# Bright Futures<sup>™</sup>



CHADIS offers hundreds of screening, diagnostic and data collection tools and questionnaires including tools in every category advised by Bright Futures below and associated clinical decision support. CHADIS has been updated to completely cover the latest (4th) version of Bright Futures.

Pediatricians can meet MOC-4 requirements while following Bright Futures guidelines through CHADIS.

"Bright Futures, who concluded that "CHADIS finally makes Bright Futures possible."

Dr. Joseph Hagan, the editor of Bright Futures

### Preventative Quality Measures - Infancy & Early Childhood

- Elicit and address patient/family concerns and goals
- Elicit and discuss patient/family strengths
- Perform developmental and autism screening and follow-up, including the only validated way to automate the M-CHAT-R Follow-up Interview (as well as a validated more accurate alternative for 18 months)
- Perform age-appropriate risk assessment and medical screening
- Perform maternal depression screening and follow-up
- Perform oral health risk assessment
- Fulfills Bright Futures safety guidance guidelines by identifying non-adherence or lack of information in families and then provides targeted handouts in CHADIS Care Portal or to print.

#### 2 Week Checkup - 2 Month Checkup

Bright Futures Focus	Tools Assigned by CHADIS
Caregiver Depression Screening	Edinburgh Postnatal Depression Scale (EPDS), Patient Health Questionnaire-2 (PHQ-2)
Parent and Family Assessment	SEEK or SEEK Plus
Oral Health, Safety and Supervision	Guidance Topics, EPSDT, Safety
Early Child Development and Monitoring	CHADIS 0-3, Visit Priorities with Review of Systems

### 2 Month - 9 Month Checkup

Bright Futures Focus	Tool Assigned by CHADIS
Caregiver Depression Screening	Patient Health Questionnaire-2 (PHQ-2) or SWYC
Parent and Family Assessment	SEEK, SEEK Plus or SWYC
Oral Health, Safety and Supervision	Guidance Topics, EPSDT, Safety or SWYC
Early Child Development and Monitoring	Ages & Stages Questionnaires (ASQ-3), CHADIS 0-3, Visit Priorities with Review of Systems or SWYC

## 12 - 15 Month Checkups

Bright Futures Focus	Tools Assigned by CHADIS
Caregiver Depression Screening	Patient Health Questionnaire-2 (PHQ-2) or SWYC
Parent and Family Assessment	SEEK, SEEK Plus or SWYC
Psychological and Behavioral Assessment	Ages & Stages Questionnaire: Social Emotional (ASQ:SE), Early Childhood Screening Assessment or SWYC
Oral Health, Safety and Supervision	Guidance Topics, EPSDT, Safety or SWYC
Early Child Development and Monitoring	Ages & Stages Questionnaire (ASQ-3), Visit Priorities with Review of Systems, CHADIS 0-3 or SWYC

## 18-month Checkup

Bright Futures Focus	Tools Assigned by CHADIS
Caregiver Depression Screening	Patient Health Questionnaire-2 (PHQ-2) or SWYC
Parent and Family Assessment	SEEK, SEEK Plus or SWYC
Psychological and Behavioral Assessment	Ages & Stages Questionnaire: Social Emotional (ASQ:SE), Early Childhood Screening Assessment or SWYC
Autism-Specific Screening	Modified Checklist for Autism in Toddlers (M-CHAT-R), MCHAT Follow-up or SWYC
Oral Health, Safety and Supervision	Guidance Topics, EPSDT, Safety or SWYC
Early Child Development and Monitoring	Ages & Stages Questionnaires (ASQ-3), Visit Priorities with Review of Systems, CHADIS 0-3, or SWYC

# 24-month Checkup

Bright Futures Focus	Tools Assigned by CHADIS
Caregiver Depression Screening	Patient Health Questionnaire-2 (PHQ-2) or SWYC
Parent and Family Assessment	SEEK, SEEK Plus or SWYC
Psychological and Behavioral Assessment	Ages & Stages Questionnaire: Social Emotional (ASQ:SE), Early Childhood Screening Assessment or SWYC
Autism-Specific Screening	Modified Checklist for Autism in Toddlers (M-CHAT-R), MCHAT Follow-up or SWYC
Oral Health, Safety and Supervision	Guidance Topics, EPSDT, Safety, or SWYC
Early Child Development and Monitoring	Ages & Stages Questionnaires (ASQ-3), Visit Priorities with Review of Systems, CHADIS 0-3 or SWYC

### 36-month Checkup

Bright Futures Focus	Tools Assigned by CHADIS
Caregiver Depression Screening	Patient Health Questionnaire-2 (PHQ-2) or SWYC
Parent and Family Assessment	SEEK, SEEK Plus or SWYC
Psychological and Behavioral Assessment	Ages & Stages Questionnaire: Social Emotional (ASQ:SE), Early Childhood Screening Assessment or SWYC
Autism-Specific Screening	Modified Checklist for Autism in Toddlers (M-CHAT-R), MCHAT Follow-up or SWYC
Oral Health, Safety and Supervision	Guidance Topics, EPSDT, Safety, or SWYC
Early Child Development and Monitoring	Ages & Stages Questionnaires (ASQ-3), Visit Priorities with Review of Systems, CHADIS 0-3 or SWYC

### 4 - 13 Year Checkups

Bright Futures Focus	Tool Assigned by CHADIS
Caregiver Depression Screening	Patient Health Questionnaire-2 (PHQ-2)
Parent and Family Assessment	SEEK or SEEK Plus
Psychological and Behavioral Assessment - Parent	Pediatric Symptom Checklist (PSC-17) OR (PSC-35) OR SDQ
Safety and Supervision	EPSDT, Safety Questionnaire

### **Preventative Quality Measures - Adolescence**

- Elicit and address patient/family concerns
- Perform developmental surveillance/identification of youth strengths
- Perform risk assessments and medical screening (vision, hearing, TB, anemia, dyslipidemia, alcohol/substance abuse, STIs, and measure and plot BMI % based on age and gender)
- Perform chlamydia screening and follow-up
- Perform HIV screening and follow-up
- Perform adolescent depression screening and follow-up
- Perform cholesterol screening and follow-up
- Provide anticipatory guidance

### 6 Office-Based System Measures (for both age groups)

- Use a preventive services prompting system
- Prior to the visit, patients complete online questionnaires that are automatically assigned appropriately for the type of planned visit and the patients' age and sent by email to patient/caregiver.
- Use a recall/reminder system (to address immunizations and well-child visits)
- Use a system to track referrals (paper-based or electronic)
- Use a system to identify children with special health care needs
- Link families to appropriate community resources

- CHADIS supports clinicians in assigning to patient's MemoryBook Care Portal web page and/or printing:
  - Personalized patient educational messages
  - Resources specific to their situation text, videos, games, websites and local and national resources
  - Personalized treatment plans (e.g. Asthma Action Plan)
  - Resource free text search opportunity within CHADIS database
  - Use a strength-based approach and a shared decision-making strategy

### 14 - 18 Year Checkups

Bright Futures Focus	Tool Assigned by CHADIS
Caregiver Depression Screening	Patient Health Questionnaire-2 (PHQ-2)
Parent and Family Assessment	SEEK or SEEK Plus
Psychological and Behavioral Assessment - Parent	Pediatric Symptom Checklist (PSC-17) or (PSC-35) or Strengths and Difficulties Questionnaire (SDQ)
Psychological and Behavioral Assessment - Teen	Pediatric Symptom Checklist - Youth Report (Y-PSC) or Strengths and Difficulties Questionnaire (SDQ)
Safety and Supervision	EPSDT, Safety Questionnaire
Substance Use - Teen	CRAFFT (substance use) Screening Questionnaires or CHAMPS (GAPS topics - 30 minutes)

The CHADIS Clinician Worksheet provides instant, scored and analyzed questionnaire results and links to decision support information including Clinician E-Chapters, Parent Handouts and local and national resources. Once resources are selected, they are instantly delivered to the child's Care Portal or may be printed. CHADIS documents handout dissemination as well as other interventions for Quality Improvement programs.

