

Is it Flu or is it COVID-19?

COVID-19 and influenza can cause similar symptoms. Influenza symptoms show up 1-4 days after you are exposed to a sick person. COVID-19 symptoms appear 2-14 days after being exposed.

Common symptoms of BOTH influenza and COVID-19

- Fever/chills
- Cough
- Shortness of breath, difficulty breathing
- Extreme tiredness
- Muscle or body aches
- Headache
- Stuffy, runny nose
- Vomiting and diarrhea

Symptom more common in COVID-19: **Loss of taste or smell**

If your child is sick:

- Children with symptoms should stay home from school or child care.
- If your child has been exposed to COVID-19, or you are concerned about your child's symptoms, call your pediatrician immediately.
- Everyone 6 months old and up should get the flu vaccine every year to stay healthy and **#FightFlu!**



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