



Promoting Wellness & Fighting Obesity One Community at a Time.™

FUNCTIONAL FITNESS



Build Your Own
**FUNCTIONAL
FITNESS RIG!**

New!
3-PERSON
KETTLEBELL



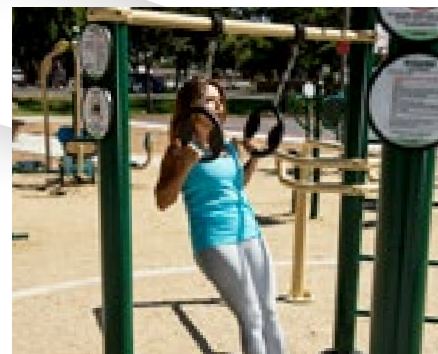
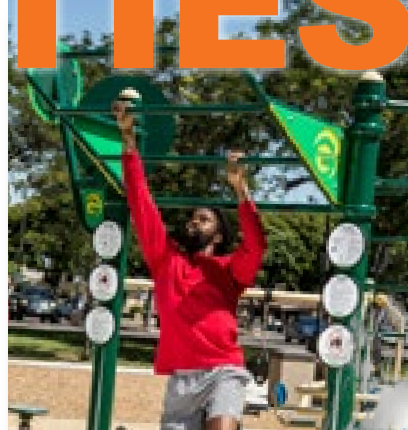
New!
ROTATING
PULL-UP
WHEEL





LIMITLESS POSSIBILITIES

Get ready for the most dynamic and rigorous fitness experience yet! Both practical and highly challenging, functional fitness exercises enhance participants' capabilities for performing everyday physical tasks while building strength and stamina. Greenfields Outdoor Fitness brings an unequalled variety of functional fitness exercises to the outdoor gym environment, offering virtually unlimited possibilities! From our Build-Your-Own Rigs to customizable fitness packages, we have something for every community and every space.





Preston Miller Park, KY



Greenfields
Outdoor Fitness
Promoting Wellness & Fighting Obesity One Community at a Time.

OPTIONS

Outdoor gyms come in every shape and size imaginable, providing exercises for all members of the community. The two gyms at Preston Miller and De Anza parks combine Greenfields' Functional Fitness Rigs with units from our other product lines for a workout experience that provides activities for virtually everyone. Visit greenfieldsfitness.com for more on the wide variety of options we offer to ensure you get the right solution for your unique community.

De Anza Park, CA

Functional Fitness Rig added after the original installation (seen in the background)



FUNCTIONAL FITNESS RIG

Greenfields' Functional Fitness Rig packs a huge punch with an incredible array of exercises in a modest space. Accommodating 13 simultaneous users, the Functional Fitness Rig includes 16 features that can be used for countless activities.

SHP2009-5-15

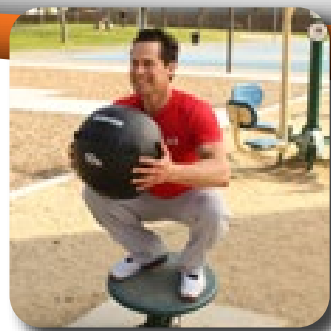
Space required: 29'1" x 26'5"



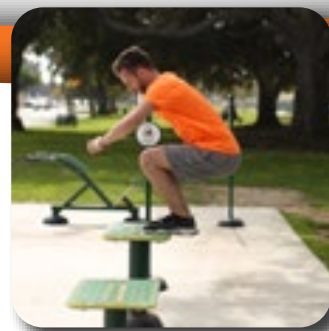
Complement the Functional Fitness Rig with these units:



Parallel Bars



Balancing Plate



Plyometric Steps

Available Exercises:

- | | |
|---------------------|-------------------------|
| 1. Split Squats | 9. Leg Raises |
| 2. Incline Ladder | 10. Dips |
| 3. Incline Sit-Ups | 11. Swedish Ladder |
| 4. S-Shape Ladder | 12. Cannonball Pull-Ups |
| 5. Lat Pull-Ups | 13. Ring Rows |
| 6. Ball Target* | 14. Battle Ropes* |
| 7. Stretching Post | 15. High Rings |
| 8. S-Shape Pull-Ups | 16. Rope Climb |

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.

CONCEPT 1

With units from our:

Functional Fitness Line

Legacy Series

Signature Accessible™ Line

Professional Series



Wheelchair-friendly exercise area

Turn virtually any outdoor space into a fun, fitness-focused gathering place with Greenfields' many unique exercise solutions:

- The recently-enhanced Functional Fitness line for elite athletes
- Greenfields' Professional Series with the most advanced adjustable-resistance feature on the market
- The Signature Accessible™ line for those with mobility impairments
- Body-weight resistance units for a wide range of users



CONCEPT 2

Includes new wheelchair accessible adjustable-resistance units from Greenfields' Signature Accessible™ line (U.S. Patent 9,079,069).

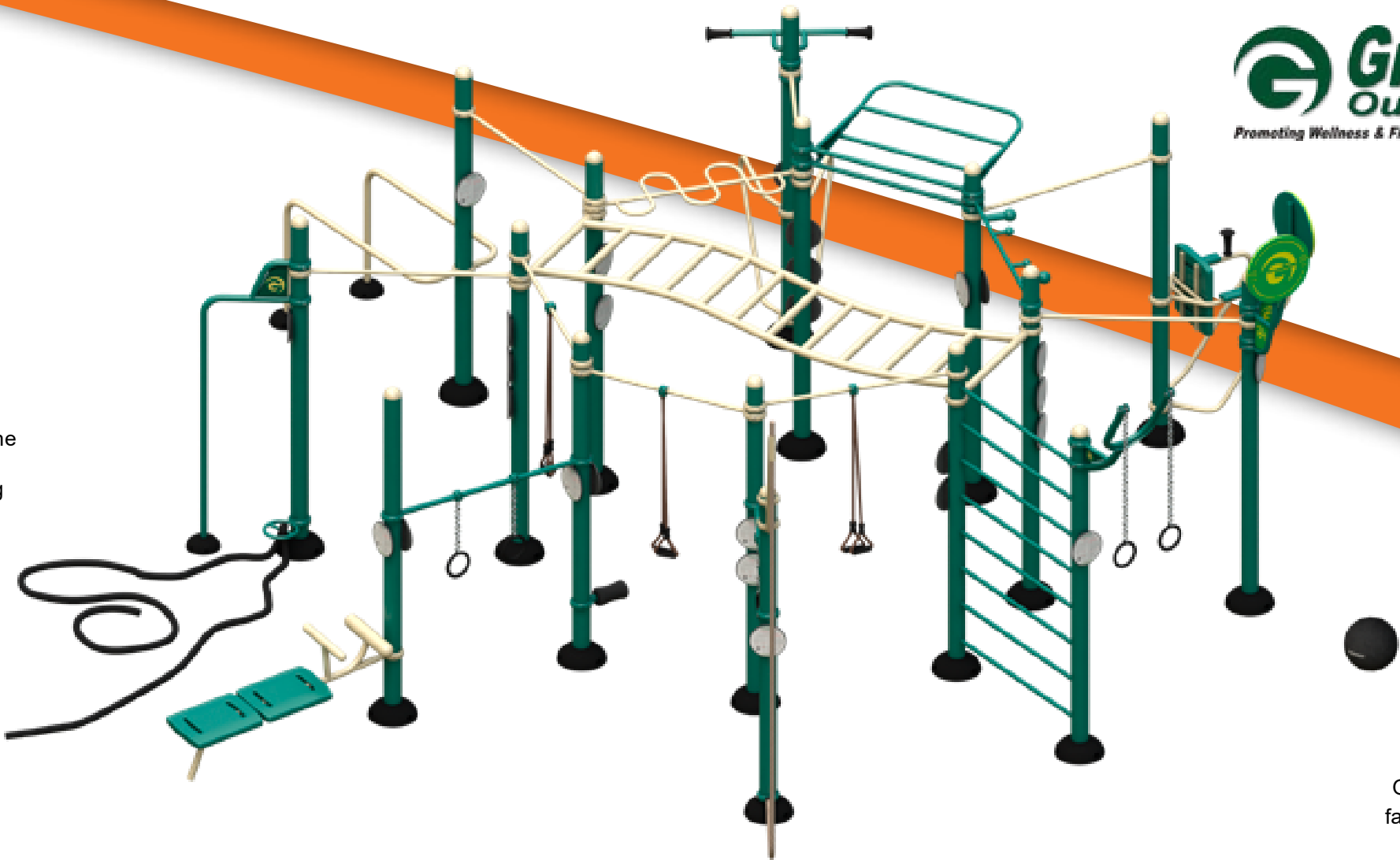


Wheelchair-friendly exercise area

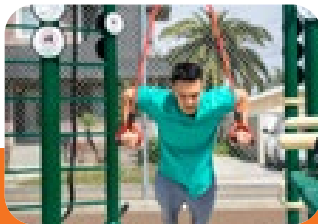
25-PERSON MEGA FUNCTIONAL FITNESS RIG

SHP2009-5-18

Greenfields' flagship Rig will transform any space into an exciting fitness destination! The 25-Person Mega Functional Fitness Rig's many challenging features create a highly social workout environment for the community.



Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.



Cannonball Pull-Ups



High Rings



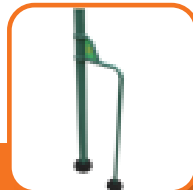
S-Shape Ladder



Incline Ladder



Ball Target*



Flag Pole



S-Shape Pull-Ups



Parallel Bar



Incline Sit-Ups



Suspension Trainers



Captain's Chair



Swedish Ladder



Rope Climb



Pull-Up Bar



Dip Station



Split Squat



Lat Pull-Up Bar



Battle Ropes*



Ring Rows

Space required:
37'9"x41'

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

Hexagon Extreme FUNCTIONAL FITNESS RIG

SHP2009-5-21



Ring Rows



Split Squat



S-Shape
Pull-Ups



Ball Target*



Incline Sit-Ups



Captain's Chair



Rotating
Pull-Up Wheel



Swedish Ladder



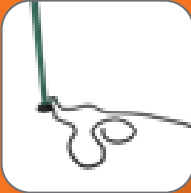
Flag Pole



Lat Pull-Ups



Cannonball
Pull-Ups



Battle Ropes*



Parallel Bar



Incline Ladder

SEE THE VIDEO



Space required:
29'10"x28'6"

Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.

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FUNCTIONAL FITNESS

SAMPLE PACKAGES

UNITS

SHP2009-5-15
SHP2009-7-24
UBX-360
SGR2005-1-105

Functional Fitness Rig
Plyometric Steps (Set of 3)
Balancing Plate
Customized Announcement Sign

PACKAGE 1

3 UNITS 18 USERS

Required Dimensions 32' x 27'



PACKAGE 2

6 UNITS 41 USERS

Required Dimensions 59' diameter

Available options:

- Announcement sign customization - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities

UNITS

SGR2005-1-43N Parallel Bars
SHP2009-5-14 13-Person Cross Fitness Rig
SHP2009-5-15 Functional Fitness Rig
SHP2009-5-16 X-Rig
SHP2009-7-24 Plyometric Steps (Set of 3)
UBX-360 Balancing Plate
SGR2005-1-105 Customized Announcement Sign

Layout is for presentation purposes only – NOT INTENDED FOR CONSTRUCTION. For more details please contact Greenfields.

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FUNCTIONAL FITNESS

SAMPLE PACKAGES



PACKAGE 3

6 UNITS 38 USERS
Required Dimensions 50' x 45'

UNITS

- | | |
|-----------------|---------------------------------------|
| SGR2005-1-26 | 2-Person Cross Country Ski |
| SGR2005-1-42 | 2-Person Upper Body Combo |
| SGR2005-1-48A-W | 2-Person Accessible Chest Press |
| SGR2005-1-104N | 4-Person Leg Press |
| SHP2009-5-18 | 25-Person Mega Functional Fitness Rig |
| SHP2009-7-24 | Plyometric Steps (Set of 3) |
| SGR2005-1-105 | Announcement Board |

Available options:

- Announcement sign customization - layout, text and graphics 100% customizable on both sides
- Shade
- Site amenities



Layout is for presentation purposes only – NOT INTENDED FOR CONSTRUCTION.
For more details please contact Greenfields.

PACKAGE 4

7 UNITS 39 USERS
Required Dimensions - varies by configuration



UNITS

- | | |
|-----------------|------------------------------------|
| SHP2009-7-24 | Plyometric Steps (Set of 3) |
| UBX-360 | Single Balancing Plate |
| SHP2009-5-18-C | 27-Person Functional Fitness Unit |
| SGR2005-1-105 | Announcement Board |
| SGR2005-1-42 | 2-Person Upper Body Combo |
| SGR2005-1-47-W | 2-Person Accessible Vertical Press |
| SGR2005-1-48-W | 2-Person Accessible Lat Pull-Down |
| SGR2005-1-48A-W | 2-Person Accessible Chest Press |

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BUILD YOUR OWN

Customize a rig!



Parallel Bar



Lat Pull-Ups



Captain's Chair



Ball Target*



Split Squat



Battle Ropes*



Rotating Pull-Up Wheel



Cannonball Pull-Ups



Flag Pole



Incline Sit-Ups



Incline Ladder



High Rings



Assisted Pull-Ups



S-Shape Pull-Ups



Ring Rows



Suspension Trainers



Assisted Push-Ups



Curved Swedish Ladder



Horizontal Ladder



Rope Climb



S-Shape Ladder



Stretching Post



Wave Ladder



Swedish Ladder



Assisted Push-Ups



Dips



Infuse **high-octane fitness** into your parks like never before. Greenfields' **Functional Fitness line** allows for the creation of completely customizable fitness rigs. With over **25 components** boasting a virtually endless array of activities, Greenfields truly offers **the most complete functional workout** for your community.



*This exercise utilizes an optional add-on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

Jose Marti Park, FL



Lat Pull-Ups



S-Shape
Pull-Ups



Ring Rows



Ball Target*



Pull-Ups



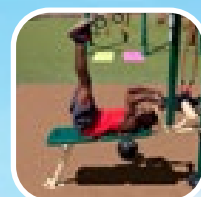
Cannonball
Pull-Ups



Leg/Knee
Raises



Incline
Sit-Ups



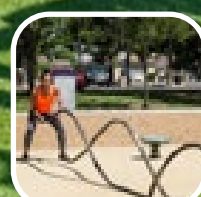
Leg
Raises



Dips



Split Squats



Battle
Ropes*

Compact Functional Fitness Rig

Serves up to
10 people at once!

SHP2009-5-17

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.

Greenfields Outdoor Fitness | 888.315.9037 | greenfieldsfitness.com

Greenfields
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KETTLEBELL STATION

INTRODUCING THE
3-PERSON
KETTLEBELL
STATION



SEE THE VIDEO



SHP2009-7-42

**The X-Rig is
here to provide
the ultimate in
versatility.**



Space required:
17'7" x 23'11"

SEE THE VIDEO



SHP2009-5-16

Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.

Greenfields Outdoor Fitness | 888.315.9037 | greenfieldsfitness.com

Cross Fitness RIG

SHP2009-5-14

**Greenfields
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Dips



Horizontal
Ladder

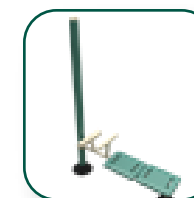


Ball Target*

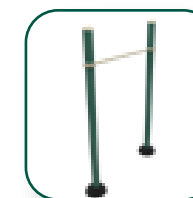


Lat Pull-Ups

*This exercise utilizes an optional add on accessory that is not intended to be left unattended with the equipment. Greenfields recommends that this accessory be made available at a nearby facility for check-out by users.



Incline Sit-Ups



Pull-Ups



Assisted
Pull-Ups



Assisted
Push-Ups



Full Bar
Exercise

Space required: 31' x 28'3"

Due to the height of some of the components in this unit, Greenfields recommends using fall attenuating surface material.

KICKBOXING STATION



UBX-303