

# Childhood Obesity in Primary Care Educational Modules

The Childhood Obesity in Primary Care (COPC) project aimed to improve the quality of pediatric primary care by facilitating a comprehensive assessment of obesity-relevant health risk, including growth, behavioral, and medical risks.

Six educational modules were developed by the AAP Institute for Healthy Childhood Weight, with input and guidance from the Section on Obesity, to provide guidance to assist primary care providers in addressing childhood overweight and obesity. Informed by the most recent available evidence, the modules were created to provide Continuing Medical Education (CME) opportunities for practicing physicians, serve as additional curriculum materials for pediatric residents, and provide slides for use in professional presentations, such as Grand Rounds.

Topics include:

1. a detailed overview of the obesity issue
2. a discussion of relevant quality improvement concepts
3. guidance for using an algorithm resource, developed for use in primary care
4. tips for setting up your office for success
5. managing and treating obesity comorbidities
6. motivational interviewing

**Modules available at [aap.org/COPC](http://aap.org/COPC)**



**The Childhood Obesity Epidemic and the Role of the Healthcare Provider**

Sandra Hassink, MD, MS, FAAP  
Medical Director, AAP Institute for Healthy Childhood Weight



**Building a System to Improve Primary Care**

Janice Liebhart, MS  
AAP Institute for Healthy Childhood Weight



**Childhood Obesity and the Primary Care Practice Team: Setting your office up for success and a practical approach to starting treatment in your PCP office**

Chris Bolling, MD, FAAP



**Management and Treatment of Comorbidities of Obesity**

Jeannie Huang, MD, MPH, FAAP  
Associate Professor, Department of Pediatrics  
University of California, San Diego



**Introduction to the New Childhood Obesity Algorithm**

Victoria W. Rogers, MD, FAAP  
Associate Director, Institute for Healthy Childhood Weight  
The Barbara Bush Children's Hospital at Maine Medical Center



**Motivational Interviewing: A Strategy to Stimulate Change Talk**

Robert Schwartz, MD, FAAP  
Wake Forest School of Medicine, Winston-Salem, NC



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