



Photo Credit: Amy Fowler/USAID



# Helping Babies Survive

**Helping Babies Survive (HBS)** is an initiative of the **American Academy of Pediatrics (AAP)**, developed in collaboration with WHO, and supported by the US Agency for International Development (USAID), Save the Children, Latter-day Saint Charities, Laerdal Global Health, Johnson & Johnson, and a number of other global health organizations.

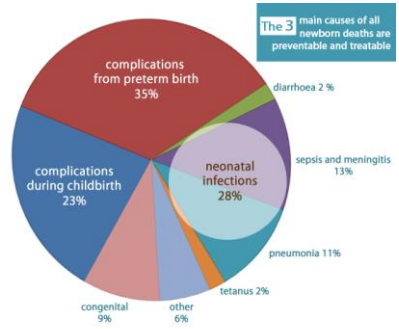
**HBS is suite of evidence-based educational training programs** developed by the AAP to reduce neonatal mortality in resource-limited environments. The HBS initiative consists of four programs:

Helping Babies Breathe (HBB)

Essential Care for Every Baby (ECEB)

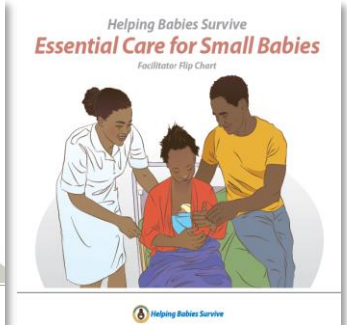
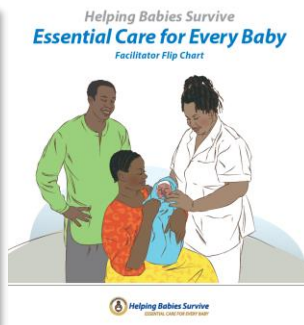
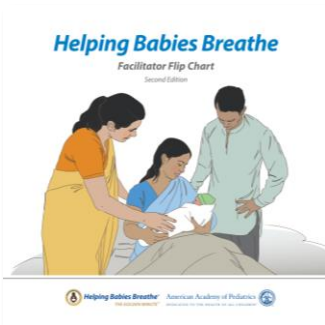
Essential Care for Small Babies (ECSB)

Improving Care of Mothers and Babies (ICMB)



Source: Liu L, Johnson H, Cousens S et al. 2012. Global, regional and national causes of child mortality: an updated systematic analysis. *Lancet* 379(9832):2151-61.

**Together, the programs address the three most common causes of preventable neonatal deaths**



**HBS began with the Helping Babies Breathe training program**, which focuses on teaching birth attendants neonatal resuscitation techniques, and has been shown to reduce neonatal mortality by up to 47%. The newly released HBB 2<sup>nd</sup> Edition includes scientific updates to harmonize with 2015 ILCOR *Consensus on Science with Treatment Recommendations*, and 2012 WHO *Basic Newborn Resuscitation Guidelines*. It also features strengthened advice for facilitation of learning and program implementation, based on feedback from the global community of users and lessons learned during implementation by the Survive & Thrive Global Development Alliance.

**The success of HBB increased demand for additional curricula** to address other leading causes of newborn death and initiated the development of two more HBS programs:

**Essential Care for Every Baby** teaches health providers essential newborn care practices to keep all babies healthy from the time of birth to discharge from the facility.

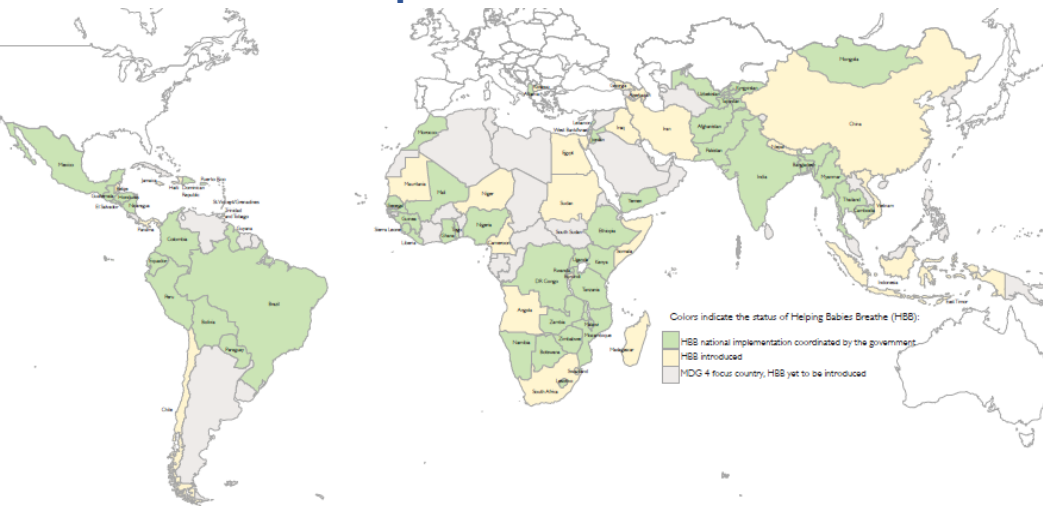
**Essential Care for Small Babies** builds on the skills taught in ECEB, guiding providers on the specialized care small and preterm babies need.

**Improving Care of Mothers and Babies** describes six steps to improve care and introduces learners to simple tools that they can use to implement initiatives in their facilities.



**The use of low-cost, realistic simulators and highly pictorial learning materials** makes the Helping Babies Survive suite of programs very accessible to audiences in resource-limited countries around the world. Each program includes visual guidebooks, flipcharts and posters containing clear, specific instructions for healthcare providers to follow after the birth of a baby. Because no electricity or specialized technology is required all HBS programs can easily be taught anywhere learners can come together.

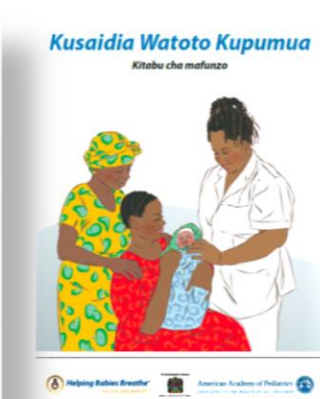
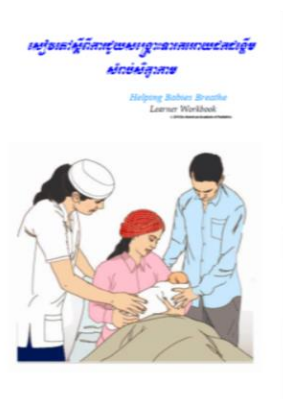
## HBS programs have been implemented in more than 75 countries, targeting the Sustainable Development Goal countries.



**HBS programs have a systems-based focus designed to change and improve clinical practices across systems of care.** The HBS curricula can be used as stand-alone programs, integrated with one another, or integrated with a country's existing health infrastructure.

**To facilitate implementation,** HBS training resources have been translated into many languages. These materials are conveniently available for free access and download by visiting the AAP International Resources site:

**[internationalresources.aap.org](http://internationalresources.aap.org)**





# Helping Babies Survive

**HBS materials may be adapted and translated to fit country needs of the curricula** within existing ENC, EmONC, IMNCI or other training programs. Changes in materials may include adaptations of images for the local setting and minor content modifications to align with local health authority guidelines for newborn care. Guidance on modification and adaptation is available at [hbs.aap.org/translation](https://hbs.aap.org/translation).

**Please address your requests for modification of learning materials** to the AAP at [hbs@aap.org](mailto:hbs@aap.org). You will need to provide the following information:

- The name of the organization requesting the modification and contact person
- The name of the country where the materials are to be used
- Confirmation that the request is consistent with local Ministry of Health guidelines
- Specific and image or wording change descriptions, with page number and location

**Upon review and approval by the AAP, detailed specifications will be provided for each of the print files.** All adapted materials must contain a specific and complete copyright and acknowledgement statement, which will be provided by the AAP. Organizations or agencies requesting modifications and translations will be responsible for executing all approved changes.

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