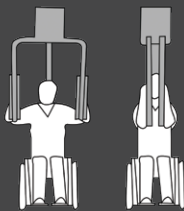
U.S. PATENT 9,079,069

ACCESSIBLE BUTTERFLY SGR2005-1-08-W

- Develops chest, front shoulders, and upper and mid-abs

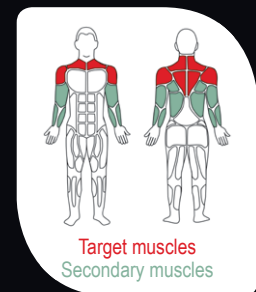


U.S. PATENT 9,079,069

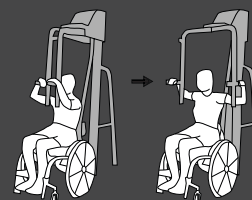


ACCESSIBLE REVERSE BUTTERFLY SGR2005-1-90-W

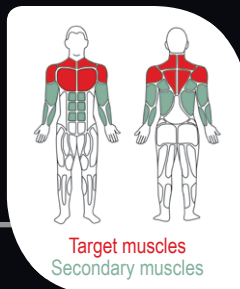
- Strengthens arms, shoulders, and back muscles



U.S. PATENT 9,079,069



2-PERSON ACCESSIBLE COMBO BUTTERFLY & REVERSE FLY SGR2005-1-48E-W

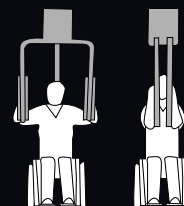


Develops chest, arms, back, front shoulders, and upper and mid-abs

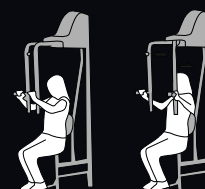
Configuration A



Accessible Side:
Butterfly



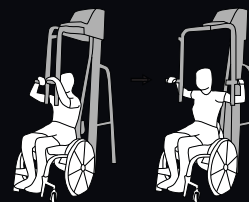
Standard Side:
Reverse Butterfly



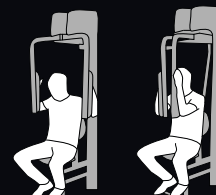
Configuration B



Accessible Side:
Reverse Butterfly



Standard Side:
Butterfly



CORE LINE

Body-weight resistance
Social & multigenerational
Built for any climate
Enjoyed in hundreds of communities worldwide!

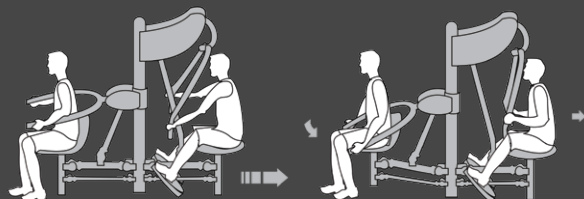
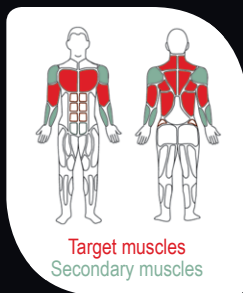


**FOR A VIDEO HIGHLIGHT SHOWING CORE LINE UNITS IN USE,
VISIT [GREENFIELDSFITNESS.COM/CORELINEVIDEO](https://www.greenfieldsfitness.com/corelinevideo)**

2-PERSON BACK & ARMS COMBO

SGR2005-1-42

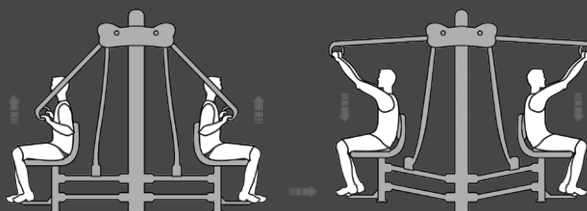
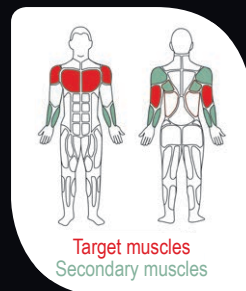
- Strengthens back, biceps, triceps, trapezius, and shoulders
- Great social activity
- Can be used by two people simultaneously & independently of each other



2-PERSON VERTICAL PRESS

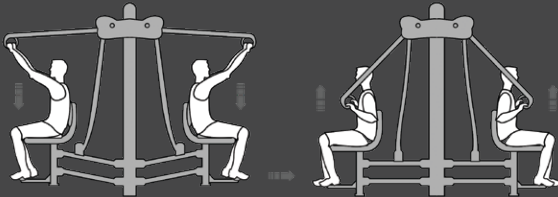
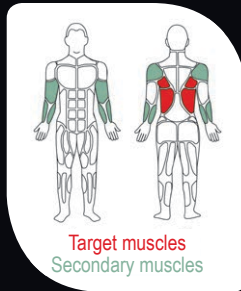
SGR2005-1-47

- Strengthens chest, shoulders, forearms, and triceps
- Great social activity
- Can be used by two people simultaneously & independently of each other



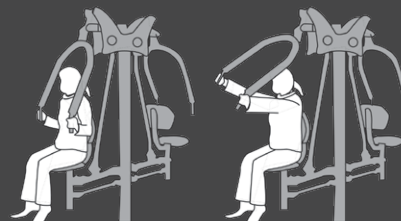
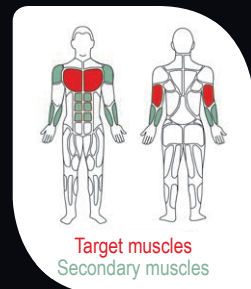
2-PERSON LAT PULL SGR2005-1-48

- Strengthens back muscles, shoulders, and arm muscles
- Great social activity
- Can be used by two people simultaneously & independently of each other



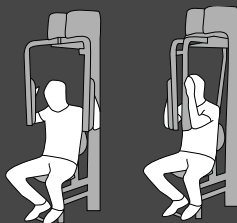
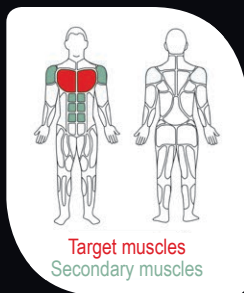
2-PERSON CHEST PRESS SGR2005-1-48A

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Great social activity
- Can be used by two people simultaneously & independently of each other



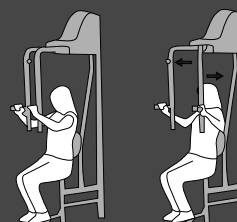
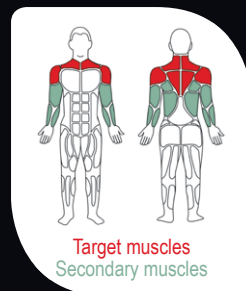
SINGLE BUTTERFLY SGR2005-1-08

- Develops chest, front shoulders, and upper and mid-abs



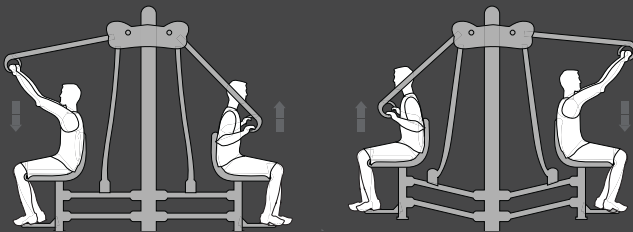
SINGLE REVERSE BUTTERFLY SGR2005-1-90

- Strengthens arms, shoulders, and back muscles



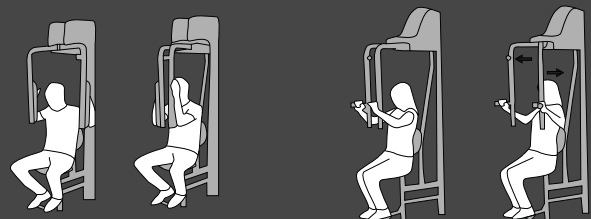
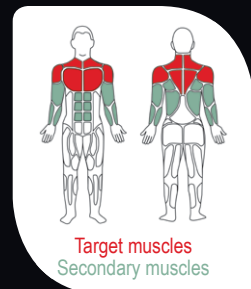
2-PERSON COMBO LAT PULL & VERTICAL PRESS SGR2005-1-48C

- Strengthens upper back, chest, shoulders, biceps, upper and mid abs, forearms, triceps, and core
- Great social activity
- Can be used by two people simultaneously & independently of each other



2-PERSON COMBO BUTTERFLY & REVERSE FLY SGR2005-1-48E

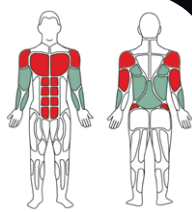
- Develops chest, arms, front shoulders, back, and upper and mid-abs
- Can be used by two people simultaneously & independently of each other





4-PERSON PENDULUM, ABS, & DIPS STATION SGR2005-1-22

- Strengthens chest, shoulders, biceps, forearms, lower back, and abdominals
- Loosens hips and side
- Can be used by four people simultaneously & independently of each other
- Great social activity



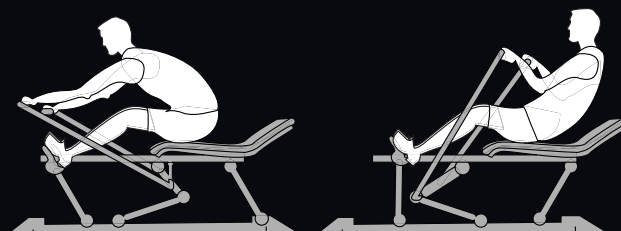
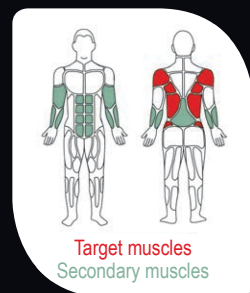
Target muscles
Secondary muscles





ROWING MACHINE SGR2005-1-91

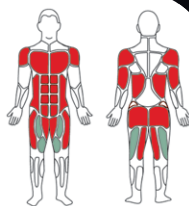
- Strengthens back muscles, shoulders, arm muscles, and abdominals
- Improves cardiovascular endurance





4-PERSON LOWER BODY COMBO SGR2005-1-21

- Strengthens legs, glutes, obliques, triceps, shoulders, chest, and core
- Stretches lower back and inner thigh
- Can be used by four people simultaneously & independently of each other
- Great social activity

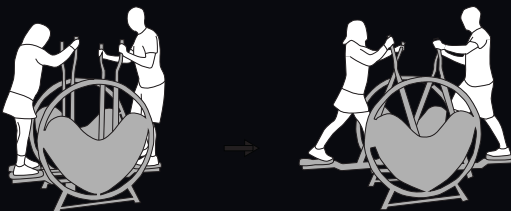
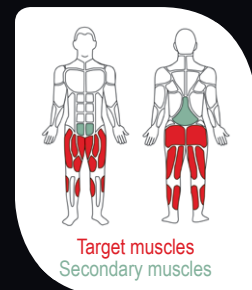


Target muscles
Secondary muscles



2-PERSON CROSS COUNTRY SKI SGR2005-1-26

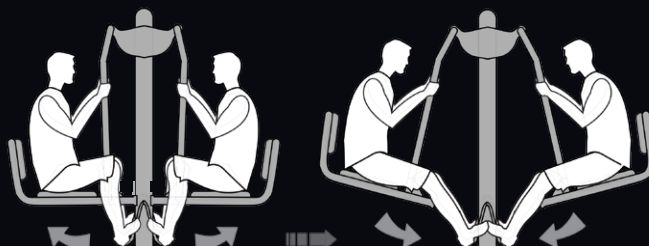
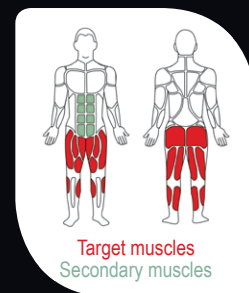
- Strengthens leg muscles, improves cardiovascular endurance
- Can be used by two people simultaneously or one person alone
- Great social activity





4-PERSON LEG PRESS SGR2005-1-104N

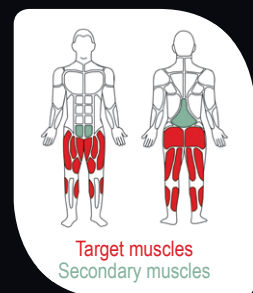
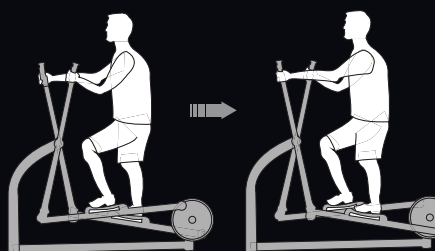
- Strengthens abdominals and leg muscles, particularly quads and calves
- Great social activity
- Can be used by four people simultaneously & independently of each other
- Also available as a 2-person model (SHP2009-5-05N) - please see page 140



SINGLE ELLIPTICAL SHP2009-5-03

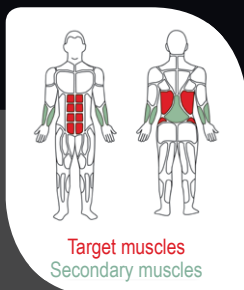


- Strengthens leg muscles
- Improves cardiovascular endurance



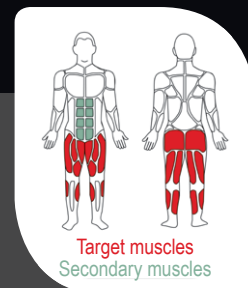
4-PERSON TWISTING STATION SGR2005-1-46

- Stretches torso
- Can be used by four people simultaneously & independently of each other
- Great social activity



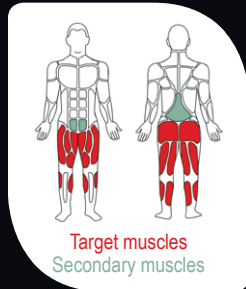
LEG EXTENSION SGR2005-1-98

- Strengthens abdominals and leg muscles, particularly quads



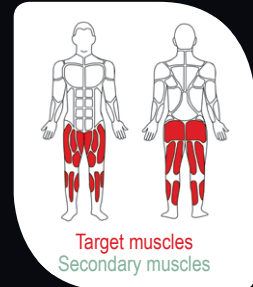
SINGLE CROSS COUNTRY SKI SGR2005-1-09

- Strengthens leg muscles
- Improves cardiovascular endurance
- Also available in a 2-Person model (SGR2005-1-26) - please see page 135



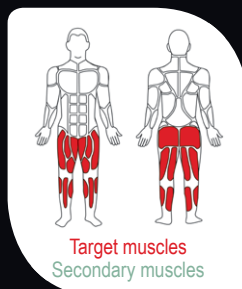
2-PERSON AIR WALKER SGR2005-1-23

- Strengthens and stretches leg muscles
- Increases lower body range of motion
- Also available as a 1-person model (SHP2009-5-06) - please see below



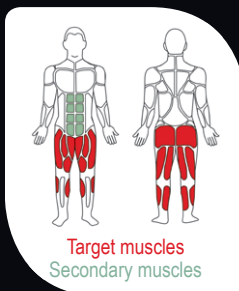
SINGLE AIR WALKER SHP2009-5-06

- Strengthens and stretches leg muscles
- Increases lower body range of motion
- Also available as a 2-person model (SGR2005-1-23) - please see above



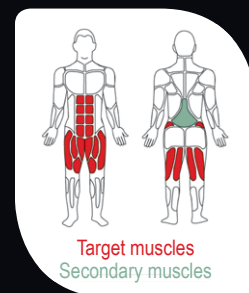
2-PERSON LEG PRESS SHP2009-5-05N

- Strengthens calves, hamstrings, glutes, and quadriceps
- Can be used by two people simultaneously & independently of each other
- Also available in a 4-person model (SGR2005-1-104N) - please see page 136



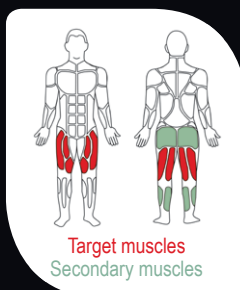
SEATED CORE STRENGTHENING SGR2005-1-28

- Strengthens abdominals and thigh muscles



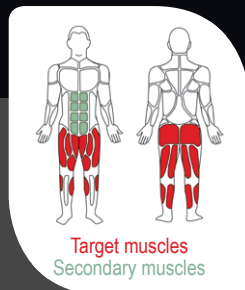
BALANCE STEPS SHP2009-7-30

- Improves balance
- Develops posture control
- Improves cardiovascular endurance



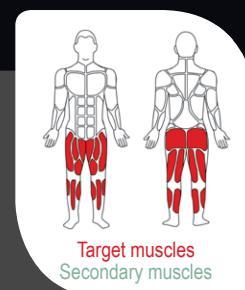
RECUMBENT BIKE SGR2005-1-49

- Strengthens calves, hamstrings, glutes, and quadriceps
- Low-impact
- Resistance-free



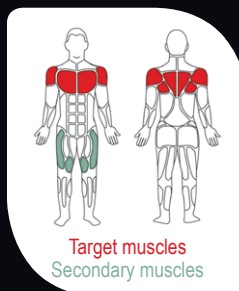
UPRIGHT BIKE SGR2005-1-89

- Strengthens hamstrings, glutes, quadriceps, calves, lower back, and core
- Low-impact
- Resistance-free



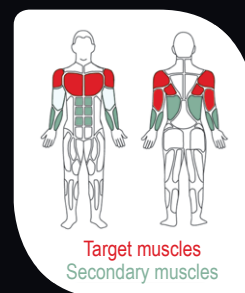
TAI-CHI SPINNERS SGR2005-1-04

- Strengthens shoulders
- Can help improve wrist agility
- Can be used by two people simultaneously



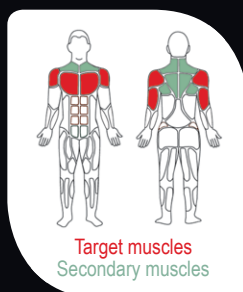
WEIGHT LIFT SGR2005-1-12

- Strengthens chest, shoulders, upper and mid abs, forearms, and triceps
- Wheelchair accessible



BENCH PRESS SHP2009-7-26

- Strengthens chest, shoulders, and triceps



WARRANTY

- Limited 10-year warranty on main post and metal structure
- Limited 5-year warranty on moving parts and bearings
- Limited 5-year warranty on seats and backrests
- Limited 3-year warranty on hydraulic pistons
- Limited 2-year warranty on footrests, armrests, rubber parts, ropes, and chains

All warranties cover failure due to natural deterioration or manufacturing defects and do not include any cosmetic issues or wear and tear from normal use. This warranty does not cover cosmetic items such as scratches, dents, marring, fading, discoloring, weathering, wear and tear, or normal level of rusting.

Warranty is valid only if the equipment is installed and maintained in conformity with Greenfields' installation and maintenance procedures furnished by Greenfields Outdoor Fitness. Equipment should not be exposed to any irrigation, especially with reclaimed water, as this will void the warranty.

OTHER PRODUCT INFORMATION

Greenfields will continue to develop its line of products and therefore reserves the right to change the design specifications without notice.

The equipment is designed for use by individuals weighing up to 300 pounds.

The equipment is NOT intended to be used by individuals younger than 14 years of age unless supervised by adults.

Greenfields' units are designed to accommodate the majority of users age 14 and above; however, due to the nature of outdoor fitness equipment, units are regarded as "one size fits most, but not all".

CUSTOMER SUPPORT

Upon written notification (email or fax) to Greenfields of a product's failure to conform to any of the aforementioned warranties during the applicable warranty period, Greenfields shall correct such failure/nonconformity by repairing the defective part(s) or providing replacement part(s) within 60 calendar days of receipt of the notification. Greenfields shall ship the required replacement part(s) to the site free of charge, but will not be responsible for providing labor or the cost of labor for removing defective part(s) or installing replacement part(s). Greenfields will warranty the replacement part(s) for the remainder of the original warranty period.

Furthermore, no representation, oral or written, of any individual may be substituted for this exclusive limited warranty. To the extent permitted by law, Greenfields shall not be liable for any direct, indirect, special incidental or consequential damages, which are expressly excluded from the sale of its product.

To make claims under the terms of this warranty, please contact Greenfields' Customer Support Center at CSC@GreenfieldsFitness.com. Please include photos or video.

INSTALLATION

Greenfields' equipment is constructed from heavy steel pipes and is subject to heavy forces and torques when in use as intended. Extra care must be taken to ensure that the equipment is securely installed so that it can be safely enjoyed for years to come.

There are two methods of installation for the equipment:

- Surface mount installation with posts bolted to a reinforced concrete slab a minimum of 6"-8" thick (please refer to Installation Instructions & Video for detailed guidelines)
- Permanent in-ground installation in which the equipment post extensions are placed in concrete footings and use provided rebar pegs (please refer to Installation Instructions & Video)

Installers and project managers are encouraged to contact Greenfields' Customer Support Center with any questions before and/or after installation. Detailed installations instructions are available for all

products and are included in the Operations & Maintenance (O&M) Owner's Manuals which are shipped with every order.

Often the installation of Greenfields products is assigned to the lowest bidder contractor. The contractor may not have been in contact with Greenfields prior to the project or seen the detailed Installation Instructions. It is the responsibility of the project manager to ensure said contractor is provided with the most updated set of Greenfields' Installation Instructions & Installation Video to ensure the validity of the warranty.

Should the project installer need a copy of the Installation Instructions, please contact Greenfields' Customer Support Center at 888-315-9037 or by email at CSC@GreenfieldsFitness.com.

SAFETY STANDARDS

This adult outdoor fitness equipment is not intended for use by unsupervised individuals younger than 14 years of age.

ASTM recently adopted ASTM F3101-15 Standard Specification for Unsupervised Public Use Outdoor Fitness Equipment.

While playgrounds are subject to laws in various states requiring compliance with ASTM and/or Consumer Product Safety Commission (CPSC) guidelines, at present there are no state laws requiring compliance with standards set forth by ASTM for outdoor fitness equipment (nor with CPSC guidelines, as none currently exist.) Play equipment can be certified to be in compliance with ASTM by the International Playground Equipment Manufacturers Association (IPEMA), and many agencies have a requirement that they only purchase equipment that is IPEMA certified. However, at this time, this is not possible with outdoor fitness equipment, as IPEMA does not currently certify compliance of outdoor fitness equipment. In addition, at this time there are no programs in place to train certified inspectors for outdoor fitness equipment.

Without a state law that requires compliance, specifications are voluntary only.

However, Greenfields Outdoor Fitness strives to comply with all of the voluntary specifications of ASTM F3101-15.

Greenfields recommends adding a customized sign to each project to limit liability.

SURFACING MATERIALS

Over the years, Greenfields' product has been installed using the following types of surfacing: decomposed granite (aka DG or crushed granite), concrete, bonded rubber or poured-in-place surfacing, rubber tiles, asphalt, paver stones, and synthetic grass. Mulch, woodchips, beach sand, and sod have also been used but are not recommended for wheelchair access.

The type of surfacing used is ultimately the choice of the owner and their project manager.

MAINTENANCE & EQUIPMENT UPKEEP

Greenfields Outdoor Fitness equipment is intended to be used by the unsupervised public in a variety of outdoor settings. Greenfields is extremely proud of the safe and durable design of its products, which are built to surpass their warranty under normal usage. Installations throughout the hemisphere prove this equipment's success in both hot and cold climates, as well as dry and humid conditions. While the units are designed to require, for the most part, little to no maintenance, Greenfields recognizes that heavy and constant usage will require a minimal level of maintenance which will be scheduled based on the specific nature of each project.

Installation on an ocean front, or with a direct line of sight to the ocean, will expose the units to salt and will require additional maintenance which is not required inland or in dry climates. Such installations will require a regular fresh water rinse to remove the salt from the units (do not use reclaimed water - exposing the equipment to reclaimed water will void warranty).

Greenfields recommends periodic inspection by a maintenance team to ensure each and every apparatus functions as intended. Please refer to Periodic Inspection Checklist provided with the O&M Owner's Manuals.

PLAN YOUR PROJECT



Community profile (age range, ability level, etc. of those who will use the equipment):

Accessible units needed? _____

Park name: _____

Dimensions of available space:

Method of installation - surface mount (recommended) or in-ground footings:

Surfacing (reference previous page for surfacing options):

Target completion date:












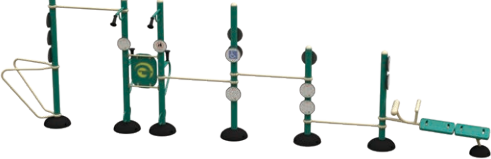








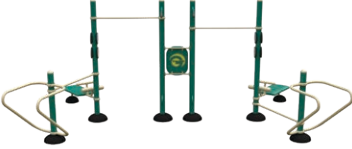




PROFESSIONAL SERIES

with adjustable resistance












<p>UBX-208 BUTTERFLY</p>  <p>Users: 1 Exercises: 1 Page: 88</p>	<p>UBX-211 AB TONER</p>  <p>Users: 1 Exercises: 1 Page: 92</p>	<p>UBX-215 LEG PRESS</p>  <p>Users: 1 Exercises: 1 Page: 91</p>	<p>UBX-217 SQUAT</p>  <p>Users: 1 Exercises: 1 Page: 90</p>	<p>UBX-218 INNER THIGH ADDUCTOR</p>  <p>Users: 1 Exercises: 1 Page: 92</p>
	<p>UBX-223 SIT-UP BENCH</p>  <p>Users: 1 Exercises: 1 Page: 89</p>	<p>UBX-244 TRICEP PRESS</p>  <p>Users: 1 Exercises: 1 Page: 85</p>	<p>UBX-244-W ACCESSIBLE TRICEP PRESS</p>  <p>Users: 1 Exercises: 1 Page: 85</p>	<p>UBX-246 CHEST PRESS</p>  <p>Users: 1 Exercises: 1 Page: 88</p>
<p>UBX-247 VERTICAL PRESS</p>  <p>Users: 1 Exercises: 1 Page: 84</p>	<p>UBX-247-W ACCESSIBLE VERTICAL PRESS</p>  <p>Users: 1 Exercises: 1 Page: 84</p>	<p>UBX-248 SHOULDER PRESS</p>  <p>Users: 1 Exercises: 1 Page: 86</p>	<p>UBX-248-W ACCESSIBLE SHOULDER PRESS</p>  <p>Users: 1 Exercises: 1 Page: 86</p>	<p>UBX-255 ARM CURL</p>  <p>Users: 1 Exercises: 1 Page: 87</p>
<p>UBX-258 HIP TWIST</p>  <p>Users: 1 Exercises: 1 Page: 92</p>	<p>UBX-290 ROWER</p>  <p>Users: 1 Exercises: 1 Page: 89</p>	<p>UBX-292 STEPPER</p>  <p>Users: 1 Exercises: 1 Page: 90</p>	<p>UBX-293 BENCH PRESS</p>  <p>Users: 1 Exercises: 1 Page: 87</p>	<p>UBX-298 LEG EXTENSION & CURL</p>  <p>Users: 1 Exercises: 1 Page: 91</p>















FUNCTIONAL FITNESS

<p>SGR2004-1-33 MULTI-LEVEL BARS</p>  <p>Users: 5 Exercises: 4 Page: 112</p>	<p>SGR2005-1-14 2-PERSON DIPS STATION</p>  <p>Users: 2 Exercises: 2+ Page: 111</p>	<p>SGR2005-1-15 2-PERSON PUSH-UPS & DIPS STATION</p>  <p>Users: 2 Exercises: 3+ Page: 111</p>	<p>SGR2005-1-19 2-PERSON INCLINE SIT-UP BENCH</p>  <p>Users: 2 Exercises: 4 Page: 113</p>	<p>SGR2005-1-43N PARALLEL BARS</p>  <p>Users: 2 Exercises: 2+ Page: 112</p>	<p>SGR2005-1-45 2-LEVEL HORIZONTAL BARS</p>  <p>Users: 2 Exercises: 2 Page: 115</p>
<p>SGR2005-1-71 3-PERSON STATIC COMBO</p>  <p>Users: 3 Exercises: 6+ Page: 104</p>	<p>SGR2005-1-70 PULL-UP & DIPS STATION</p>  <p>Users: 2 Exercises: 4+ Call for details</p>	<p>SGR2005-1-76 6-PERSON STATIC COMBO</p>  <p>Users: 6 Exercises: 9+ Page: 103</p>	<p>SGR2005-1-77 8-PERSON LINEAR COMBO</p>  <p>Users: 8 Exercises: 10+ Page: 101</p>		<p>SGR2009-1-03 PUSH-UP BAR</p>  <p>Users: 1 Exercises: 1 Call for details</p>
<p>SHP2009-5-07 2-PERSON FULL BAR EXERCISE</p>  <p>Users: 2 Exercises: 4 Page: 111</p>	<p>SHP2009-5-08 S-SHAPED JUMP BAR</p>  <p>Users: 1 Exercises: 1 Page: 114</p>	<p>SHP2009-5-09 HORIZONTAL LADDER</p>  <p>Users: 1 Exercises: 3 Page: 113</p>	<p>SHP2009-5-09-WV WAVE LADDER</p>  <p>Users: 1 Exercises: 2 Page: 110</p>	<p>SHP2009-5-09-S S-SHAPED LADDER</p>  <p>Users: 1 Exercises: 2 Page: 110</p>	<p>SHP2009-5-10 4-PERSON COMBO BARS</p>  <p>Users: 4 Exercises: 4 Page: 108</p>
<p>SHP2009-5-11 8-PERSON STATIC COMBO</p>  <p>Users: 8 Exercises: 7+ Page: 100</p>		<p>SHP2009-5-12 10-PERSON STATIC COMBO</p>  <p>Users: 10 Exercises: 10+ Page: 100</p>		<p>SHP2009-5-13 19-PERSON STATIC COMBO</p>  <p>Users: 19 Exercises: 10+ Page: 105</p>	
<p>SHP2009-5-14 13-PERSON CROSS FITNESS RIG</p>  <p>Users: 13 Exercises: 13+ Page: 98</p>		<p>SHP2009-5-15 FUNCTIONAL FITNESS RIG</p>  <p>Users: 14 Exercises: 17+ Page: 94</p>		<p>SHP2009-5-16 X-RIG</p>  <p>Users: 8 Exercises: Many Page: 96</p>	


























FUNCTIONAL FITNESS

<p>SHP2009-7-20 3-BEAM JUMP BARS</p>  <p>Users: 1 Exercises: 1 Page: 114</p>	<p>SHP2009-7-22 EXERCISE BENCH</p>  <p>Users: 1 Exercises: 5+ Page: 109</p>	<p>SHP2009-7-24 PYLOMETRIC STEPS SET OF 3</p>  <p>Users: 3 Exercises: 2 Page: 116</p>	<p>SHP2009-7-25 BACK EXTENSION</p>  <p>Users: 1 Exercises: 1 Page: 115</p>	<p>SHP2009-7-29 POMMEL HORSE</p>  <p>Users: 1 Exercises: 1 Call for details</p>	<p>SHP2009-7-32 MULTI-LEVEL FITNESS RACK</p>  <p>Users: 17 Exercises: 2+ Call for details</p>
<p>SHP2009-7-33 ROTC RIG</p>  <p>Users: 23 Exercises: 3+ Page: 102</p>	<p>SHP2009-7-35 OVER UNDER</p>  <p>Users: 1 Exercises: 1 Call for details</p>	<p>SHP2009-7-36 SLALOM COURSE</p>  <p>Users: 1 Exercises: 1 Call for details</p>	<p>UBX-303 KICKBOXING STATION</p>  <p>Users: 1 Page: 107</p>	<p>UBX-360 BALANCING PLATE</p>  <p>Users: 1 Page: 106</p>	

SIGNATURE ACCESSIBLE™

<p>SGR2005-1-04-W ACCESSIBLE TAI-CHI SPINNERS</p>  <p>Users: 2 Exercises: 1 Call for details</p>	<p>SGR2005-1-08-W ACCESSIBLE BUTTERFLY</p>  <p>Users: 1 Exercises: 1 Page: 125</p>	<p>SGR2005-1-47-W ACCESSIBLE VERTICAL PRESS</p>  <p>Users: 2 Exercises: 4 Page: 123</p>	<p>SGR2005-1-48-W ACCESSIBLE LAT PULL</p>  <p>Users: 2 Exercises: 4 Page: 122</p>	<p>SGR2005-1-48A-W ACCESSIBLE CHEST PRESS</p>  <p>Users: 2 Exercises: 4 Page: 121</p>	<p>SGR2005-1-48C-W ACCESSIBLE LAT PULL & VERTICAL PRESS</p>  <p>Users: 2 Exercises: 4 Page: 124</p>
<p>SGR2005-1-48E-W ACCESSIBLE BUTTERFLY & REVERSE FLY</p>  <p>Users: 2 Exercises: 2 Page: 126</p>	<p>SGR2005-1-90-W ACCESSIBLE REVERSE FLY</p>  <p>Users: 1 Exercises: 1 Page: 125</p>	<p>SHP2009-7-21 ACCESSIBLE HAND CYCLE</p>  <p>Users: 1 Exercises: 1 Page: 124</p>	<p>UBX-244-W ACCESSIBLE TRICEP PRESS</p>  <p>Users: 1 Exercises: 1 Page: 120</p>	<p>UBX-247-W ACCESSIBLE VERTICAL PRESS</p>  <p>Users: 1 Exercises: 1 Page: 120</p>	<p>UBX-248-W ACCESSIBLE SHOULDER PRESS</p>  <p>Users: 1 Exercises: 1 Page: 119</p>

CORE LINE

<p>SGR2005-1-04 TAI-CHI SPINNERS</p>  <p>Users: 2 Exercises: 1 Page: 142</p>	<p>SGR2005-1-08 SINGLE BUTTERFLY</p>  <p>Users: 1 Exercises: 1 Page: 130</p>	<p>SGR2005-1-09 SINGLE CROSS-COUNTRY SKI</p>  <p>Users: 1 Exercises: 1 Page: 139</p>	<p>SGR2005-1-12 WEIGHT LIFT</p>  <p>Users: 1 Exercises: 1 Page: 142</p>	<p>SGR2005-1-21 4-PERSON LOWER BODY COMBO</p>  <p>Users: 4 Exercises: 5 Page: 134</p>
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