



# See a doctor anytime, anywhere

## Telemedicine through MDLIVE is a convenient and low-cost option when you can't get to your doctor.

You can see a board-certified doctor by secure video, phone, or mobile app. It's quicker and more cost-effective than the ER for treating non-emergency medical conditions, such as:

- Colds and flu
- Allergies
- Asthma
- Pink eye
- Ear infections
- Sinus problems
- Respiratory infections
- Joint aches and pains
- Vomiting and nausea
- Insect bites and rash

Telemedicine visits are included with your AmeriHealth New Jersey health plan. Signing up is free, and you pay \$0 per consult.\*

## Don't wait until you're sick — activate your account today!

There are four easy ways:



Text **AHNJ** to **635-483** to chat with Sophie, a virtual assistant who will help you sign up



Download the MDLIVE app on your smartphone



Visit **mdlive.com/ahnj**



Call **1-888-976-7405**  
(TTY: 1-800-770-5531)

# Let Sophie help you activate your MDLIVE account

You're just a few steps away from anytime, anywhere access to local board-certified doctors. Here's how to activate your account with Sophie, your virtual Personal Health Assistant.

## Step 1: Get started

Using your smartphone, text **AHNJ** to **635-483**. Be sure to have your AmeriHealth New Jersey member ID card on hand when you're activating your account.

## Step 2: Connect with Sophie

You will receive a welcome text message, where you can tap to launch a web browser page, which will start a text conversation.

## Step 3: Access your account

Answer a few questions from Sophie to complete your registration. Once your account has been activated, you'll be ready to begin using your telemedicine benefit.

## Meet Sophie, your virtual Personal Health Assistant!



Sophie makes creating your MDLIVE account quick and easy using your smartphone.

Text **AHNJ** to **635-483**, and Sophie will walk you through the process.

