

7 Really Easy Ways That YOU Can Raise CDH Awareness

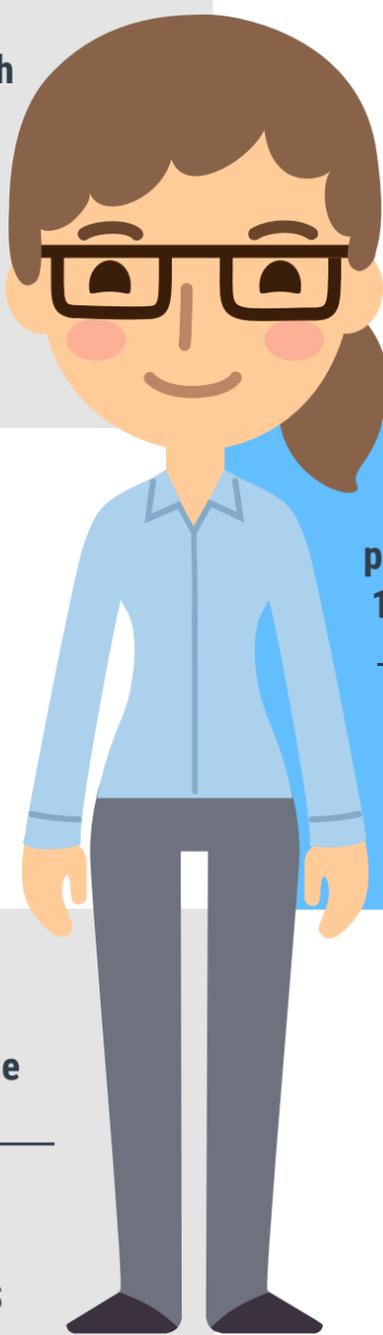
April 19th is CDH Awareness Day



1 Write your mayor and ask them to proclaim April 19th CDH Awareness Day.

How:

Just get our template (awareness@cdhi.org), edit it, print, sign and mail! Or e-mail.



2 Ask a building to light up in pink, blue and yellow on April 19th for CDH Awareness Day.

How:

Look to see what buildings light up at night, go to their web site and if there is a request form. If not, edit our template letter and mail.

3 Add a CDH Awareness Facebook Cover and Profile Frame

Where:

From our Facebook page at www.facebook.com/cdhawareness Use as profile photos on other social media too!



4 Share your child's / your story all April long!

What this means:

Tell people about your journey with CDH! On social media, tell your local news media, create a blog, share photos, make a video.

5 Wear CDH Awareness Gear on April 19th.

Where do I buy some:

From our Facebook page at www.cdhawarenessshop.org or our shop at www.cafepress.com/cherubs



6 Hold a Fundraiser in honor or memory of your child!

How do I do this:

There are lots of easy fundraisers that you can hold to bring the community together and raise money. E-mail fundraising@cherubs.org for info.

7 Call your Congressman and Senators!

How:

Go to senate.gov or house.gov and e-mail AND call them asking for support for our legislation.

